

PREMIUM "GEL" HEEL PILLOW

The Posey Premium "Gel" Heel Pillow is a machine washable, multi-purpose Heel Pillow that is ideal for individuals in acute care, long-term care and homecare settings. It can be used to help treat a variety of heel and foot problems, including skin irritation, heel ulcers and foot drop.



REF 6118 Premium "Gel" Heel Pillow
REF 6118GP Replacement Gel Pads

FEATURES:

- Soft, non-shear polyester fabric offers a comfortable fit and protects the foot, ankle and calf from skin irritation.
- Removable gel pad fits underneath the calf for hot/cold therapy applications.
- Hollow core micro-fiber filling retains its resiliency even after repeated washings and will not bottom out.
- Open Heel cutout ensures heel isolation and promotes air circulation.
- Ankle and calf straps can be adjusted for different sized patients.
- Padded foot support and adjustment side straps help control foot drop.
- Interchangeable - can be used on either foot.
- Meets CA 117, Section E for flame retardancy.

MONITORING

⚠ WARNING Be sure to follow your facility's policies and guidelines for frequency of patient monitoring. Posey recommends that this product be removed at least every two (2) hours to check for skin integrity, proper circulation and range of motion.

INSPECTION

⚠ WARNING Inspect before each use: check for broken stitches or parts; torn, cut or frayed material or guides. DO NOT use soiled or damaged products.

APPLICATION INSTRUCTIONS:

⚠ WARNING DO NOT walk while wearing this product!

1. Release all hook and loop closures.
2. Place the patient's foot into the "Gel" Heel Pillow so that the heel is suspended over the opening.
3. Attach the calf and ankle strap to the opposing side (Fig. 1). The straps should be applied securely to ensure the "Gel" Heel Pillow cannot be easily removed from the patient's lower leg. Place fingers through the heel opening to ensure that the heel is properly isolated (Fig. 2).
4. Ensure that the foot drop straps are threaded through the white tabs and adjust to the desired degree of control (Fig. 3).

NOTE: The Premium "Gel" Heel Pillow can be used with and without the gel pad (Fig. 4). One pad is included with each Pillow. Additional pads can be ordered separately.

HEATING AND COOLING OF THE GEL PAD

Heating: Place the gel pad in a container of water to raise its temperature to the desired level. Before applying, knead the pad to ensure uniform heat distribution. DO NOT heat in a microwave!

⚠ CAUTION The gel material will continue to warm up before reaching its final temperature. Check temperature to avoid burning skin before using. Repeat if necessary.

⚠ WARNING DO NOT OVERHEAT!

Cooling: Place the pad in a freezer for 30 mins. Before applying, knead the pad to ensure uniform temperature distribution.

Longer exposure in a freezer may be required depending on desired temperature. The gel pad can freeze solid after 2 hours depending on the freezer.



Fig. 1



Fig. 2



Fig. 3



Fig. 4

DISPOSAL

⚠ WARNING Properly dispose of the product per facility's policy for BIOHAZARDOUS materials.

STORAGE AND HANDLING

This device is designed for use in normal indoor environments. This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

LAUNDERING INSTRUCTIONS:

1. Secure all straps before laundering.
2. Remove gel pad from Heel Pillow.

