# \_Ortho hermic™

## Gloves

#### INTENDED PURPOSES

Provides increased localized warmth, light compression, and support to help temporarily reduce or relieve pain, stiffness and inflammation.

#### INDICATIONS

Sports injuries, repetitive strain injuries, arthritis, tendinitis, neuropathy, poor circulation, and other minor hand/joint conditions.

**Contra Indications:** Skin irritation, allergy to nylon or neoprene, loss of circulation.

#### INSTRUCTIONS FOR USE / PROPER FIT

To size, measure MP circumference. Slide fingers into glove and gently push the glove down into the finger webbing. The glove tips should end closely to the distal joint of the fingers and compression should be firm, but not tight. If glove fits too tight, size up.

To remove gloves, position hand with palm facing up. Place two fingers of the opposite hand flat on the wrist underneath the cuff. In one motion, slide the fingers under the glove, along the palm and up past the fingers until the glove has been completely removed.

Avoid direct contact with open wounds. May be used after injury once initial swelling has subsided.

Note: Sizing tag inside of glove can be torn off at the perforation for improved comfort.

Warning: If compression feels too tight, fingertips change color, skin becomes irritated, or if pain, stiffness or numbness increases, discontinue use and seek advice from a healthcare professional.

### INSTRUCTIONS FOR CARE

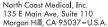
Hand wash in cool water and mild soap. Air dry.











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