

INSTRUCTIONS

- Step 1. Clip On the two front magnetic slide clips and release the strap to its maximum capability. Prepare PLEXFIT with main arm sleeve facing the user (Fig.1). Place the injured arm carefully into the arm sleeve (Fig.2).
- Step 2. Pull the Supporting Straps towards the body (Fig.3) and pull it over the head and shoulder and adjust so that your arm is resting and the Avalanche Logo is placed on your back (Fig.4).
- Step 3. With PLEXFIT looped around your neck, bring the Under-Arm strap from the back and pull it under the armpit (Fig.5). Using the Magnetic Clip, attach the Under Arm strap to the main PLEXFIT body (Fig.6).
- **Step 4.** Tighten the Under Arm strap and front two magnetic slide clips as desired and until PLEXFIT firmly secures your injured arm. (Fig. 7 & Fig.8).















