

Therapist

Dynamic, Partial Weight Bearing Support For Your Patients

Accomplish many motor skills exercise tasks to increase your patient's capability in strength, range of motion and balance:

- Sit to stand
- Correct posture
- Squat
- Lunge
- Weight Shifting
- Normal gait with proper coordination (timing)
- Side and back walking
- Stand to sit

Work individually with either leg of your patient... the Up n' Go will support them and keep them stable.



Dynamic Feedback Aids Development Of Neurological/Balance Skills

As you work, your patient gets dynamic feedback of their body position. The patient's pelvis is stabilized, but the Up n' Go will move as they move to give them a "real world" sense (feedback) that is important to improving neurological/balance skills.



Improved Patient Self Esteem

Long term success depends heavily on the patient's motivation/ cooperation. The Up n' Go strengthens the patients self esteem and motivation in three important ways:

- They see continuous improvement
- They are not physically being held up by the therapist/care giver
- They feel less fear of falling because their pelvis is stabilized and supported. This leads to less muscle tension and greater cooperation



Focus More On Therapy; Less On Merely "Holding Up" Your Patient

Use your skills not your strength! Let the Up n' Go support your patient... from sit to stand or upright... while you focus on therapy. When you want to repeat a task, let the Up n' Go assist you to quickly return the patient to precisely the starting posture and position that you want. And, because the Up n' Go support level is adjustable, you can specify the degree of support that is best as your patient progresses.