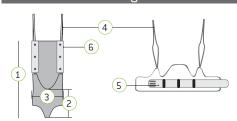
# **Understand Your Sling**

Choose the Right Sling



- 1. Sling height
- 2. Waist height
- 3. Sling width
- 4. Three position straps
- 5. Adjustable belt
- 6. Shoulder support

# Available Sizes









✓ 4-Point

Suspension [25105 onlu]





# Safe Lifting Techniques



Check that the same colour straps are used to achieve level loading and that the loops are securely fastened in the carry bar hook.



Explain, if necessary, to the patient about the lift. Check during the lift that the patient is comfortable. Look for non-verbal signs of discomfort.



Ensure their weight is evenly distributed between the straps. Make sure the sling does not pinch or pull the patient's skin at any point.



Make sure the patient will not slide out of the sling or tip backwards or forwards. The sling should comfortably surround the patient being lifted.



While lowering a patient, using a gentle hand pressure to guide the patient as the lift is moving towards the seating surface. Ensure patient is in correct position for seating before lowering.



Check the sling for signs of wear or damage before using. If any signs of damage are present, do not use the



Plan the moving and lifting process to ensure it is as safe as possible. If necessary, have two caregivers perform the transfer.



Never leave a patient unattended in the sling!

#### Suspension Options

✓ 3-Point

Suspension

✓ 2-Point

Suspension



①Throcanter to throcanter size: Measure side to back to side (at the bottom, not the belly).

@Measure back width. 3 Measure back height for low back, shoulder and high back sling.

## Always measure in the seated position.

Refer to the user manual for the nearest comparible size.

(3)



SLING TOO LARGE Patient may slip out.

SLING TOO SMALL Patient may slip out. Condition may

# This sling is suitable for



To and/or from



Bathing/Toileting







# Sling Features

#### Model #25100

- Elasticized side panels for maximum flexibilitu
- · Complete with shoulder support (25101)

#### Model #25105

- · Ideal for gait training and balance exercises
- · Optional hip belt, neck cushion and extension straps

#### Usage



Maximum weight capacity 25100: 220.4lb/100kg 25105: 330.7lb/150kg



Important! This sling has been designed and tested for indoor use with one patient at a time and must only be used for transferring a person. This product is not a swing.

#### Inspection

Six Month Inspection - The sling stitching must be checked to ensure that the seams are intact. The fabric must be checked to ensure it holds its shape and is rigid. The label must be clear and legible.

Daily Inspection - Always inspect the sling for visible signs of damage and/or wear before use. If any damage is present, replace the sling.

#### General Care



Polyester Net - 25100





Polyester - 25105



### Fabric Features



Polyester Net - 25100

## Flexible and airy

A soft, thin material that breathes and dries quickly. This fabric has some elasticity and can be left behind the patient in a chair or bed for a short period of time. Polyester Net is ideal for bathing and showering.



Polyester - 25105

#### Durable and easy to maintain

A durable, low-friction material that is easy to clean, apply and remove. Polyester slings should not be left behind the patient and are ideal for transfers from a chair or bed.

### Sling Positioning

#### Applying sling from a seated position (Multi Sling only)



Prepare the sling by passing the elasticized waist belt through the loops in the chest belt.

Stand behind or to the side of

the intended user and put the

belt around their waist. Have

them lean forward (assist if

needed). Tighten the waist belt

and then fasten the chest belt.

Important! Have the user hold

onto something for stability

help with the lifting process.

belt sits in place during lift.

For dressing/undressing,

Tighten waist belt as much as

comfortably possible to ensure

secure the rear lifting straps to

the lift bar. The user will lean

30cm, ensuring user is stable.

forward slightly. Lift 10 to

and/or to enable them to

#### Applying Multi Sling from a supine position



Prepare the sling by passing the elasticized waist belt through the loops in the chest belt.

#### Applying Activity Sling from a supine position



The Activity Sling can only be fitted when the child is in the supine position. Begin by sliding up the child's legs.



Accessories

25146 Waist belt with lock (Multi Sling only)

25107 Hip belt (Multi Sling only) The hip belt is designed to put equal

pressure on both hip joints in order to

achieve a better balance and distribute

the patient's weight more evenly. Ideal for patients with functional impairments.

The Multi Sling comes equipped with a waist belt with Velcro. As an option, the belt may be purchased with a safety lock for added security.



21180 Extension straps Used to adjust sling straps to alter seated positioning.



25150 Neck cushion (Multi Sling

Provides extra support and comfort for the head.



25108 Groin support (Multi Sling only)

Keeps the chest belt in place and prevents it from sliding up. The groin support comes standard with the Multi



25109 Shoulder support for Multi Sling/ 25101 Shoulder support for **Activity Sling** 

Used for added comfort and support. Comes standard with slings.

Models: 25100, 25105 Human Care HC AB. All Rights Reserved.





Lay the intended user on the side and position the belt at their waist. Roll over the user and secure the belt around their waist. Once the belt is tightened, fasten the chest belt.

If additional supports are

lifting. See: Accessories.

required, attach them prior to



Once the sling has been fitted onto the body, put the child's arms through the side openings. Pull up the sling behind the child's neck as far as possible.



Lower the lift and secure all shoulder straps securely. Keep one hand behind the child's head at all times if the sling is not fully extended.

Important! The child's head must be below the top of the sling. Do not let the material fold under the patient!



Lift the child to a standing



Important! Have the user hold onto something for stability and/or to enable them to help with the lifting process. Tighten waist belt as much as comfortably possible to ensure belt sits in place during lift.



Depending on required lift, secure appropriate straps to lift carry bar.



position.



For exercise or other uses. attach all four straps for an upright position.



The greater the user's weight, the greater the risk the chest belt may slide up.