

# 355222/35223 SELECTION WRIST SHORT 

Carefully read this instruction sheet before use!

## Intended use/Indications

Supports and relieves the wrist after injuries, post surgery and casting, hypermobility, rheumatic problems, chronic pain, arthritis or overload symptoms. Can also be used in preventive purpose during heavy or repetitive movements.

## Contraiandications

No known.

## Adjustments

This products should only be altered by medical professional person.

## Warnings

Make sure that the straps are not too tight. If any sign of skin irritation occurs, immediately remove the support. Check your skin on a daily basis.

## Material Specifications

This iproduct is made from polyester, nylon and elastan. This product is not flame retardant.

## Washing Instruction

Close all Velcro prior to laundering. Machine wash in $40^{\circ} \mathrm{C}\left(104^{\circ} \mathrm{F}\right)$ gentle cycle. User a washing bag. Dry flat.
Do not tumble dry or dry clean.

## Who to Contact

If any problems occur, remove the support and contact your fitter or store where purchased.


## Instructions for use

I. Check that the support is complete and without damage.
2. Open the Velcro straps and release the lacing.
3. Pull the orthosis on like a glove.
4. Secure the strap around the wrist.
5. Secure the thumb strap.
6. Adjust for comfort.

| Item No. BLACK | Side | Size | Wrist circumference |
| :---: | :---: | :---: | :---: |
| 352221010 | Left | X-Small | $<11 \mathrm{~cm}$ |
| 35222 1011 | Left | Small | $11-14 \mathrm{~cm}$ |
| 35222 1012 | Left | Medium | $14-17 \mathrm{~cm}$ |
| 352221013 | Left | Large | $17-20 \mathrm{~cm}$ |
| 352221014 | Left | X-Large | $20-23 \mathrm{~cm}$ |
| 352222010 | Right | X-Small | $<11 \mathrm{~cm}$ |
| 35222 2011 | Right | Small | $11-14 \mathrm{~cm}$ |
| 352222012 | Right | Medium | $14-17 \mathrm{~cm}$ |
| 352222013 | Right | Large | $17-20 \mathrm{~cm}$ |
| 352222014 | Right | X-Large | 20-23 cm |


| Item No. <br> BEIGE | Side | Size | Wrist <br> circumference |
| :--- | :--- | :--- | :--- |
| 35223 1010 | Left | X-Small | $<11 \mathrm{~cm}$ |
| 35223 10II | Left | Small | II -14 cm |
| 35223 1012 | Left | Medium | $14-17 \mathrm{~cm}$ |
| 35223 1013 | Left | Large | $17-20 \mathrm{~cm}$ |
| 35223 1014 | Left | X-Large | $20-23 \mathrm{~cm}$ |
| 35223 2010 | Right | X-Small | $<11 \mathrm{~cm}$ |
| 35223 20II | Right | Small | II -14 cm |
| 35223 2012 | Right | Medium | $14-17 \mathrm{~cm}$ |
| 35223 2013 | Right | Large | $17-20 \mathrm{~cm}$ |
| 352232014 | Right | X-Large | $20-23 \mathrm{~cm}$ |

