

The key points to remember:

1. Measure each child according to the Sizing Guidelines for a good fit, **never** select a size for your patient based on eye-balling the SPIO.
2. You should be able to place your hand between the child's body (in the trunk area) and SPIO and feel significant resistance when you pull your hand away from the child's body. Approximately an inch resistance is adequate. More and it's too loose, less and it's too tight.
3. When donning the shirt, make sure you have the sleeves turned properly so they are not twisted. This can cause a bad fit in the armpit area.
4. When you receive the SPIO try it on first before you decide it's too small. It will look too small, but may not be. ***If it is the same size as the child's regular t-shirt, it is too big and you are not getting any compression.***
5. After donning the SPIO, watch the child's reaction to the SPIO. If they get red marks under their arms, or on their skin at the sides, it may be too small and you will want to exchange the SPIO for next larger size.
6. If the inside seams irritate the patient, you may turn the SPIO inside out. This ***does not*** include uni-tards or vests.

***All that being said, every child is different and it is very subjective so each fitting will be unique.*** If you need additional help with fitting please call SPIO for details at 1-877-997-7746.