# TherAdapt, Products Inc.

### Please read all of the following information before using this product.

TherAdapt<sup>®</sup> Products Inc. has designed and manufactured this product with the well being of the user and caregiver(s) in mind. It is our endeavor to provide products which are attractive, comfortable, useful, highly adjustable, long lasting and safe. As when using any product, precautions must be taken.



WARNING: This product must only be used under the recommendation of a physician and / or licensed therapist and with adult supervision. Never leave user unattended. It is your responsibility to properly use and maintain your School Chair. Failure to follow USE and CARE instructions or ASSEMBLE the chair properly as outlined may result in bodily injury.

# THE MANUFACTURER IS NOT RESPONSIBLE FOR INJURIES RESULTING FROM ANY CUSTOMIZATION OR MODIFICATION OF THE EQUIPMENT THAT WAS NOT COMPLETED BY THE MANUFACTURER.

<u>USE:</u> The School Chair is designed for a single purpose: as a freestanding chair. It is to be used on the floor only. No other use is permitted, including, but not limited to a seat used for transportation in an automobile, stroller, or any other mobility device. Extreme caution must be used when using the School Chair in conjunction with a TherAdapt<sup>®</sup> Mobile Base.

**<u>CARE</u>**: Take care to inspect the ongoing condition of all parts of your School Chair. Verify that all knobs, bolts, and washers are properly positioned and secure. Contact the manufacturer for replacement or repair of necessary items. All components may be cleaned with mild soap and water, or a gentle sanitizing spray. **Do not** use abrasive cleaners. Wipe wood components dry after cleaning. Excess amounts of liquid on the wood may damage the finish. Always store indoors.

WARRANTY: The manufacturer provides a full one (1) year warranty, beginning the date shipped by the manufacturer. The warranty provides full replacement of all parts against breakage when used in compliance with the manufacturer's USE and CARE instructions. Use or modification beyond the normal capacity or range of adaptability designed into the products will void the warranty. The foregoing is TherAdapt's sole liability for consequential damages.

### PLEASE COMPLETE AND RETAIN FOR YOUR RECORDS

School Chair SC-\_\_\_\_\_

Serial Number: \_\_\_\_\_

Purchase date: \_\_\_\_\_

# **TherAdapt**. School Chair (SC-100/200/300) Instructions

### **Packing List:**

- (1) Basic chair with slip-resistant seat (flat or angled) and vinyl back
- (1) 1" wide pelvic strap with (1) side release buckle and (2) double slotted rings
- (2) Knobs with  $\frac{1}{4}$  20 stem bolts
- (4) Leg height adjustment pieces with (1)  $\frac{1}{4}$  20 T-nut each / (4) total
- (4)  $1 \frac{3}{4}$  ''  $\frac{1}{4}$  -20 Allen head bolts
- (8)  $1 \frac{3}{4}$ "  $\frac{1}{4}$  -20 hex head bolts
- (8) Thru-knobs with  $\frac{1}{4}$  -20 inserts
- (10) Nylon washers
- (1) Metal seat support bracket (SC-300)

# The basic School Chair comes pre-assembled but it should be adjusted properly to the individual user to provide a customized fit. To adjust the chair the following steps should be followed:



- 1. Adjust the seat height. Remove the bolt-knob assembly from the front and back legs, select the height desired, and re-insert the bolts. Tighten the knobs securely. Note: Use the same-paired holes on both the front and back legs.
- Adjust the seat angle. The School Chair comes standard in a flat-seat position. To switch the seat to a 7° angle position remove the (2) ¼-20 Stove bolts at the back of the seat/side rail assembly and lightly loosen the (2) ¼-20 Stove bolts at the front of the seat/side rail assembly. Lift up the back of the seat and align the seat with the upper pre-drilled holes and reinsert the bolts. Tighten all (4) ¼-20 Stove bolts securely. Note: Arms must be removed first.
- 3. Adjust the seat depth. Loosen the two knobs with stem bolts under the seat. Adjust seat depth so as to leave  $2^{"} 3^{"}$  of space behind the bend at the knee and the front edge of the chair, when the hips are all the way back in the chair.

**4.** Adjust the pelvic positioning belt. The 1" adjustable pelvic belt with side release buckle should be positioned in the notch created by the bend of the lap between the thigh and the pelvis, and tightened snugly. Note that the double slotted rings on each side of pelvic strap have the loose ends of the straps threaded back through. This prevents the strap from slipping, makes the belt completely adjustable and allows the belt to snap closed at any location

# **TherAdapt** School Chair Options- Instructions



- 2. Attach the Side Pads (SC-103SP, SC-203SP, SC-305SP) Packing List:
  - (2) Side Pads with (2)  $\frac{1}{4}$  -20 bolts each
  - (8) 7/16" <sup>1</sup>/<sub>4</sub> -20 nuts
  - (8) Metal washers
  - (4) "Flower" knobs with  $\frac{1}{4}$  -20 threaded inserts
  - A. Attach (1) nut and (1) metal washer on the bolt. Place the bolt through the front slot on the side of the chair. Secure with the "flower" knob.
  - **B.** Adjust the placement of the pad by moving the nut/washer assembly along the bolt.

- 1. Attach the Armrests (SC-100AR, SC-200AR, SC-300AR) Packing list:
  - (2) Arm rests
  - (4) Knobs with  $\frac{1}{4}$ -20 stem bolts
  - (4) Nylon washers

Attach armrests to chair sides with stem bolt knobs into the preset <sup>1</sup>/<sub>4</sub>-20 T-nuts on chair sides. Place a washer between the knob and the wood. The curved edge of armrest should be towards the back of the chair and the 3 pre-drilled holes should be at the front. **Tighten knobs securely.** 



Tighten knobs securely before using.



**3.** Attach the tray (SC-100T, SC-200T, SC-300T) Pull the quick release spring lock pins. Slide the tray onto the armrests and release the spring lock pins into one of the three sets of holes on the armrests.



### 4. Attach the Support Back (SC-100SB, SC-200SB, SC-300SB) Packing List:

(1) Slotted, padded Support Back

- (2) Thoracic supports and (1) chest strap
- (4) Knobs with <sup>1</sup>/<sub>4</sub> 20 threaded inserts
- (4) Nylon washers

#### **Tools needed:**

(1) Allen wrench

Using the Allen wrench, remove the standard chair back. **Note:** The standard back may be difficult to remove from the chair sides if the Naugahyde<sup>®</sup> has adhered to the sides of the chair over the course of time. Attach the Support Back with the Allen head bolts from the original back. Adjust thoracic supports as needed. **Tighten knobs securely.** 

### 6. Attach the Adjustable Foot Plate (FPA-L/H) Packing List:

(1) Footplate w/(4) Straps with (4) curved side release Buckles and (8) double slotted rings.

- (2) Footplate Side Pieces with paired slots
- (4) Straps with (4) curved side release buckles and (8) double slotted rings
- (4) Knobs with  $\frac{1}{4}$ -20 stem bolts
- (4) Nylon washers



- (A) Remove the two knobs, nylon washers, and bolts from the front leg extensions on your School Chair (see above photo). Repeat on the opposite side. Using the hardware removed from the leg extensions, attach the two footplate side pieces to the chair on the outside of the front legs, where the leg extensions were attached. Note: there is no right or left footplate side piece, but each piece should be oriented with the two drilled holes toward the top of the side piece (see photo below).
- (B) Attach footplate bottom to footplate sides with stem bolt knobs into the pre-drilled slots on footplate sides. Place a washer between the knob and the wood. It is easiest to attach the front of the footplate first, resting the rear of the footplate on the floor, and then bring the rear of the footplate up and screw knobs into desired slots. The footplate height should be adjusted so that the end of the user's thigh is securely resting on the front end of the seat. The footplate depth can also be



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adjusted by sliding forward or backward in the slots. Please note that the footplate can also be angled by modifying the slots used, to possibly accommodate a plantar flexion contracture or foot deformity. **Tighten knobs securely before using.** 

(C) Store the two remaining leg extensions in a safe place.





### 7. Attach the Mobile Base Kit (-MBK) Packing List:

- (1) Wood platform with raised perimeter
- (4) Wheels with toggle locks
- (A) Remove the two knobs, nylon washers, and bolts from the front leg extensions on your School Chair. Repeat on the opposite side. Using the hardware removed from the leg extensions, attach the two Mobile Base Kit side pieces to the chair on the outside of the front legs, where the leg extensions were attached, with the black metal caster brackets facing out.
- (B) Attach footplate bottom to Mobile Base Kit sides with stem bolt knobs into the pre-drilled slots on footplate sides. Place a washer between the knob and the wood. It is easiest to attach the front of the footplate first, resting the rear of the footplate on the floor, and then bring the rear of the footplate up and screw knobs into desired slots. The footplate height should be adjusted so that the end of the user's thigh is securely resting on the front end of the seat. The footplate depth can also be adjusted by sliding forward or backward in the slots. Please note that the footplate can also be angled by modifying the slots used, to possibly accommodate a plantar flexion contracture or foot deformity. Tighten knobs securely before using.