

# SUPPORTIVE POSITIONING

## HEAD SUPPORTS

### INSTRUCTIONS FOR PROPER SIZING OF HEAD SUPPORTS



There are two major areas to address in sizing head supports. It is important to be working with medical professionals because of the many variables that must be taken into consideration when using any type of head supporting device. Our soft foam is made to allow the person using the support to benefit from being able to easily move their head around to retain function instead of being very tight, hard and restrictive. The seating system must always be addressed first, because supporting the head comes **after** the individual has been properly positioned, taking into account all the variables necessary for meeting his/her physical and mental needs. The benefits from good head positioning include higher self-esteem, improved bodily functions and increased social interactions.



1 ) Take accurate measurements. There are two which are needed per the chart provided in product information.

A.) Neck circumference--round off to the nearest  $\frac{1}{2}$ " .

B.) Vertically between the top of the shoulder to the bottom of the ear lobe--round off to the nearest  $\frac{1}{2}$ " Then subtract  $\frac{1}{2}$ " to allow for ear clearance and head movement.

C.) Use the sizing charts shown by the product descriptions for each style of head support.

NOTE: If there are measurements that do not fit these parameters, a custom size may be indicated. Please call to speak with one of our Sales Associates for further clarification. Pricing may differ from the standard sizes.



2 ) Consider all the variables. Some examples are as follows:

A ) If a chest support is used with this head support, subtract its thickness from the "B" measurement. Straps or trunk supports that are  $\frac{1}{8}$ " or less should not affect the fit, but anything thicker than  $\frac{1}{8}$ " should be taken under consideration.

B ) Decisions as to mounting options should be made, depending on the type of seating system being utilized.

C ) Additional options for increased comfort and functional abilities of the person using the headrest such as size reducers (Model 6821, narrow or wide) High Back (Model 6809 ) or possibly a Modular Headrest (Model 6812 attaches to Back Mount Plate).