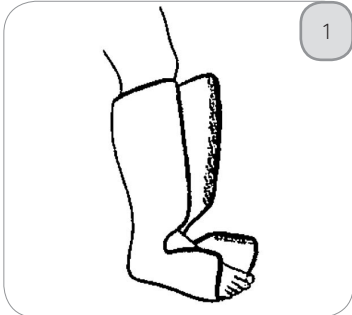


# Nextep™ Contour Walker

## PATIENT APPLICATION



**BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.**

**INTENDED USE/INDICATIONS:**

- Acute ankle sprains • Soft tissue injuries of the lower leg • Stress fractures of the lower leg and ankle
- Stable fractures of the foot and ankle • Stable delayed union or non-union fractures of the distal tibia and fibula • Achilles tendon repairs

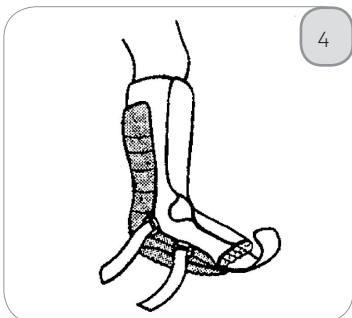


**CONTRAINDICATIONS:**

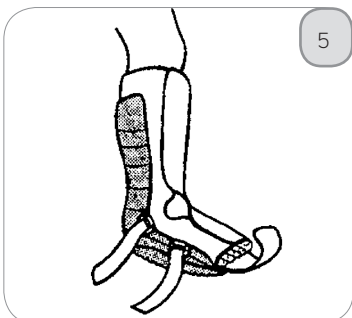
This device is contraindicated for tibial fractures and unstable fractures of the lower leg, ankle and foot. Application of this device is recommended only when the fracture is demonstrably stable and there are acceptable limits of angular and rotational deformity. The determination of when to apply the brace rests strictly at the discretion of the treating physician.



This product was designed to complement the variety of medical treatments common to the above afflictions. The frequency and duration of use should be determined by your prescribing Healthcare professional.



- 1) Select correct size of walker for the patient. The end of the patient's toes should be within 1 in (2.5 cm) from , without extending past, the front end of the walker.
- 2) Remove the wrap and pads from the walker and place the patient's foot in the wrap. (Figure 1)
- 3) Close the wrap gently but firmly around the foot, ankle, and lower leg, using the hook and loop strips to secure the wrap in the desired position. (Figure 2)
- 4) Attach the toe wrap by lifting the end of the inner sole and laying the toe wrap onto the hook and loop strip. Replace the inner sole to its original position. (Figure 3)
- 5) Place the foot, within the wrap, firmly into the rear shell with the heel as far back as possible. Fold the toe cover over the toes and lightly press down to attach. (Figure 4)
- 6) Position the front shell such that the lower edges (toe region) fit inside the rear shell and the upper edges (shin region) fit outside the rear shell. Secure the front shell to the rear shell by looping the straps through the buckles and fastening the hook and loop closures. Begin with the instep strap first, then proceed in any order until all four straps are secured. Adjust the tightness of straps until the walker is secure and comfortable. (Figure 5)



- Do Not over tighten straps. This may result in reduction of blood flow or sensation.
- Not for use on patients with compromised sensation in the foot and ankle region.
- Patients must use care when walking on slippery or wet surfaces while wearing the walker.

## Application Information continued



### WARNINGS AND PRECAUTIONS:

This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

### USE & CARE:

Hand wash liners in cold water using mild soap, rinse thoroughly. AIR DRY. Note: If not rinsed thoroughly, residual soap may cause irritation and deteriorate material.

### FOR SINGLE PATIENT USE

### WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

**NOTICE:** WHILE EVERY EFFORT HAS BEEN MADE IN STATE-OF-THE-ART TECHNIQUES TO OBTAIN THE MAXIMUM COMPATIBILITY OF FUNCTION, STRENGTH, DURABILITY AND COMFORT, THIS DEVICE IS ONLY ONE ELEMENT IN THE OVERALL TREATMENT PROGRAM ADMINISTERED BY A MEDICAL PROFESSIONAL. THERE IS NO GUARANTEE THAT INJURY WILL BE PREVENTED THROUGH THE USE OF THIS PRODUCT.

CAUTION: FEDERAL LAW (U.S.A.) RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A LICENSED HEALTH CARE PROFESSIONAL



DJO, LLC

**Individual results may vary.** Neither DJO Global, Inc. nor any of its subsidiaries dispense medical advice. The contents of this document do not constitute medical, legal, or any other type of professional advice. Rather, please consult your healthcare professional for information on the courses of treatment, if any, which may be appropriate for you.