

BONGO BOARD

The Highest Challenge. The Highest Risk. The Highest Reward.

SKU: BONGO

Product Description

The Bongo Board provides a fun and challenging balancing experience. Due to its wide range of movement, it is recommended for intermediate and advanced users to improve balance and build muscle in the core, upper body and lower body. It is also a great tool for strengthening ACL and ankle joints in patients undergoing injury rehabilitation. The Bongo board is versatile and portable, making it a great balance tool to take with you on the go!

Technical Specifications

Length	Width	Height	Shipping Dimensions	Weight
30.5"	8"	5"	36" x 9.5" x 5"	10lbs

Materials

3/4" Baltic Birch Plywood

ABS Undercarriage

Urethane & Polypropylene Roller

Made in China

Warranty

Fitter's warranty will cover costs to replace or repair parts or equipment that have manufacturing defects within the first year of purchase.



EXTREME level users



Features

- Double ball bearing wheel system enables the two halves to rotate independently
- Bumpers added for safety and act as carry handles
- Tapered roller ends allow toe-heel movement and rotation.
- Retaining cord promotes safety and easy transport.
- Skate style deck



Benefits

- Enhance core strength and stability
- Improves balance and proprioception
- Increase body responsiveness and awareness

Classic Series



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