

# PROACTIVE DISC

The Most Versatile Active Sitting Disc Available!

SKU: ADISC15 / ADICSCR

## Product Description

Fitterfirst's ProActive Disc is ideal for air or ground travel - its ability to self-inflate using the patented Therma-Rest valve, and deflate for easy portability, makes it suitable for any situation! It is multi-functional and can be used as a pillow, footrest, or unstable surface for exercise routines or injury rehabilitation. These discs are available in circular and rectangular shapes. This FUNCTIONal Fitterfirst tool is sure to provide you with movement and relief no matter where you go!

## Technical Specifications

SKU	Shape	Length	Width	Height	Shipping	Weight
ADISC15	Circle	15"	15"	2"	9" x 7" x 2"	1lb
ADICSCR	Rectangle	16.5"	11.5"	1"	24" x 4" x 4"	1lb

## Materials

Stretch Nylon  
Foam

Made in Taiwan

## Warranty

Fitter's warranty will cover costs to replace or repair parts or equipment that have manufacturing defects within the first year of purchase.



BEGINNER to  
ADVANCED level users



## Features

- Available in circular and rectangular shapes
- Over-inflates to be used as a bolster for exercise or sitting
- Deflates to become compact and portable
- Self-inflates in seconds using a therma-rest valve

## Benefits

- Relieves nerve and muscle conditions such as sciatica
- Aids in injury rehabilitation and prevents sitting pain
- Cushions sitting for comfort

Pro  
Series