# **Anchor Family**

Product Manual for the Rifton Anchors







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### **Key for EU users**

Use this key to determine which sections of this product manual apply to your job.

- **Technical Users** For professionals who order and set up Rifton products.
- **Home Users** For clients and care-givers who use Rifton products on a regular basis.
- **Maintenance Personnel** For anyone who is responsible for service or re-ordering of Rifton products and parts.

### WARNINGS

- Thoroughly read and understand the information in this product manual before attempting to use this product. If the procedures and instructions in this product manual are not followed, serious injury could occur.
- A qualified professional must assess the appropriateness and safety of all equipment for each user.
- This product is intended for use by clients of unreliable judgment. Adult supervision is required at all times.
- Do not use this product on rough and uneven terrain, around swimming pools, or near stairways.
- All mobility equipment may become unstable when used improperly.
- Straps and supports are provided for the safety of the user and must be carefully adjusted for comfort and security. The use of straps and supports must be supervised at all times.
- Restraints Using straps, trays or supports to restrict a client's movement is considered behavioral restraint, which may raise ethical and legal issues for your facility. Rifton Equipment is not intended for this use.
- Not a primary support.
- Not to be used as a standing support

## **A** IMPORTANT

 Please save this product manual. Additional copies are available at www.rifton.com



### Check your order 1 4 Y

Equipment comes in a single carton. No assembly required.

If your shipment is incomplete or in any way damaged on arrival, please call Customer Service, 800.571.8198.

### Anchors 1 1

#### **Hand Anchor**

#### Recommended use

Hand Anchors can be used on any available Rifton tables or trays. They give the child an anchor to control excessive movement of the arms and encourage stabilization of the shoulder girdle. The client may hold on with both hands for stabilization training or with just one hand. One size is available for both children and adults.

# **A** CAUTION

- Suction cup may release.
- Do not use on thin glass.



#### **Wrist Anchor**

#### Recommended use

The wrist Anchor is intended to be used to stabilize one arm on a table or tray. A pair can be used to stabilize both arms. Providing increased stability to the forearm, the wrist Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm. One size is available for both children and adults.



#### Grab bar

#### **Recommended use**

The grab bar can provide a firm handhold to stabilize one or both hands on a table or tray. Stability to the hand and arm may be beneficial for head and trunk control while sitting, and allows increased functional use of the other arm. One size is available for both children and adults.



#### **Elbow Anchor**

#### Recommended use

The elbow Anchor stabilizes one arm on a table or tray. A pair can be used to stabilize both arms. It provides increased stability to the forearm and may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm.

One size of right and left elbow Anchors are available for both children and adults. Individuals with a wrist-to-elbow distance greater than 8 inches will benefit from the elbow Anchor the most.



#### **Horizontal Anchor**

#### Recommended use

The horizontal Anchor can provide a firm handhold to stabilize one arm on a table or tray. The horizontal Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm. One size is available for both children and adults.



#### **Arm Anchor**

#### Recommended use

The arm Anchor can be used to stabilize one arm on a table or tray. A pair can stabilize both arms. Providing increased stability to the forearm, the arm Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm.

Place arm on anchor pad and secure it with arm strap (A) and wrist strap (B). Arm and wrist straps adjust and secure with hook and loop fasteners.

Move handhold backward or forward and rotate by loosening knob (C).



Arm Anchor user dims.	small	large
Inside of thumb to elbow	7½-12 in	10-15 in
	19-30 cm	25-38 cm



**Key user dimension: inside** of thumb to elbow Measure the horizontal distance from the bent elbow to the raised thumb. Choose the Arm Anchor that allows for growth.



### Operation 1 A

Anchors work best on a clean smooth table or tray.

To tighten the hand Anchor and the wrist Anchor, press down on the suction cup and turn handhold clockwise until secure. Turn handhold counterclockwise to remove (see Figure 6a).

The other Anchors are tightened by pressing down on the suction cup and moving the lever down (see Figure 6b). Lift the lever to remove.

**NOTICE:** Surface must be very smooth and completely clean to get a strong seal. If suction cup does not hold well, wipe with a damp cloth or apply a thin layer of petroleum jelly around the rim of the rubber pad to enhance the vacuum.

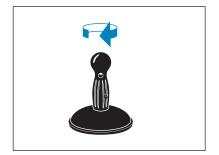


Figure 6a



Figure 6b

### Warranty Statement 1 ft ?

If a Rifton product breaks or fails in service during the first year, we will replace it free of charge.

### **Maintenance**

This product is designed and tested for an expected life of 5 years when used and maintained in accordance with this manual. At all times, users must ensure that the product remains in a safe and useable condition, including regular maintenance and inspections as specified in the manual. To prevent structural failures and SERIOUS INJURIES, do not use Rifton components and products for any purpose other than for their intended use. Inspect Rifton components and products regularly for loose or missing screws or rivets, metal fatigue, cracks, broken welds, missing attachments, loose staples and general instability. Immediately remove from use when any condition develops that might make operation unsafe. Replace or repair components or products that are damaged or appear to be unstable. Use only Rifton authorized replacement parts. Order information for replacement parts is provided on the back of this product manual.

### Cleaning 1 A Y

As needed, clean with disinfectant wipes or a solution of up to 10% bleach. Do not use excessive amounts of water.

The upholstery of the elbow anchor and wrist anchor can be removed and cleaned according to the previous directions or with a commercial cleaning agent suitable for imitation leather.

### **Materials**

- Steel hardware items (nuts, bolts, screws, etc) are typically zinc or nickel plated, or stainless steel.
- Upholstery items (pads, support blocks, padded prompts, etc) are typically fire-retardant polyurethane foam with a fire-retardant cover made from expanded vinyl.
- Frames are typically steel or aluminum tubing, welded together, and coated with a baked-on paint finish. Some frame components may also be stainless steel.
- Tires are tubeless, filled with polyurethane foam, and do not require inflation.
- Straps are typically made of polypropylene or nylon webbing.
- Wooden components are typically birch plywood, solid maple, or laminated hardwood veneers, finished with a clear polyurethane lacquer.
- Tabletops are typically high-pressure laminate (Formica).
- Plastic components are typically injection molded from a variety of industrial resins.

All materials are latex, lead and phthalates free.

### User modifications 1 # ?

CAUTION: Rifton Equipment cannot accept responsibility for any modifications or alterations made to our components or products after they leave our premises. Customers modifying or altering our components or products, or using them in conjunction with products from other manufacturers, do so at their own risk since we are unable to validate the safety and efficacy of the modified or altered product. The modification or alteration of our components and products, or the use of our components or products in conjunction with products from other manufacturers, may make the components and products unsafe, which could result in SERIOUS INJURIES.



### **Rifton Contact Information**



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Online

### To order replacement parts

- 1. **Locate the serial number** of the product on the small white label.
- 2. Have this number available when you call **800.571.8198** for your customer service representative.

### Use only replacement parts supplied by Rifton Equipment.

We are glad to supply replacement parts. Although Rifton makes every effort to supply correct parts and instructions for repairing or refurbishing your equipment, you are responsible to make sure that the repairs or modifications are correctly and safely completed.



Find important details and informative facts at:

www.rifton.com/anchors

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