



Instructions

QuickLock™ Face Rest



To change the cams from right to left-handed, flip the face rest over and replace the pad so that it is again on the top side of the platform.



To vary the height and angle of the face rest, loosen the cam locks, adjust and lock the cams.

* U.S. Patent No. 5,177,823

Instructions for Adjusting the Face Rest:

Always Adjust the Face Rest with Your Client on the Table or Chair



Fig. 1

- 1) Starting with the face rest in a flat position, have your client lie face down on the face rest. (Fig. 1)
- 2) Ask your client to support the face rest with two hands by holding onto it at the velcro on the sides of the U-shaped tube after you have unlocked the cam locks. (Fig. 2)
- 3) Have your client pull the face rest towards him/her, raising the chin and lowering the forehead until he/she is comfortable on the pad; cheeks fully supported and neck comfortably flexed. (Fig. 3)
- 4) When the face rest is in a position that meets your treatment requirements and your client's optimal comfort, lock the cam locks. (Fig. 4) To prevent wear, be sure the teeth on the cams are not head to head.



Fig. 2



Fig. 3



Fig. 4



Fig. 5

Tips for Great Positioning:

- 1) To use the face rest with your clients supine, rotate the face rest pad so that the thick part of the pad supports your client's cervical region. Adjusting the height and angle of the face rest gives your clients perfectly comfortable support. (Fig. 5)
- 2). The face pad is flexible so that you can bring the open ends together or spread them apart to achieve the most comfortable support for any size face. (Fig. 6) To avoid your client's chin from hitting the spacebar, make sure the pad is narrow enough to support their whole face.
- 3) For appropriate cervical flexion, use the cam locks to adjust the downward angle of the face rest, making sure that the surface of the face rest pad at the chin is not lower than the surface of the table. (Fig. 7)
- 4) The face rest pad is attached with velcro so that you can adjust the distance of the face rest from the table. You may require greater distance for larger clients or when an arm rest is used; less distance for more petite clients or when arms are resting on the table. You can also adjust the position of the pad to avoid having the spacebar near the client's chin.



Fig. 6



Fig. 7

Instructions for Attaching the Stationary Lift Plate*: (Stationary Tables Only)

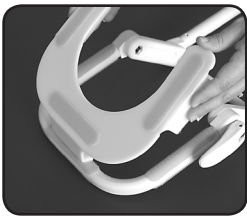


Fig. 8

For Stationary Table owners, Oakworks® offers a Lift Plate that attaches directly to your *QuickLock™* Face Rest to add 1" of height to your Face Rest pad and add to the comfort of your clients.

- 1) Attach the center tab to the center velcro strip on the *QuickLock™* Face Rest. (Fig. 8) Then attach the side tabs to the velcro strips on the side arms of the Face rest as shown. (Fig. 9)

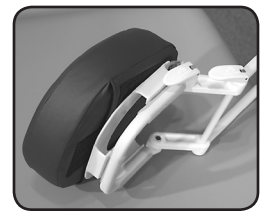


Fig. 9

* U.S. Patent # 5,177,823



Maximum
Weight Capacity for
QuickLock™ Face Rest:
25 lbs

CAUTION:

DO NOT extend the dowels of the Face Rest further than 3" from the table portals to ensure a stable connection.



Instructions for Attaching the Arm Rest Shelf to the QuickLock™ Face Rest*:

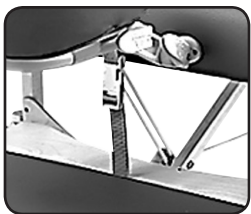


Fig. 10

On Wooden Portable Tables:

- 1) Snap the two ends of the quick release buckle together around the cross bar of the QuickLock™ Face Rest. (Fig. 10)
- 2) To adjust your Arm Rest Shelf, pull on the strap to raise the shelf or loosen the strap to lower it. When completed, your Arm Rest Shelf will be attached as shown. (Fig. 11)

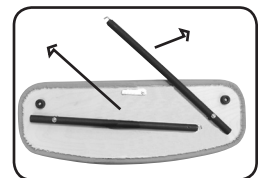


Fig. 12



Fig. 11

On Metal Portable Tables:

- 1) Unfold support arms. (Fig. 12)
- 2) Insert hooked ends of the Arm Rest Shelf support arms into any of the holes on the legs of the table. (Fig. 13) Higher holes are better for clients with shorter arms.
- 3) Snap the two ends of the quick release buckle together around the cross bar of the QuickLock™ Face Rest. (Fig. 14)
- 4) To adjust your Arm Rest Shelf, pull on the strap to raise the the shelf or loosen the strap to lower the it. When completed, you Arm Rest Shelf will be attached as shown. (Fig. 15)



Fig. 13

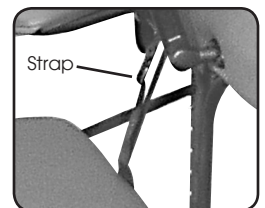


Fig. 14



Fig. 15

CAUTION:

Excessive force, such as clients pushing on the Arm Rest Shelf to lift themselves off the table, may damage the table and/or the Arm Rest Shelf as well as being potentially hazardous to your client. This type of damage to the equipment is NOT covered by your warranty.