



X5895 ADJUSTABLE INCLINE STEPPER



NOW WITH BLUETOOTH FTMS

CONNECTS TO:



SPIRIT+



ZWIFT



KINOMAP



FITBIT*



APPLE HEALTH KIT*



MAP MY FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP

The Spirit Fitness XS895 Adjustable-Incline Stepper takes your HIIT workouts (High Intensity Interval Training) to a new level. It provides you with an arched incline adjustment that changes not only the stepping incline but also the height. The additional 20 levels of resistance allow users of all fitness levels to maximize this effective lower-body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and multi-grip handlebar design combine to give you an incredibly comfortable and space-efficient cardio unit.

FEATURES

- 20 resistance levels and 20 incline adjustments from a 10" step height at 43° to a 14" step height at 60° deliver the ultimate lower-body workout
- 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Remote handlebar toggles for both Incline and Resistance allow for fast and easy workout changes without taking your hands off the handlebar pulse grips
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap strap separately)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT+ App to monitor and record your workout data

SPIRIT | 40 YEARS



7.5" Blue Backlit LCD

Muscle Activation Profile

Tablet-Friendly Reading Rack

Adjustable Cooling Fan

Program Keys

Heart Rate % Profile

Integrated Speakers

Audio Input Jack



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet-Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT+ App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric (chest strap sold separately)
Incline	20 Levels (10" Step Height at 43° to 14" Step Height at 60°)
Resistance	20 Levels
Handlebar Toggles	Yes (Incline & Resistance)
Flywheel	23 lb
Handle Bars	Multi Position Grip - Coated
Foot Pedals	2.4" pedal spacing (Q-Factor), 2-degree inversion, cushioned
Power	120 Volts, 15-Amp Circuit Recommended
Dimensions	54" L x 24" W x 68" H
Product Weight	205 lb
Max User Weight	400 lb

WARRANTY INFORMATION

01.19.2023

Residential Warranty: Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year
 Commercial Warranty: Frame: Lifetime, Brake: 5 years, Parts: 3 years, Labor: 1 year
 Prisons and correctional facilities are excluded from warranty coverage.