

## VERTALOC® LITE WRIST BRACE

THE VERTALOC® LITE WRIST BRACE WAS DESIGNED TO BRING STABILITY AND SUPPORT TO YOUR INJURED WRIST AND HAND WITHOUT SACRIFICING COMFORT. IT HOLDS THE WRIST IN AN OPTIMAL POSITION TO ENCOURAGE HEALING AND ALLEVIATE PAIN.

BREATHABLE & LIGHTWEIGHT FABRIC

CUSTOM FIT

FAST RELIEF

STABILITY & COMFORT



REVERSIBLE FOR RIGHT OR LEFT HAND

### Intended Use:

- ✓ Wrist Injuries
- ✓ Muscle strains or sprains
- ✓ Carpal tunnel syndrome
- ✓ Postoperative utilization
- ✓ Post-cast immobilization
- ✓ Rheumatoid arthritis



VARIETY OF SIZES TO FIT YOUR NEEDS

### What Causes Wrist Pain?

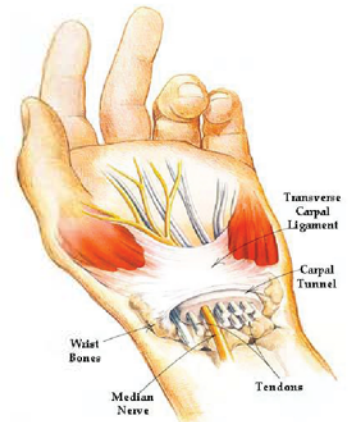
Wrist pain is common. Your wrist is a complex of eight bones arranged in two rows between the bones in the forearm and the bones in the hand. The bands of ligament connect your wrist bones to each other. Tendons attach muscles to bones. Damage to any part of the wrist can cause pain and affect ability to use the wrist and hand. The most common causes for wrist pain are Injuries, Osteoarthritis, Rheumatoid Arthritis, Carpal Tunnel Syndrome, Ganglion Cyst, Pinched Nerves, Kienbock's Disease, Aging, Repetitive Work and more.

### Common Treatment Options:

**Immobilization** is the most common way to treat strains, sprains, breaks, fractures, and carpal tunnel. A wrist brace is used to stop the wrist from moving around. This allows time for the wrist to heal properly and helps you feel better in the long run .

**Medications** – while medications won't heal the injury or problem, they may reduce or temporarily alleviate pain.

**Physical Therapy** can promote proper healing and relieve some pain in the wrist area.



OUR BREATHABLE, LIGHTWEIGHT AND EASY TO ADJUST WRIST BRACE WILL HELP YOU TO BE ACTIVE AGAIN.

