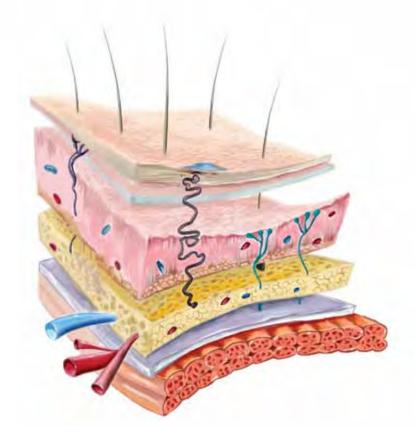
# Remedy® Advanced Skin Care System





# At last there's a REMEDY

To understand the Remedy Advanced Skin Care System is to understand the skin itself. First and foremost, the skin is an organ, and like any other organ of the human body it requires its fair share of care. While most equate this attention with cleansing, moisturizing, protecting and treating, by doing so they do not see the greater picture. These are merely physical actions and do not take product selection into consideration. Complete topical skin care does not end until the product meets the skin.



# **How Is Remedy Different?**

- 1. Remedy is the gentle solution for most skin issues. By avoiding the use of harsh soaps and detergents, and only using naturally-derived phospholipids to lift the dirt and oils from the skin, Remedy ensures that the structure and integrity of the already compromised skin is not damaged any further. Moreover, the Remedy line is proven to be pH balanced, non-cytotoxic, non-sensitizing, non-irritating and non-allergenic.
- 2. Remedy skin protectants contains silicones powerful enough to help prevent excessive transepidermal water loss (e-TEWL), yet unlike petroleum-derived products, will not occlude the skin's natural breathability. In addition to these silicones, Remedy also uses ingredients such as zinc oxide to help protect the skin from moisture, incontinence, perspiration or wound exudate.
- 3. Remedy nourishes the skin with a unique blend of Olivamine®, natural oils and emollients. This step does not require additional effort because every Remedy product delivers nourishment along with its primary application.

# **Olivamine Components**

Ingredients	Purpose
The 3 most abundant amino acids in pre-collagen and collagen – glycine, N-acetyl-L-cysteine and L-proline	These amino acids are the main building blocks of collagen. Without a plentiful supply, collagen cannot be formed.
Vitamins A, B <sub>3</sub> , B <sub>6</sub> , C and D <sub>3</sub>	Supports the ability of the skin to efficiently utilize amino acids and other nutrients.
Very potent antioxidants – Hydroxytyrosol (extracted from olives) and L-taurine	Helps neutralize free radicals that can damage the skin.
Methylsulfonylmethane (MSM)	MSM supports amino acid utilization and offers antioxidant properties.

# Additional Ingredients

Nutrient	Benefit
Natural oils including: olive oil, safflower seed oil, canola oil, sunflower seed oil	Helps maintain the natural barrier of the stratum corneum and provides Omega-3 fatty acids to the skin.
Organic aloe vera	Soothes and conditions the skin.
Phospholipids	Allows no-rinse cleansing and conditioning of the skin without stripping natural oils.
Several silicones, including Dimethicone	Provides breathable protection to the skin from external moisture elements, and aids in the retention of ideal hydration.



# **Proven Results**

# Reducing Hospital-Acquired Pressure Ulcers By Implementing a Skin Care Regimen – Evaluating Cost and Outcomes

Shannon RJ, Coombs M, Chakravarthy D. Reducing hospital acquired pressure ulcers with a silicone-based dermal nourishing emollient-associated skin care regimen. *Advances in Wound and Skin Care*. 2009, October;22(10):461-7.

### **Objective**

The aim of this evaluation was to determine the effect of a Silicone-Based Dermal Nourishing Emollient (SBDNE) regimen on the reduction of pressure ulcers and costs in a hospital medical unit.

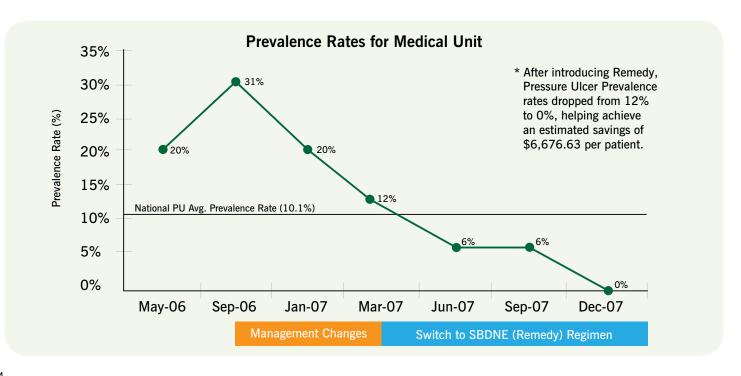
#### Study Design

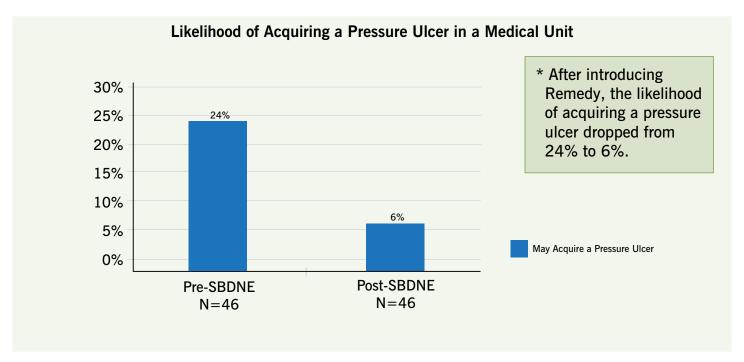
- A hospital in the western region of the United States measured hospital-acquired prevalence rates of pressure ulcers in patients from May 2006 to December 2007.
- A retrospective, longitudinal design is used to examine the changes in pressure ulcer prevalence rates and the economic
  effect of introducing a silicone-based dermal nourishing emollient regimen into an existing pressure ulcer prevention protocol.
- A comparison using parametric and non-parametric methods was used to determine statistical differences in the likelihood of hospital-acquired pressure ulcers before and after implementation of SBDNE.
- Cost estimates from the literature are used to estimate the economic impact of pressure ulcer treatment before and after the implementation of SBDNE.

#### **Findings**

A multi-brand skin care regimen was replaced by a single-brand skin care regimen of products containing SBDNE. After this single-brand regimen was introduced into an existing pressure ulcer prevention program, the incidence of hospital-acquired pressure ulcers fell to 0 percent after 8 months.

• Estimated savings was \$6,676.63 per patient admitted to the medical unit following implementation of the single-brand SBDNE skin care regimen.





# Estimated Cost Savings from SBDNE (Remedy) Skin Care Regimen

	Baseline	line Management Changes		SBDNE Implementation			
	May 2006	September 2006	January 2007	March 2007	June 2007	September 2007	December 2007
Number of Patients	15	16	15	17	16	17	14
Number with Pressure Ulcers	3	5	3	2	1	1	0
Estimated Hospital Cost for Treatment (# x \$37,800)	\$113,400	\$189,000	\$113,400	\$75,600	\$37,800	\$37,800	0
Total Costs	\$415,800.00		\$151,200.00				
Total Cost Savings			\$264,600.00				
Cost of Pressure Ulcer Treatment per Admitted Patient in the Medical Unit	\$9,039.13		\$2,362.50				
Average Cost Savings per Admitted Patient in the Medical Unit					\$6,6	76.63	

# **Nourish Skin Care Steps Nourish** Providing a complete meal for the skin without routine disruption. Cleanse Cleanse Total body, all-natural cleansing with phospholipids-based products. Moisturize Moisturize Complete face-to-toe moisturizing to maintain healthy skin. **Protect** Protection from moisture evaporation (e-TEWL) and contact with moisture **Protect** that occurs during episodes of incontinence, wound drainage, etc. **Treat** For the safe and effective removal of common fungal infections. **Treat**

# Remedy Cleansing Body Lotion

No-Rinse Cleansing Body Lotion moisturizes and provides light protection from incontinence. Indicated for the cleansing of the face, body, perineal and peristomal areas.

## Accomplishes four skin care steps in one application

Remedy Cleansing Body Lotion cleanses, moisturizes, protects and nourishes the skin in one application. Leaves skin feeling fresh and silky. Optimizes shelf space and nursing time. Convenient trigger spray yields more than 280 sprays.

## Leaves behind a protective moisture barrier

No-rinse formula easily cleanses and removes sticky barriers and pastes, avoiding unnecessary friction on the skin. Added dimethicone helps protect skin from light incontinence and avoid e-TEWL.

### Contains phospholipids to gently clean and condition

Harsh soaps and surfactants strip skin of moisture and contribute to e-TEWL. Remedy cleansers have a phospholipid base to gently clean and condition the skin. As is the case with the complete Remedy line, these cleansers contain ingredients derived from natural oils that mimic the body's natural lipids, match the pH of the skin, and aid in the preservation of the stratum corneum. Ideal as a no-rinse bedside cleanser, or in the shower to replace soap.

#### Other recommended products:

If the patient is incontinent, a Remedy skin protectant such as Remedy Dimethicone Skin Protectant, Nutrashield, Calazime® Protectant Paste or Clear-Aid Skin Protectant should be used.



#### Uses

- Temporarily protects and helps relieve chapped or cracked skin.
- Cleanses, moisturizes, nourishes and protects skin.
- It can be used on face, body and perineal area.

Active ingredient	Purpose
Dimethicone 1.5%	Skin protectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, Carthamus Tinctorius Seed Oil, Cetyl Alcohol, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Cocamidopropyl PG-Dimonium Chloride Phosphate, Diazolidinyl Urea, Glycerin, Glyceryl Stearate, Glycine, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl-Lcysteine, Niacinamide, Olea Europaea Fruit Oil, Oleth-5, PEG-8, PEG-100 Stearate, Polysorbate 60, Propylene Glycol, Propylparaben, Pyridoxine HCl, Retinyl Palmitate, Stearic Acid, Stearyl Alcohol, Tetrasodium EDTA, Tocopherol, Triethanolamine, Vanillin, Water, Zea Mays Oil.

Item No.	Description	Pkg.
MSC094308	Cleansing Lotion, 8 oz. (236 mL)	12/cs
MSC094308H	Cleansing Lotion, 8 oz. (236 mL)	each
MSC094320	Cleansing Lotion, w/Pump 32 oz. (946 mL)	12/cs
MSC094320H	Cleansing Lotion, w/Pump 32 oz. (946 mL)	each
MSC094830UNSC	Unscented Cleansing Lotion, 8 oz. (236 mL)	12/cs

# Remedy Skin Care System Used in a Case of Severely Scaling Skin on a Patient with Ichthyosis

Fleck C. Presented at The Symposium on Advanced Wound Care, San Antonio, TX. 2006.

# **Background**

Born with, a scaling skin disorder, this 44-year-old male had been in search of products that would help manage his condition better. He had unsuccessfully used rock salt, scrubbing with a wire brush, motor oil soaks, clear plastic wraps, bleach soaks, topical salicylates, polyhydroxy acid-containing lotions and oral retinoids.

# **Objective**

To minimize skin roughness, using a complete skin care system on the affected areas.

# Methodology

The protocol-included daily cleansing with Remedy Cleansing Body Lotion. Once dry, the Skin Repair Cream was applied, followed by Nutrashield to decrease e-TEWL. For areas of odor and other high-risk areas, the Antimicrobial Cleanser was used.

#### **Results**

During the first week of observations, the test area began to exfoliate. By week two, partial areas of 'normal' appearing skin on the left arm were visible. By week three, the entire test area was clearing. At week four improved skin appearance was reported.

\* Adapted from the original study

# Clinically Tested to be:

- Non-Cytotoxic
- Non-Sensitizing
- Non-Irritating
- Non-Allergenic

# **Dermatologist Tested**



Left anterior arm before product use.



Left upper anterior arm before product use close up. Note fibers from patient's clothing embedded in skin scales.



Left anterior arm close-up shows improved skin appearance after three weeks of using Remedy skin care products.



Left anterior arm after less than four weeks of using Remedy skin care products.

# Remedy Foaming Body Cleanser

No-rinse foam for head-to-toe cleansing and conditioning. Indicated for hair, face, body, perineal and peristomal areas.

#### Easy-to-use, no-rinse foam

Ready-to-use, no-rinse foam stays in place to prevent product spills, waste and patient discomfort. One bottle contains more than 340 pumps of foam. Ideal for bedside care or even shower and bathtub use.

# Contains phospholipids to gently clean and condition

Harsh soaps and surfactants strip skin of moisture and contribute to e-TEWL. Remedy cleansers are designed to be biomemetic, a term meaning to imitate nature. Rather than use detergents found in ordinary cleansers, Remedy products use phospholipids that can gently cleanse and condition the skin without stripping it of its natural oils.

#### Tested to be tear-free

While all Remedy cleansers are tested to be non-irritating, non-sensitizing, non-allergenic, and non-cytotoxic, the Foaming Body Cleanser has the unique claim of being tear-free as well.

#### Other recommended products:

If the patient is incontinent, a Remedy skin protectant such as Remedy Dimethicone Skin Protectant, Nutrashield, Calazime® Protectant Paste or Clear-Aid Skin Protectant should be used.



#### Uses

- Mild head-to-toe cleanser, can be used as a no-rinse or rinse-off.
- Helps relieve chapped or cracked skin.
- Minimizes the drying effects of wind and cold weather.

### Ingredients

Water, Cocamidopropyl PG-Dimonium Chloride Phosphate, Aloe Barbadensis Leaf Juice, Disodium Cocoyl Glutamate, Polysorbate 20, Pyridoxine HCl, Niacinamide, Glycine, L-taurine, N-acetyl-L-cysteine, Methylsulfonylmethane, L-proline, Hydroxytyrosol, Allantoin, Linoleamidopropyl PG-Dimonium Chloride Phosphate Dimethicone, Disodium Lauroamphodiacetate, Propylene Glycol, Disodium EDTA, Diazolidinyl Urea, Methylparaben, Propylparaben, Vanillin, Citrus Aurantium Dulcis Peel Oil, Citrus Tangerina Peel Oil, Citrus Grandis Peel Oil.

Item No.	Description	Pkg.
MSC094105	Foaming Body Cleanser, 5 oz. (148 mL)	12/cs
MSC094105H	Foaming Body Cleanser, 5 oz. (148 mL)	each
MSC094109	Foaming Body Cleanser, 9 oz. (266 mL)	12/cs
MSC094109H	Foaming Body Cleanser, 9 oz. (266 mL)	each

# A Case of Periwound Skin Cleansing with Remedy Foaming Cleanser

Brennan A. Presented at the Clinical Symposium on Advances in Skin and Wound Care, Orlando, FL. 2006.

# **Background**

Periwound skin needs effective and gentle cleansing, so that wound debris cannot accumulate around the wound.

# **Objective**

Implement the use of Remedy skin care products to improve the appearance of periwound skin.

# Methodology

The skin in the periwound area, was cleansed using Remedy Foaming Body Cleanser, a phospholipids-based product. Next a Remedy silicone-based moisturizing skin protectant was applied as needed. Appropriate wound care was provided, including debridement, followed by the application of wound dressings.

## **Results**

The skin condition in the periwound area improved notably. The wound size decreased because of concurrent wound therapy with appropriate devices.

\* Adapted from the original study



3-31-06
Posterior view of periwound skin around a lymphedema-related wound.



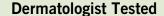
3-31-06 Bilateral anterior view.



4-6-06
After nine treatments, anterior view of periwound skin.

## Clinically Tested to be:

- · Tear-free
- Non-Cytotoxic
- · Non-Sensitizing
- · Non-Irritating
- Non-Allergenic



# Remedy Antimicrobial Cleanser

No-rinse cleanser for bioburden reduction as well as head-to-toe cleansing and conditioning. Indicated for hair, body, perineal and peristomal areas.

## Four steps in one

Remedy Antimicrobial Cleanser cleanses, moisturizes, helps provide protection against microorganisms and nourishes the skin all in one step. By combining these steps into one easy-to-use product, this optimizes shelf space and reduces nursing time.

#### Reduces bioburden and odor

Contains benzalkonium chloride to help protect against microbial contamination associated with perineal and peristomal care or other odorous areas. It also aids in reducing odors associated with excessive bioburden.

## Compatible with Silicone and Polyurethane Catheters, Connectors and Caps

#### Other recommended products:

When additional moisture is needed and skin is prone to breakdown, use Remedy Skin Repair Cream to help moisturize and provide additional nutrients to the skin.

If the patient is incontinent, a Remedy skin protectant such as Remedy Dimethicone Skin Protectant, Nutrashield, Calazime® Protectant Paste or Clear-Aid Skin Protectant should be used.



#### Uses

• A no-rinse topical antiseptic that protects against microbial contamination.

Active ingredient	Purpose
Benzalkonium Chloride 0.12%	

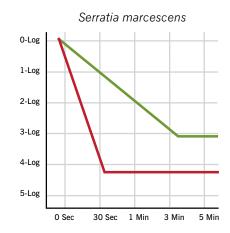
### **Inactive Ingredients**

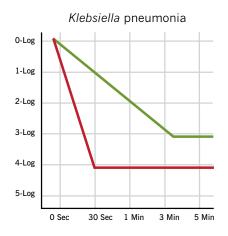
Aloe Barbadensis Leaf Juice, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Diazolidinyl Urea, Glycerin, Glycine, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl- L-cysteine, Niacinamide, Polysorbate 20, Propylene Glycol, Propylparaben, Pyridoxine HCI, Tetrasodium EDTA, Vanillin, Water.

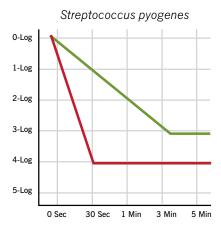
Item No.	Description	Pkg.
MSC094204	Antimicrobial Cleanser, 4 oz. (118 mL)	24/cs
MSC094204H	Antimicrobial Cleanser, 4 oz. (118 mL)	each
MSC094208	Antimicrobial Cleanser, 8 oz. (236 mL)	12/cs
MSC094208H	Antimicrobial Cleanser, 8 oz. (236 mL)	each
MSC094205FOAM	Antimicrobial Cleanser, 5 oz. (148 mL)	12/cs

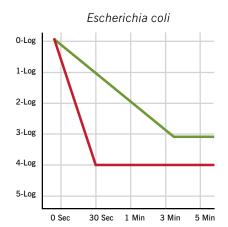
# **Efficacy Testing\***

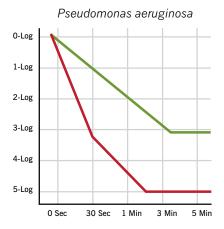
Recent changes in CMS policies are designed to promote the reduction of hospital-acquired infections (HAIs). To assure efficacy of the Remedy Antimicrobial Cleanser, it has been tested against the most common microorganisms in a health care setting.

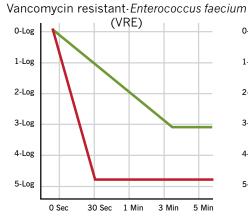


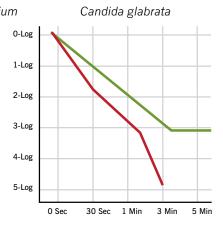












Effectiveness Standard

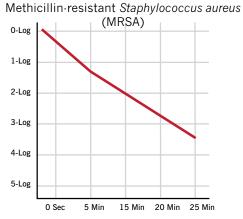
Antimicrobial Cleanser

# Clinically Tested to be:

- · Non-Sensitizing
- Non-Allergenic

# **Dermatologist Tested**





<sup>\*</sup>Data on file

# Remedy Skin Repair Cream

Remedy Skin Repair Cream helps restore the skin's natural moisture balance. Indicated for all patients, including those who are at high risk for skin breakdown.

### Helps deliver water and nutrients to skin

Remedy Skin Repair Cream uses water molecules to not only moisturize the skin but also deliver the nutrients of Olivamine (amino acids, antioxidants, vitamins, MSM) to the cells. Once absorbed, the natural oils and essential fatty acids aid the skin repair process. While all Remedy products contain Olivamine, Skin Repair Cream contains twice the amount of any other product.

#### Protection for at-risk patients or for daily therapeutic use

Remedy Skin Repair Cream is specially formulated for patients who are at-risk for skin breakdown. Helps block e-TEWL. It also provides relief to skin affected by dryness. Ideal as a facial moisturizer and even as a treatment for dry hands.

#### CHG and latex-friendly

Unlike other moisturizers, Remedy Skin Repair Cream will not interfere with the antimicrobial properties of CHG (Chlorhexidine Gluconate). It can be used before or after washing with CHG products. Additionally, it does not interfere with or degrade latex.

#### Other recommended products:

Begin the cleansing process with any Remedy cleansing product. Apply Skin Repair Cream.

If the patient is incontinent, a Remedy skin protectant such as Remedy Dimethicone Skin Protectant, Nutrashield, Calazime® Protectant Paste or Clear-Aid Skin Protectant should be used.



#### Uses

• Temporarily protects and helps relieve chapped or cracked skin. Beneficial for face, hands, body and legs.

Active ingredient	Purpose
Dimethicone 1.5%	Skin Protectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, Cetyl Alcohol, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Diazolidinyl Urea, Glycerin, Glyceryl Stearate SE, Glycine, Helianthus Annuus Seed Oil, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl-L-cysteine, Niacinamide, PEG-8, PEG-100 Stearate, Propylene Glycol, Propylparaben, Pyridoxine HCl, Retinyl Palmitate, Rosa Canina Fruit Oil, Stearic Acid, Stearyl Alcohol, Tetrasodium EDTA, Tocopherol, Triethanolamine, Vanillin, Water, Zea Mays Oil.

Item No.	Description	Pkg.
MSC094410	Skin Repair Cream, Bag, (1000 mL)*	12/cs
MSC094412	Skin Repair Cream, Wall, (1200 mL)*	8/cs
MSC094420	Skin Repair Cream, w/ pump, 32 oz. (946 mL)	12/cs
MSC094420H	Skin Repair Cream, 32 oz. (946 mL)	each
MSC094422	Skin Repair Cream, 2 oz. (59 mL)	24/cs
MSC094424	Skin Repair Cream, 4 oz. (118 mL)	12/cs
MSC094424H	Skin Repair Cream, 4 oz. (118 mL)	each
MSC094424PACK	Skin Repair Cream, (4 mL)	144/cs
MSC094842UNSC	Unscented Skin Repair Cream, 4 oz. (118 mL)	12/cs
MSC094820UNSC	Unscented Skin Repair Cream, w/ pump, 32 oz. (946 mL)	12/cs

<sup>\*</sup>Dispenser sold separately

# Decreasing the incidence of skin tears in the extended care setting with the use of a new line of advanced skin care products

Groom M. Presented at the Symposium on Advanced Wound Care, San Diego, CA. 2005.

# **Background**

It is reported that 1.5 million skin tears occur each year in institutionalized adults. Prior to this case study, the participating facility had approximately 180 skin tears over the course of 6 months.

# **Objective**

To decrease the incidence of skin tears using a nutrientbased moisturizer as part of a complete advanced skin care system, and prove that the previous products containing surfactants and petroleum-derived ingredients were contributing to these rates.

# Methodology

The protocol began with Remedy Cleansing Body Lotion, followed by Skin Repair Cream. If a barrier was necessary, Nutrashield was implemented. 100 residents were involved in this study.

## Results

After 6 months of using Remedy, only 2 skin tears had been reported, versus 180 skin tears reported during the time period when the facility used a competitor's skin care system. When evaluated with the added expense of wound care treatment, weekly savings were estimated at \$9.37 per resident, nearly \$50,000 per year.

## **Impact**

Choosing the Remedy advanced skin care system is fiscally responsible considering not only the overall costs but also avoiding potential citations from surveyors for nosocomialacquired skin tears.



GM, Day 1



After only 13 days of advanced skin care treatment with Olivamine-containing products

# Cost analysis

The following tables represent national average costs for the facility's previous skin care regime, including skin tear treatment twice per week and the study regimen based on total body skin care.

Previous Skin Care (Daily)	Cost per application	Average cost of care per week
Aloe Vesta® 3-in-1 Cleansing Foam	\$ .19	\$1.33
Aloe Vesta Skin Conditioner	\$ .05	\$ .35
Sensi Care® Protective Barrier	\$ .21	\$1.47
	\$ .45	\$3.15
Current Skin Tear Treatment (2 times/week) Wound closure strips (2 per wound)	\$ .50	\$1.00
Transparent dressing	\$ .75	\$1.50
Dressing change (10 min), licensed nurse (\$20/hr)	\$3.33	\$6.66
	\$4.58	\$9.16
To	tal weekly cos	t

#### \$12.31

Study Skin Care (Daily)	Cost per application	Average cost of care per week
Remedy 4-in-1 Skin Cleansing Lotion	\$ .24	\$1.68
Remedy Skin Repair Cream	\$ .08	\$ .56
Remedy Nutrashield	\$ .10	\$ .70
	\$ .42	\$2.94

# Clinically Tested to be:

- Non-Cytotoxic
- Non-Allergenic
- Non-Sensitizing
  - Non-Irritating
- CHG Compatible
   Latex-Friendly

<sup>\*</sup> Adapted from the original study

# Remedy Dimethicone Skin Protectant

Designed as a moisturizer and light moisture barrier. Indicated to help relieve discomfort associated with light incontinence or diaper rash caused by urine and/or stool. Ideal for irritated (but not broken) skin.

#### **Breathable protection**

Remedy Dimethicone Skin Protectant provides a breathable barrier that protects against moisture and helps treat the effects associated with diaper rash. Also protects and helps relieve chapped or cracked skin.

## Protects against moisture loss

This product is equally intended for use as a long-lasting moisturizer. Remedy Dimethicone Skin Protectant helps protect the skin against damage related to dehydration and helps block e-TEWL.

## Other recommended products:

Begin the cleansing process with any Remedy cleansing product. Apply Remedy Dimethicone Skin Protectant to the area that needs protection.

If the skin is compromised, consider Remedy Nutrashield, Remedy Calazime® Protectant Paste or Clear-Aid Skin Protectant.



#### Uses

- Helps treat and prevent diaper rash caused by wetness, urine and/or stool.
- Temporarily protects and helps relieve chapped or cracked skin.

Active ingredient	Purpose
Dimethicone 5.0%	Skin Protectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, Cetyl Alcohol, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Diazolidinyl Urea, Glycerin, Glyceryl Stearate SE, Glycine, Helianthus Annuus Seed Oil, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl-L-cysteine, Niacinamide, PEG-8, PEG-100 Stearate, Propylene Glycol, Propylparaben, Pyridoxine HCI, Retinyl Palmitate, Rosa Canina Fruit Oil, Stearic Acid, Stearyl Alcohol, Tetrasodium EDTA, Tocopherol, Triethanolamine, Vanillin, Water, Zea Mays Oil

Item No.	Description	Pkg.
MSC094514	Dimethicone Skin Protectant, 4 oz. (118 mL)	12/cs
MSC094514H	Dimethicone Skin Protectant, 4 oz. (118 mL)	each
MSC094851UNSC	Unscented Dimethicone Skin Protectant, 4 oz. (118 mL)	12/cs

A Nursing and Rehabilitation Center Study: Quantified Value of Remedy Skin care Products and Remedy/Restore® Briefs in an At-Risk Resident Population for Pressure Ulcer and Incontinence-Associated Dermatitis

# Clinically Tested to be:

- Non-Cytotoxic
- · Non-Sensitizing
- Non-Irritating
- Non-Allergenic

# **Dermatologist Tested**



# **Background**

Pressure ulcers in nursing homes represent a significant problem for residents in terms of morbidity, pain and reduced quality of life.<sup>1-5</sup> They represent a major cost to the facility in terms of treatment, regulatory fines and potential litigation.<sup>6-9</sup>

# **Objective**

To quantify the reduction in pressure ulcer incidence, incontinence-acquired dermatitis and pressure ulcer costs at a long-term care facility when they use Remedy skincare products and the Remedy/Restore Briefs coated with Remedy Skin Repair Cream.

# Methodology

This was a retrospective cohort study based on the data collected by the staff. The Remedy skin care products used constituted a complete care system, encompassing cleansers, moisturizers, protectants and antifungal products when applicable.

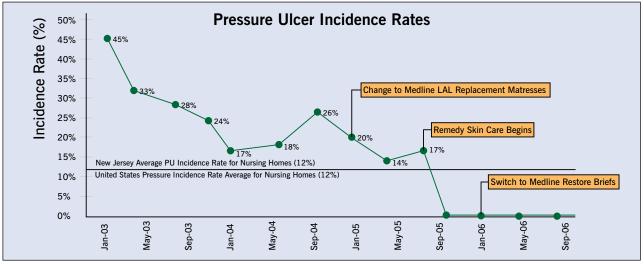
# **Findings**

Pressure-ulcer incidence dropped from 17% to 0%, where it has remained into 2008. The incidence rate for incontinence-associated dermatitis reduced from 30% to 0.04% during the study period. Savings are estimated at an average \$861.00 per resident at-risk for pressure ulcers over their length of stay in the nursing home. This considers all at-risk residents whether they acquire a pressure ulcer or not. Savings are produced from reduction in nosocomial pressure ulcers and incontinence-associated dermatitis treatment, including labor, medications and medical products.

# **Impact**

According to the study, "The main factor for pressure ulcer reduction in this evaluation was skin care using Remedy product therapy that highlights a silicone-based dermal nourishing emollient skin care regimen."

\* Adapted from the original study



#### References

- 1. Williams C. Pain in pressure sores. Community Nurse. 1997;2:27-28.
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# Remedy Nutrashield

For substantial skin protection against excessive transepidermal water loss (e-TEWL). Indicated for skin conditions associated with diaper rash caused by wetness, urine and/or stool. Protects and helps relieve chapped or cracked skin. Ideal for dry to denuded skin.

#### Invisible shield protects skin and relieves dryness

Nutrashield provides an effective, long-lasting moisture barrier against incontinent episodes while relieving dryness, abrasion or denuded skin. An advanced silicone system allows Nutrashield to last up to five washings, yet it remains semi-permeable and non-occlusive. This versatility is unique to silicones and not obtained by petrolatum-based barriers.

#### Protects against moisture loss

Nutrashield protects against e-TEWL by sealing in the moisture and creating a more favorable environment for healthy skin. Ideal for patients with very dry skin.

#### CHG and latex-friendly

Like Remedy Skin Repair Cream, Nutrashield is CHG and latex-friendly.

#### Safer in oxygen-rich environments

Comparative tests against petrolatum-based products show that Remedy products are significantly less prone to ignite in high oxygen environments.

#### Other recommended products:

Begin the cleansing process with any Remedy cleansing product. Apply Nutrashield as needed.



#### Uses

- Helps treat and prevent diaper rash caused from wetness, urine and/or stool.
- Temporarily protects and helps relieve chapped or cracked skin.

<b>Active ingredient</b>	Purpo	se
Dimethicone 1.0%.		rotectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, C12-C13 Pareth-3, C12-C13 Pareth-23, Carthamus Tinctorius Seed Oil, Cetyl Dimethicone, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Cyclopentasiloxane, Diazolidinyl Urea, Dimethiconol, Divinyldimethicone/Dimethicone Copolymer, Glycine, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl-L-cysteine, Niacinamide, Olea Europaea Fruit Oil, PEG-8, PEG/PPG-18/18 Dimethicone, Propylene Glycol, Propylparaben, Pyridoxine HCl, Retinyl Palmitate, Sodium Chloride, Tocopherol, Vanillin, Water, Zea Mays Oil.

Item No.	Description	Pkg.
MSC094532	Nutrashield, 2 oz. (59 mL)	24/cs
MSC094532H	Nutrashield, 2 oz. (59 mL)	each
MSC094534	Nutrashield, 4 oz. (118 mL)	12/ea
MSC094534H	Nutrashield, 4 oz. (118 mL)	each
MSC094534PACK	Nutrashield, (4 mL)	144/cs
MSC094853UNSC	Unscented Nutrashield, 4 oz. (118 mL)	12/ea
MSC094853UNSH	Unscented Nutrashield, 4 oz. (118 mL)	each

# Comparative Study of Medline Nutrashield For Wash-off Resistance

Prepared by Dow Corning Corporation. 2005.

# **Background**

Before the introduction of silicones, most moisture barriers consisted predominately of petrolatum and were occlusive. Occlusive products suppress barrier recovery and reduce the epidermal proliferative response to an abnormal stratum corneum barrier.<sup>1</sup>

# **Objectives**

- 1. To determine the wash-off resistance rates of Nutrashield, a semi-occlusive moisture barrier consisting of silicone blends.
- 2. To determine the moisture vapor transmission rates (MVTR) of the specific barrier, proving it prevents e-TEWL.

# Methodology

To determine wash-off resistance, the test area was cleansed, dried and a background spectrum collected. A 0.1 gram sample of Nutrashield and competitive barriers were then placed on the test area and rubbed in for 30 seconds. A spectrum was collected after drying. After 30 minutes, the test area was rinsed. Lather was applied and the test area rubbed lightly 15 times, then again rinsed, patted dry, and a spectrum collected. Every 30 minutes, a new wash cycle was repeated until 5 cycles were completed.

The MVTR test protocol was performed by treating collagen with Nutrashield. Each treated collagen sheet was then placed over a Fisher Payne Permeability Cup containing 3 grams of water. Each cup was then placed in a 37° Celsius oven and measured for weight loss over a 24-hour period.

### **Results**

- Medline Nutrashield outperformed all other products tested by surviving five wash cycles over a period of 3 hours.
- 2. Nutrashield greatly reduces moisture vapor loss by 65% as compared to the control.

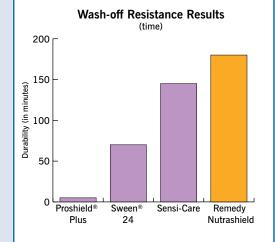
# **Impact**

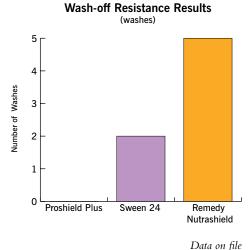
Nutrashield, a silicone-based barrier, proved to be an exceptional moisture barrier while remaining breathable. Occlusion of the skin helps to increase the risk of infection and may decrease the protection of the skin's normal pH, therefore it should be avoided if possible.

#### \* Adapted from the original study

#### Nutrashield offers long-lasting protection

Nutrashield stays in place for longer periods of time and doesn't need to be reapplied as often as other products.





### **Clinically Tested to be:**

- CHG Compatible
- Latex-Friendly
- Non-Cytotoxic
- · Non-Sensitizing
- · Non-Irritating
- Non-Allergenic

# **Dermatologist Tested**

1. Aly R, Shirley C, Cunico B, Maibach H, Effect of prolonged occlusion on the microbial flora, pH, carbon dioxide and transepidermal water loss on human skin. *J Invest Dermatol.* 1978;71:378-381.

# Remedy Calazime® Protectant Paste

Ideal for normal to broken-down skin and peristomal areas, including G-tube sites. For skin protection against moisture, itching and minor irritation. Indicated for the relief of discomfort associated with diaper rash caused by wetness, urine and/or stool and other macerated skin conditions.

#### Four active ingredients in one effective barrier cream

Zinc oxide-based barrier that protects against moisture and minor irritation. Menthol cools irritated skin and helps calm inflamed tissue. Calazime also helps absorb light exudate from compromised skin.

#### Easy to apply

Contains rich emollients (cold-pressed sunflower seed oil and natural olive oil) to easily spread the product onto the skin and the purest grade of U.S.P. Standardized White Petrolatum.

## Higher viscosity, greater economy

Calazime has a higher viscosity (thickness) than other skin pastes. When combined with micronized zinc oxide, less product is needed to achieve the same barrier coverage, offering a savings in supply costs.

## Other recommended products:

Begin the cleansing process with any Remedy cleansing product. Apply Calazime Protectant Paste as needed.



#### Uses

- Helps treat and prevent diaper rash.
- Protects from minor skin irritation associated with diaper rash caused from wetness, urine and/or stool.

Active ingredients	Purpose
Calamine 3.5%	Protectant
Menthol 0.2%	.Analgesic
White Petrolatum 69%	Protectant
Zinc Oxide 16.5%	Protectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, Carthamus Tinctorius (Safflower) Seed Oil, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Glycine, Helianthus Annuus (Sunflower) Seed Oil, Hydroxytyrosol, I-proline, I-taurine, Methylparaben, Modified Corn Starch, Methylsulfonylmethane, N-acetyl-I-cysteine, Niacinamide, Olea Europaea (Olive) Fruit Oil, PEG-8, Pyroxidine Hydrochloride, Retinyl Palmitate, Tapioca Starch Polymethylsilsesquioxane, Tocopherol, Vanillin, Zea Mays (Corn) Oil

Item No.	Description	Pkg.
MSC094544	Calazime, 4 oz. (113 g)	12/ea
MSC094544H	Calazime, 4 oz. (113 g)	each
MSC094544PACK	Calazime, 4 g	144/cs

# Use of Skin Protectant Containing Zinc Oxide on a Patient with Venous Dermatitis on Lower Limbs

Valeros B. Presented at The Symposium on Advanced Wound Care, San Diego, CA. 2005.

# **Background**

Denuded, damaged skin is often a problem with individuals having poor peripheral circulation.

# **Objective**

To evaluate a new advanced skin protectant that offered endermic nutrition in addition to superior barrier properties.

# Methodology

Remedy Calazime Skin Protectant was applied 3 times per week to one patient under multi-layer compression bandages. This continued until the study concluded 3 weeks later.

# **Results**

Within one week, a dramatic improvement in the appearance of the skin and a noticeable decrease in the degree of erythema to the lower extremities was noted. The patient expressed relief from pain and discomfort. The skin was clear within three weeks.

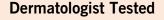
## **Impact**

Results suggest that Remedy Calazime Protectant Paste may be useful in the relief of symptoms of denuded skin.

\* Adapted from the original study

# Clinically Tested to be:

- CHG Compatible
- · Non-Sensitizing
- Non-Irritating
- Non-Allergenic





Right leg



Bilateral lower extremities



At week one after initiation of skin protectant product



At week two after initiation of skin protectant product



At week three after initiation of skin protectant product

# Remedy Clear-Aid Skin Protectant

Clear protective moisture barrier that adheres to wet, macerated skin and allows for easy monitoring. Recommended for use in perineal area and lower extremities to protect against minor skin irritation and dryness.

An invisible ointment that shields the skin against excessive moisture from incontinence or wound drainage. Clear-Aid Skin Protectant is a protective moisture barrier, with the ability to help wick excessive moisture away from the skin. Although its primary ingredient is white petrolatum, this ointment also delivers natural oils necessary to maintain healthy skin.

#### Replaces several moisture barrier products

With Clear-Aid, you may not need additional skin protectants to address dry and wet skin. This product can be used on any type of skin, from reddened to denuded or macerated skin.

#### Easy to apply and remove

Clear-Aid contains safflower seed oil, which helps ease spreading and removal. Skin dragging is minimized. It is ideal for daily use.

#### Other recommended products:

Use a Remedy Cleanser, such as the foaming cleanser or cleansing lotion, then apply Remedy Clear-Aid Skin Protectant.



#### Uses

 Helps treat and prevent diaper rash. Protects from minor irritation associated with diaper rash caused from wetness, urine and/or stool.

Active ingredient	Purpose
White Petrolatum 50%	Skin Protectant

#### **Inactive Ingredients**

Aloe Barbadensis Leaf Juice, Ascorbic Acid, Ascorbyl Palmitate, Butylparaben, Carthamus Tinctorius Seed Oil, Cellulose Gum, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Glycerine, Hydroxytyrosol, Isobutylparaben, Isopropylparaben, L-proline, L-taurine, Methylsulfonylmethane, Microcrystalline Wax, N-acetyl-cysteine, Niacinamide, Olea Europaea Fruit Oil, PEG-8, Pyridoxine HCl, Retinyl Palmitate, Tocopherol, Vanillin, Zea Mays Oil.

Item No.	Description	Pkg.
MSC094502	Clear-Aid, 2.5 oz. (71 g)	12/cs
MSC094502H	Clear-Aid, 2.5 oz. (71 g)	each

Anatomy, Physiology and Homeostasis of the Skin/The Concept of Nourishment of the Skin to Enhance the Function and Restoration of Damaged, Impaired Skin.

Fore-Pfliger J. Presented at the Clinical Symposium on Advances in Skin and Wound Care, Phoenix, AZ. 2004

# **Background**

The beginning of a wound is disruption of the stratum corneum of the epidermis. Through the use of nourishing topical agents such as Olivamine, the skin can be conditioned and restored to full function, enabling the skin to be the very effective barrier it is meant to be. A healthy epidermis is flexible yet strong, able to fight off invading organisms, and able to recover and heal after inflammatory and mechanical insults.

# **Objective**

To determine if the Remedy Skin Care System contains the optimum blend of nutrients to help achieve homeostasis of the skin.

# Methodology

After assessment of 4 patients, individualized skin care regimens using Remedy products were developed to address their conditions, including dry and scaly skin (2), skin complications associated with diabetes and recurrent ulcers.

# **Findings**

By adding an active ingredient that nourishes and enhances the skin's condition, we have seen a dramatic improvement. Since the fully functioning and mature epithelium is our ultimate defense, we have found a way to help protect to this important organic source.

\* Adapted from the original study

## Clinically Tested to be:

- CHG Compatible
- Non-Sensitizing
- Non-Irritating
- Non-Allergenic

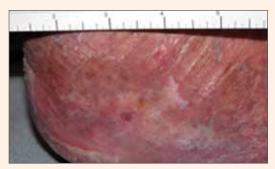
## **Dermatologist Tested**

# What Factors Are Essential to Healthy Skin Development, Maintenance and Repair?

- 1. Adequate building blocks (nutrients) for production of the skin.
- 2. Optimal conditions for orderly maturation of the epidermis.
- 3. A healthy dermis to support the epidermal function.

# How Can We Nourish, Repair and Protect the Body's Largest Organ?

Products that are placed on the skin should moisturize and condition to improve the barrier function of the epidermis. The skin needs topical maintenance, at all times, particularly in times of distress.



6-4-04 Introduced Olivamine-containing products to moisturize and protect the skin.



8-25-04 With the skin care regimen, the skin condition is improved.

# Remedy Antifungal Cream

Remedy Antifungal Cream helps treat fungal infections while delivering nutrients to the skin. Indicated for all common fungal infections.

#### Effective treatment for fungal infections

Remedy Antifungal Cream helps treat the most common fungal infections including candida albicans, tinea pedis (athlete's foot), tinea cruris (jock itch) and tinea corporis (ringworm of the body). Helps relieve itching, burning and irritation.

## Antifungal treatment offers soothing effects

Remedy combines the treatment of fungal infections with the soothing benefits of aloe vera and Olivamine.

### Other recommended products:

Begin the cleansing process with any Remedy cleansing product. Apply the antifungal product as needed. The cream is recommended where sealing out moisture is important, such as in the perineal area.



#### Uses

- For the treatment of superficial skin infections caused by Candida albicans (yeast).
- For the treatment of most tinea pedis (athlete's foot), tinea cruris (jock itch), tinea corporis (ringworm).
- Relieves itching, scaling, cracking, burning, redness, soreness, irritation, discomfort and chafing associated with most common fungal infections.

Active ingredient	Purpose
Miconazole Nitrate 2.0%	Antifungal

#### **Inactive Ingredients**

Acrylamide/Ammonium Acrylate Copolymer, Aloe Barbadensis Leaf Juice, Apricot Kernel Oil PEG-6 Esters, Ascorbic Acid, Ascorbyl Palmitate, Cetyl Dimethicone, Cholecalciferol, Citric Acid, Citrus Aurantium Dulcis Peel Oil, Citrus Grandis Peel Oil, Citrus Tangerina Peel Oil, Diazolidinyl Urea, Glycine, Glycine Soja Oil, Glycol Stearate, Hydroxytyrosol, L-proline, L-taurine, Methylparaben, Methylsulfonylmethane, N-acetyl-L-cysteine, Niacinamide, Olea Europaea Fruit Oil, PEG-6 Stearate, PEG-8, PEG-32 Stearate, Polyisobutene, Polysorbate-20, Propanediol, Propylene Glycol, Propylparaben, Pyridoxine HCl, Retinyl Palmitate, Silica, Tocopherol, Triethanolamine, Vanillin, Water, Zea Mays Oil.

Item No.	Description	Pkg.
MSC094604	Antifungal Cream, 4 oz. (118 mL)	12/ea
MSC094604H	Antifungal Cream, 4 oz. (118 mL)	each

# I real

# The Use of an Antifungal Cream with Olivamine in the Treatment of Cutaneous Candidiasis in Bariatric Patients.

Strilko B, Barna A. Presented at the 39th Annual Conference of the WOCN, Salt Lake City, Utah. 2007.

# **Background**

Cutaneous Candidiasis is an infection of the skin caused by the fungus Candida. It may involve any skin surface on the body, but usually occurs in warm, moist creased areas, such as the armpit, groin and skin folds. Symptoms of a candida infection may include itching, painful skin lesions/ulcerations, odor and rash. The rash may appear as erythema or inflammation with enlarged macules or papules. Satellite lesions are typically present.

# **Objective**

To evaluate Remedy Antifungal Cream on bariatric patients with clinically diagnosed Cutaneous Candida and document the improvement of their overall skin health.

# Methodology

Five morbidly obese patients were treated in a hospital setting for approximately one week. Criteria assessed included fungal growth, pruritus, erythema/inflammation, skin ulcerations, pain and odor control. Remedy Antifungal Cream was applied to the affected skin of the patients on an as-needed basis. The skin was monitored daily for a week by the researchers.

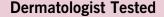
### Results

It was observed that each of the patients studied had resolution of the infection over the course of the study. In addition, quality of life indicators studied improved for each patient. No adverse events related to the use of the products were observed.

\* Adapted from the original study

# Clinically Tested to be:

- Non-Sensitizing
- Non-Irritating
- Non-Allergenic





LH 1-29-07



LH 2-5-07



JM 1-10-07



JM 1-18-07