



1. Intended Use

The crutches are for persons with limited walking ability and serve to increase ability to walk. They are suitable for use inside, and outside on street surfaces. Always observe the rules for proper use. For questions, consult your specialised dealer.



2. Proper Use

Before using the crutches for the first time, have your specialised dealer or care-provider instruct you on proper use and use with regards to your specific walking ability limitations! To assure your safety, carefully read the instructions and advisories in this pamphlet!



3. Adjusting the Crutch

DANGER!

Incorrectly adjusted crutches can limit the functional capability of the crutch or lead to excessive physical exertion by the patient!

The crutch will be given to you in a complete and proper condition, and adjusted to exactly suit your body size. If you have any doubts concerning the adjustment of your crutches, then consult with your specialised dealer!



4. Defects with the Crutches

If something has become loose, misaligned or damaged on the crutch, then consult with your specialised dealer or care provider!



5. Rental

The crutches are adjusted to suit your exact needs. **Do not lend** the crutches to another person.

6. Maintenance

Regular maintenance and care of your crutches assure proper function. For your safety, have your crutches inspected by a specialised dealer at least once a year.



7. Spare Parts, Accessories and Repair

Genuine spare parts and accessories are available for the entire **REBOTEC** range of crutches. Please contact your specialised dealer for parts and repairs.

8. Safety Advisories



Photo A1 Photo A2



Photo B



Photo C

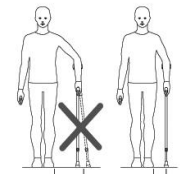


Figure D



Figure E



Figure F

- Before using, check the following:
 - The button of the push button adjustment (Photo A1) must protrude through the hole.
 - With the clip adjustment (Photo A2), the plastic clip must be completely pressed in.
 - Do not unscrew the screw (Photo B)!
 - All screwed connections must be tight.
 - The crutch tip must not be worn out.
 - Tighten the clamping screws (Photo C).
 - By excessive wear or visible damage, contact your specialised dealer or care provider.

Check to be sure all screwed connections are tight.

- When using the crutch, firmly grab the grip handle with your hand.
- Exercise extreme caution when walking on wet or icy surfaces. Even wet floor tiles or loose carpeting or rugs have a real hidden danger of slipping or tripping!

• **Danger of Falling!**

You must place the crutch as vertically as possible (Fig. D "correct") on the surface!

Do not place the end of the crutch too far away from your body (Fig. D "false").

- When using the crutch on stairs (Fig. E), always firmly hold onto the handrail with your free hand!
- When using the 2 crutches on stairs (Fig. F), take both crutches in one hand a firmly hold the handrail with your free hand, as in Fig. E.

- Have a specialist or care provider instruct you on using the crutches on stairs.

- If possible, have someone assist and support you to prevent you from falling, or to catch you in the event of a fall!

• **If You Fall:**

Allow the crutch to fall to the side if possible so that you yourself do not fall on the crutch!



- Do not place your crutches for an extended period of time in the sunlight or heat (e.g. near a heater or behind a car window).



Figure G

- Never hang bags, purses or other objects (Fig. G) on your crutches!

- Never attempt any kind of mechanical alterations to your crutches, as we are not then able to assure any safety for the crutches because of product liability reasons.

- For the same reasons, only original spare parts and accessories may be used.



Figure H

- **The crutches must never be used for other purposes** (Fig. H), for example not for lifting, prying or moving of furniture or other objects. Do not use the crutches to help you to stand up!

- If unused for an extended time period, have the crutch inspected by a specialist before using again.



• **Use on Snow and Ice**

Do not use on ice or snow if the crutches are not equipped with wintertime accessories, (ice claws).



9. Proper Disposal

A defective or a used crutch does not belong in the household rubbish. Contact your waste disposal services for enquiring of its proper disposal.



10. Care

If the crutches are dirty, you can clean them with a mild detergent and a soft cloth. Clean all plastic parts with a mild commercially available plastic cleanser.

In most cases simply using a moist cloth and wiping dry is enough for cleaning. Always follow the manufacturer's instructions on the cleanser container.



DANGER!

Never clean the handle or crutch tip with oily substances. There's an increased risk of slipping and falling!

Excerpts from our Product Range:

Crutches for Adults

MAGIC-TWIN (Crutches with patented storage system)

Hard grip handle, adjustment clip, single piece arm cuff.

Hard grip handle, adjustment button.

Hard grip handle, adjustment clip, single piece arm cuff, extra-long.

MAGIC-SOFT (Crutches with patented storage system)

Soft grip handle, adjustment button, single piece arm cuff

COMBI

Hard grip handle, adjustment clip, height adjustable arm cuff.

COMBI-SOFT

Soft grip handle, push-button adjustment, height adjustable arm cuff.

COMFORT

Adjustable grip handle, adjustment clip, height adjustable arm cuff.

COMFORT-Soft

Soft grip handle, adjustment clip, height adjustable arm cuff.

SAFE-IN

Hard grip handle, adjustment clip, closed arm cuff.

SAFE-IN-Soft

Soft grip handle, adjustment clip, closed arm cuff.

BIG 150, BIG 250

Hard grip handle, strengthened arm cuff, ergonomic handle.

TRAVEL, BIG-Travel

Hard grip handle, adjustment clip, height adjustable arm cuff.

Crutch can be disassembled (Travel: delivered in a bag).

NEW WALK

Shock absorber crutch for pain-free walking (relieves joints)!

May choose between a hard or soft grip handle, adjustment clip,

adjustable reinforced arm cuff, internal shock absorbing spring.

Crutches for Teens and Ladies

LIGHT-LINE

Slender grip handle, adjustment clip, height adjustable arm cuff.

Crutches for Children

FUN-KIDS

Hard grip handle, adjustment clip, height adjustable arm cuff.

We also supply

Walking aids

Shoulder crutches

Shower stools

Shower and commode chairs

Multifunction-Wheel Chairs Rollators

Patient lifting hoists Standing up aids

Your **REBOTEC** Team



REBOTEC® Rehabilitationsmittel GmbH



Elbow Crutches

Information for Patients
10 Points on
Safety, Use, Maintenance and
Care of your Crutches



Shown is a selection from our product range.



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All crutches are available in different colours. Many models are equipped with clamping screws for quieter walking.