

## **AIR WALKER FITTING INSTRUCTIONS**

1. Remove softgood by opening contact closure straps and lifting out of brace. Do not remove pull tabs at this time.
2. Place lower leg and foot into softgood. Close softgood snugly over leg.
3. Insert foot into brace by gently spreading uprights. Do not remove pull tabs at this time.
4. Ensure struts are centered over the ankle bone (malleoli). The lower leg should be kept at a 90° angle with the foot.
5. Remove pull tabs located in between struts and softgood. This allows the softgood to be secured into position.
6. To accommodate for rubbing or spacing, additional foam pads may be placed inside the softgood, in between the softgood and plastic, or under straps for additional comfort.
7. Secure contact closure straps, starting at the toes and working upward. For best fit, secure straps in the correct order. Strap adjustments may be necessary as foot, ankle and leg swelling patterns change.
8. Inflate air chamber by turning knob clockwise until secure and pressing and releasing the air bulb repeatedly. Continue until softgood feels stable and is cushioning the lower leg. Do not over inflate.

9. Air can be released from air chamber by turning the inflation/deflation knob counterclockwise. To re-inflate, repeat step 8.

10. When prescribed by physician, remove leg from product by releasing contact closure straps and opening softgood.

Pull foot and leg forward and out, leaving softgood inside the brace. If softgood is removed, follow Steps 1 through 7 to reapply.

### **WASHING INSTRUCTIONS**

1. This product can be washed at any time by hand using a mild detergent

and cold water. Remove softgood from walker plastic before washing.

Do not use bleach or strong detergent. Do not wash in washing machine or place in dryer. Air dry flat.

2. Walker plastic can be washed with a damp cloth and mild soap.