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User Guide

MDS86850E
MDS86850EB
Rollator

Revised: May 06, 2009

Safety Instructions

To ensure your safety in using the Medline rollator, the following safety information and all instructions must be followed.

- **DO NOT** use this product without first reading and understanding the instructions contained in this booklet. If you are unable to understand the warnings, cautions, or instructions, contact a healthcare professional, dealer, or technical personnel before use—otherwise serious bodily injury and damage may occur.
- Consult with your doctor, physical, or occupational therapist or other qualified professional to assure the proper height adjustment.
- Rollators are for individual use only and are **NOT** to be used as a wheelchair.
- **DO NOT** attempt to move the rollator while you or anyone is sitting on the seat.
- **DO NOT** self-propel the rollator while seated.
- Serious injury to you and/or damage to the rollator walker frame or wheels may result from improper use.
- **DO NOT** use the seat to transport people or objects. **DO NOT** use the seat to carry or move anything.
- **DO NOT** sit on the rollator while it is being loaded into a vehicle or while it is being transported in a vehicle.
- **DO NOT** exceed the maximum weight capacity (including bag contents) or serious injury could result: **Maximum weight capacity: 250 lbs (113 kg)**
- Before each use make sure the rollator frame is fully opened.
- Check the brakes for proper operation. Make sure that all parts are secure and that moving parts are in good working order. Wheels should roll and not wobble.
- All wheels must be in contact with the floor and/or ground at **ALL TIMES**. This will ensure the rollator is properly balanced.
- The brakes **MUST** be in the locked position **BEFORE** sitting on the seat.
- **DO NOT** sit on the seat when the rollator is on an incline.
- **DO NOT** use the rollator to walk backwards, down gradients or to climb stairs, curbs, or to go over obstacles. Serious risk of fall or injury may occur.
- **DO NOT** perform any adjustments to the rollator while it is in use.
- Only use accessories and spare parts authorized by Medline Industries, Inc.
- **DO NOT** push rollator while brakes are enabled. Brakes are used to keep the wheels from rolling. But it may not prevent the rollator from moving if it is pushed.
- **DO NOT** use the rollator to provide assistance while rising from a lower position. If you use it to pull yourself up to a standing position, the rollator may move even if the brakes are in the locked position and this could result in a fall.
- Inspect the handle bar grips prior to use. Assure the plastic parts are still functional if they are exposed to extreme temperatures (above 100°F or below 32°F) high humidity and/or become wet. **DO NOT** twist hand grips as they are not meant to be twisted. Failure to do this could result in a fall.
- **DO NOT** hang anything from the frame of the rolling walker other than the basket included or the tote bag accessory. The basket has a weight limitation of 11 lbs (5 kg). The tote bag has a weight limitation of 10 lbs (4.5 kg). Items should be placed completely in the basket or tote bag and should not protrude. This may cause the rollator to tip, resulting in bodily injury or rollator damage.
- The backrest is intended to provide back support as you sit on the seat. The backrest is not intended to support full weight. Avoid leaning while sitting as this may result in fall.
- **DO NOT** use the rollator as a wheelchair.

Assembly Instructions

Note: You may wish to request a set up and operating demonstration with your local Medical Equipment provider or pharmacy.



Rollator Components

- 1 Rollator frame
- 1 Backrest with push-buttons
- 2 Handlebars
- 2 Knob screws
- 1 Basket with handle

Assembled Rollator

- A. Handgrips
- B. Adjustable Handlebars
- C. Knob Screw
- D. Padded Backrest
- E. Backrest Push Buttons
- F. Padded Seat
- G. Brake Lock
- H. Brake Cables
- I. Folding Bracket
- J. 6" (15.24 cm) Front Wheels
- K. 6" (15.24 cm) Back Wheels

Figure 1: Assembled Rollator

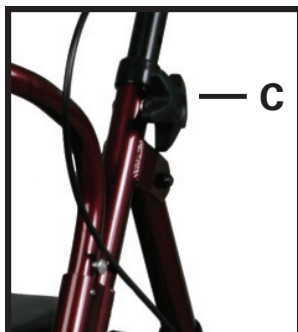


Figure 2:
Knob Screw

Assembly Instructions

1. Carefully remove the Rollator components from the shipping carton. Refer to diagram **(Figure 1)** as needed.
2. Examine all parts for shipping damage. **DO NOT** use the rollator if there is apparent damage or if any parts (other than the basket) are missing. If there are missing or damaged parts, please call Medline Customer Care toll free at 1-800-MEDLINE.
3. Check all of the wheels to see that they are in good working order and roll freely. Remove plastic cover from wheels before use.
4. Unfold the Medline Rollator by pushing down on the Folding Bracket (I) until the Frame is in full extension.
5. Insert the handlebars (B) so that the handgrips (A) are aligned with the rear wheels. The brake cables should be on the outside of the handlebars and frame. Ensure excess brake cable loops out the front of the Rollator.
6. Adjust the height of the handlebars (B) for proper fit. To determine proper height, stand upright behind the rollator with shoulders relaxed, arms hanging at your side and eyes looking straight ahead. Standing in this position, the handgrips (A) of the rollator should be adjusted to a height even with the wrists. This will position the arms at an approximate 20° to 30° bend when using the rollator. Secure the handlebars at the closest hold to the desired height. Insert and tighten the star hand screws until secure. **See Figure 2. (Important: Hand Tighten Only!)**
7. Insert the padded backrest (D) so that the padded portion faces the front of the unit. Push down until push buttons snap into place.
8. Place the basket under the seat.

Operating Instructions

Opening the Rollator

Hold one handlebar and push down on the seat (F) until all four wheels are extended out and the seat is completely flat. Before using the rollator make sure that all four wheels make contact with the floor and the rollator is stable in the open position.

Folding the Rollator

Pull up the padded seat and remove the basket.

Pull up on the strap under the seat until the rollator closes.

Note: For more compact storage remove the backrest.

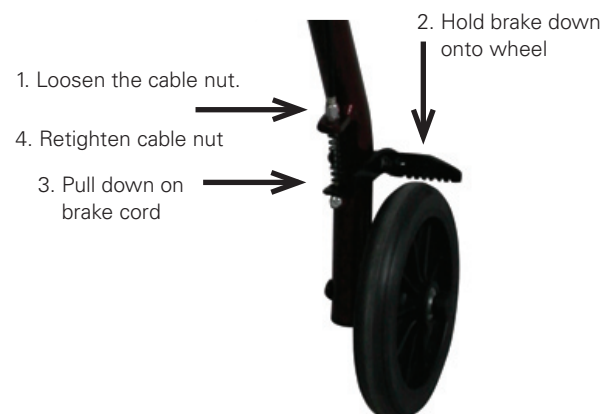
Checking the Brakes

- Before each use, check to make sure the brakes are working properly.
- Pulling **up** on the brake handles locks the wheels momentarily.
- Pushing **down** on the brake handles will lock the wheels in place.



Adjusting the Brakes

1. Loosen the cable nut.
2. While holding the brake to the wheel,
3. Pull down on the brake cable to lengthen the brake cord.
4. Retighten the nut. Retest and repeat as necessary for good brake function.



Caution: After making any adjustments to the rollator brakes, you must test the brakes before the rollator is used. See Maintenance instructions.

Operating Instructions

To Operate the Brakes:

- To slow down, squeeze the brake handles up.
- To lock the brakes, push down on the brake handles until you feel or hear the brakes click into locked position. If the brakes have been adjusted but the rear wheels on the rollator move while the brakes are in the locked position, **DO NOT** use the rollator.
- To release the brakes from the locked position, simply pull up on the brake handles.

To use the Rollator as a Walker:

For proper positioning and use of your rollator, imagine a line drawn across the back of the rear wheels. Part of one foot should be slightly ahead of that line as you walk.

To Use the Rollator as a Seat:

- Push the rollator into the position where you want to sit
- **LOCK** the brakes **BEFORE** sitting.

Safety Warnings: Also See Instructions

Before using the seat portion of your rollator, **ALWAYS** lock the brakes **FIRST**. **DO NOT** navigate the rollator while sitting on the seat. The brakes should always be locked when the seat is being used. Risk of fall and serious injury may result if brakes are **NOT** locked while the user is sitting on the seat.

- **DO NOT** use the seat without the backrest. Falls are possible if the user leans or slides backwards on the seat.
- **DO NOT** sit on the walker if the ground is sloped or uneven.
- **DO NOT** exceed the following weight limits or serious injury could result: Handles 200 lbs (91 kg); Seat 250 lbs (113 kg).
- **DO NOT** use the rollator as a wheelchair.

Maintenance

Your Medline rollator should be checked periodically to ensure the brakes are functioning properly and that all nuts and bolts are secure.

Periodically test the brakes by both walking and squeezing the brakes and by stopping, pushing down on the brakes to a locked position, and then trying to push the walker. If the brakes do not lock the wheels, the brakes need to be adjusted. If adjustment does not tighten the brakes, **DO NOT** use the rollator.

Keep your receipt!

Lifetime Limited Warranty

Your Medline rollator frame is warranted to be free of defects in material and workmanship for a lifetime for the original consumer. This device was built to precise standards and carefully inspected prior to shipment. This Lifetime Limited Warranty is an expression of our confidence in the material and workmanship of our products and assures years of convenient, dependable service. In the event of a defect covered by this warranty, we will, at our option, repair or replace the device.

This warranty does not cover device failure due to owner misuse, negligence, or normal wear and tear. The warranty does not extend to non-durable components such as plastic accessories, brakes and grips, which are subject to normal wear and replacement. Non-durable components are warranted for 6 months. This warranty gives you specific legal rights, and you may have other rights, which vary from state to state.

