



MIAMI JR®

Patient Guide

Fitting Instructions & Routine Collar Care

Daily cleaning of the patient's Miami Jr® and the skin beneath is an important part of treatment and will help prevent skin irritation.

While at home, the patient should shower or bathe with the collar on. After bathing, you will need to remove the collar to wash their neck and change the pads.

Cleaning the collar will require at least one set of replacement pads.

* Unless otherwise specified by the patient's healthcare professional: do not remove the collar except to wash under it and change the pads.

Collar Removal & Skin Care

The patient must be lying down in neutral alignment to remove the collar unless their healthcare professional has given permission to do this in a sitting position.

1. Undo the straps and slide the Back of the collar out from under the neck. Remove the collar Front.
2. Wash the front of neck with mild facial soap and water and completely dry the skin. Observe for any redness or irritation under the collar, especially over bony areas.
 - While the collar is removed, follow the Collar Care Instructions to clean the collar and replace the pads.
3. Slide the collar Back carefully behind the patient's neck. Make sure it is centered.

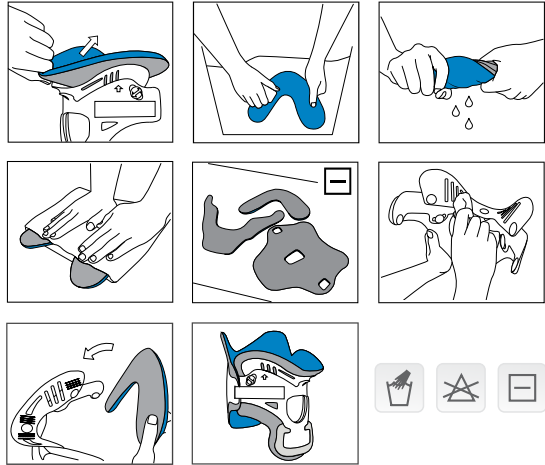
4. Replace the collar Front by flaring the sides, sliding it up the chest wall and scooping it up under the patient's chin. Secure straps.
5. Place a small pillow or folded towel under patient's cheek to prevent the head from tilting sideways. Gently roll the patient onto their side.
6. Undo the hook and loop strap on the top side of the collar. Fold the collar Back down to clean the back of the patient's head and check for redness or irritation. Make sure the collar is securely refastened to the original position after skin check.

NOTE: These instructions do not supersede hospital protocol and/or direct orders of the patient's healthcare professional.



Collar Care Instructions

- The padding can be removed for cleaning if a spare set of pads has been supplied.
- Remove the pads from the plastic shells.
- Hand wash the pads with mild soap and water. **DO NOT** use harsh detergents or bleach.
- Rinse. Wring out the excess water and squeeze in towel. Lay flat to air dry.
- Wipe the plastic collar shells clean with mild soap and water.
- Replace pads by attaching the grey side to the hook on the inside of the collar.
- Do not machine wash, do not tumble dry.



This Patient Guide is supplementary to the Miami Jr® Instructions for Use (IFU). Please refer to the indications for use in the IFU for more product details, including contra-indications and warnings.