

## MICROBEADS® MOIST HEAT THERAPY MITT

- Ease pain and joint stiffness from arthritis
- Surrounds hand and thumb with deep penetrating moist heat
- Helps relax muscles and promotes blood flow
- Designed to keep beads evenly distributed throughout the pack
- Scientifically designed beads provide effective moist heat
- Does not contain food products such as rice or wheat which promote mold growth
- Does not contain common allergens or support bacterial growth



### SOOTHING MOIST HEAT THERAPY

Ease arthritis pain and joint stiffness with the MicroBeads® Moist Heat Therapy Mitt. Increasing joint movement is an excellent way to fight arthritis. Movement increases the amount of synovial fluid in the joints, which provides lubrication and helps the joints move smoothly. Exercise also strengthens the muscles, ligaments, and tendons surrounding each joint. Using moist heat prior to performing simple exercises can ease pain and help increase elasticity of tendons and muscles making them more pliable and responsive to therapy and exercise.

MicroBeads Mitts are made with a plush fabric cover that is soft to the touch and gentle on the skin. Anti-migration dots keep beads evenly distributed throughout the mitt for more consistent coverage. MicroBeads do not support the growth of bacteria and mold, or contain common allergens like herbal or grain based packs.

Most experts recommend moist heat over dry heat to help relieve pain. When comparing these two methods, moist heat penetrates deeper into the affected area, helps increase tissue elasticity, and helps decrease overall joint stiffness. It is also less likely to cause skin dehydration, making it ideal for people with dry and/or aging skin.

### HOW IT WORKS

The microbeads adsorb moisture from the air and release it when heated. Simply warm pack in the microwave; the pack will maintain therapeutic temperature for 20 minutes. To retain heat longer, wrap a towel around the mitt during use.

### SPECIFICATIONS

**Product Selection:** MicroBeads® Moist Heat Therapy Mitt ACC-524

**Product Weight:** 2.75 lbs

**Dimensions:** 7.5" x 10"

**Materials:** Silica beads, polyester

**Case Quantity:** 6

**Case Dimensions:** 12" x 12" x 6"

**Case Weight:** 16.75 lbs

**Latex:** This product is not made with natural rubber latex.

**Country of Origin:** Made in USA

California Residents Only:

**⚠️WARNING:** Cancer and Reproductive Harm — [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)