



EZ Way Belted Mesh Hygiene Sling Operating Instructions

The EZ Way Belted Mesh Hygiene Sling was designed to aid caregivers in toileting patients. To be eligible for use with the sling, a patient or resident must have adequate upper body strength and torso stability. If the patient has poor muscle tone and sinks down in the sling, the sling is not appropriate for the individual. The need for one or more caregivers to complete the transfer must be evaluated prior to each transfer.

The sling can be washed between patients, has a 6-month warranty, and should be replaced at the first sign of damage or excessive wear, or after one year of usage. Please follow the washing instructions found on the tag, also included within the sling packaging.

Users must have read the operating instructions, reviewed the training video, and completed the training checklist prior to operating the EZ Lift.

Using the sling when toileting a patient:

1. The sling must be **securely belted and tightened** around the patient's torso.
2. The leg straps of the sling should be pulled tightly under the patient's legs close to the upper thigh area, and be crossed between the thighs, hooking the loops of the leg straps to the hanger bars hooks furthest from the patient. If a patient has sufficient muscle tone the straps can be placed closer to the knees, however this can result in a "sunken" position if a patient does not have adequate strength. You may use any of the three loops on each leg to attach to the hanger bar hooks, but must always be consistent with using the same loop level on each leg strap. Example: If you use the longest loop on the right leg, you must use the longest loop on the left leg.
3. The shoulder strap loops should go **under the patient's armpits so their arms are on the outside of the sling**. The patient can then place their hands along the sides of the sling. The loops should be hooked onto the sling hanger bars, again maintaining consistency with the identical length of loop used on each side.
4. Lift the patient and pull the patient's pants down as much as possible.
5. Lower the patient onto the toilet until they are in a seated position, and unhook all loops of the sling from the hanger bars. Remove leg straps from under the patient's legs. You may now pull the patient's pants down further if necessary, and remove or move the sling.

When transferring the patient back to the bed or chair, follow the instructions above.

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