

# **ENGLISH**

#### Indications / Intended Use

This product is intended to restrict movement in the wrist in order to off-load the hand extensors, support the wrist and reduce pain in conditions as lateral epicondylities, hypermobility, rheumatic problems and unspecific pain. For one persons use only.

# Contraindications

Severe edema.

# **Adjustments**

This product should only be altered by a medical professional person.

#### Warnings

Do not use when product is wet or on wet skin. Do not pull the straps too tight as this can cause poor circulation and/or skin irritation. Check the skin on a daily basis and if you see or feel

#### 35208 SELECTION BROMSA

Carefully read this instruction sheet before use!

any irritations or other problems, remove the product immediately. If you have marks or chafing that do not reduce within a short time (30 minutes) contact your clinician immediately.

# **Material Specifications**

This orthosis is made from Polyester, Lycra, nylon, polyurethane. Stays in PE. This product is not flame retardant. Latexfree.

#### Washing Instruction

Close all Velcro prior to laundering. Remove the plastic stays prior to laundering. Machine wash in 40°C (104°F). Use a washing bag. Dry flat. Do not tumble dry or dry clean.

#### Who to Contact

If any problems occur, remove the support and contact your fitter or store where purchased.

### INSTRUCTION FOR USE





- I. Check that the support is complete and without damage.
- 2. This support has two plastic stays in the pocket. Use one stay for mild resistance and two for increased resistance. Contact the prescriber or fitter when in doubt.





- 3. Pull the support on like a glove. The stay shall be placed on the back of the hand.
- 4. Pull the laced strap around the wrist and attach.
- Secure the thumb strap.
- 6. Adjust for comfort.



Item No.	Side	Size	Wrist circumference
35208 1010	Left	X-Small	< II cm
35208 1011	Left	Small	11-14 cm
35208 1012	Left	Medium	14-17 cm
35208 1013	Left	Large	17-20 cm
35208 1014	Left	X-Large	20-23 cm
35208 2010	Right	X-Small	< II cm
35208 2011	Right	Small	11-14 cm
35208 2012	Right	Medium	14-17 cm
35208 2013	Right	Large	17-20 cm
35208 2014	Right	X-Large	20-23 cm