



Core Products
INTERNATIONAL, INC.

800-365-3047 | www.coreproducts.com

THERAPEUTICA® SLEEPING PILLOW

- Helps restore the natural curve of the neck
- Reduces symptoms of neck pain and stiffness
- Soft, breathable, zip open cover is included
- Contoured head rest keeps head and neck level
- Head cradle provides support and comfort

Therapeutica
by **Core Products**
INTERNATIONAL, INC.

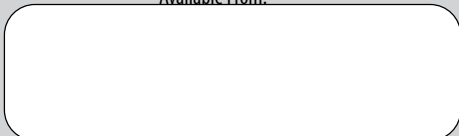
ON YOUR BACK

Unique design supports the upper thoracic spine, cervical spine, and head to increase comfort and reduce pain. It's the most comfortable foam pillow for back sleeping!

ON YOUR SIDE

Raised side panels are contoured to fit comfortable around the shoulders while supporting the neck and head. It's the only foam pillow ergonomically designed for side sleeping!

Available From:



WHY CHOOSE THE THERAPEUTICA PILLOW?

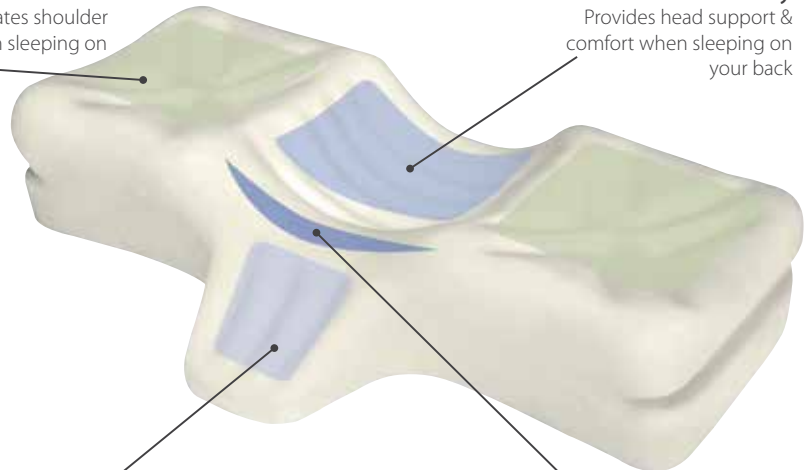
The Therapeutica Sleeping Pillow was created by an ergonomic designer, along with a doctor of chiropractic, for those who sleep best on their back or side. This nonallergenic foam pillow offers comfortable, yet firm, support to help restore the natural curve of the neck.

Raised Side Panel

Accommodates shoulder height when sleeping on your side

Center Cavity

Provides head support & comfort when sleeping on your back



Wedge Extension

Supports thoracic spine when sleeping on your back

Cervical Contour

Helps maintain the natural curve of your neck


MOLDED FOAM

The unique nontoxic, nonallergenic, molded foam design includes three distinct areas to help reduce neck pain and stiffness. The gentle incline of the wedge extension supports the upper spine, the firm, cervical contour supports the neck, and the contoured head rest, with airflow channels, helps keep the head level.

CPAP USERS

The unique shaped pillow will benefit CPAP users who sleep on their side. The raised side panels and defined edge help position the head, allowing the mask and hose to drape over the edge of the pillow, making the mask more comfortable while reducing mask leaks and sore spots.

THERAPEUTICA® SLEEPING PILLOW



Therapeutica
Sleeping Pillow
by Core Products

Pillow Size Measuring System
Bony Prominence at the Shoulder

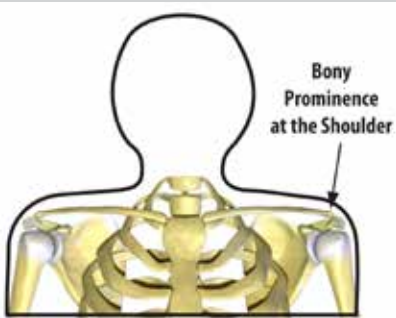
Measure from the base of the neck to the outside tip of the bony prominence at the shoulder.

NOTE: Ignore any muscle mass beyond the bony prominence. Choose one size smaller if you measure between two sizes or sleep on a soft surface such as memory foam or pillow-top mattress.

PETITE
Adult
Shoulder Length

AVERAGE
Adult
Shoulder Length

LARGE
Adult
Shoulder Length



HOW TO MEASURE

To properly measure yourself for our Sleeping Pillows, use our exclusive measuring guide.

A full size, printable version is available at: <https://www.coreproducts.com/therapeutica-sizing-guide> or a ruler can also be used to take shoulder measurements.

Pillow Size	Shoulder Length
Petite	4¼" - 5¼"
Average	5¼" - 6¼"
Large	6¼" - 7¼"
Extra Large	7¼" - Plus

Hold the ruler level and measure from the base of the neck to the outside tip of the bony prominence at the shoulder. NOTE: ignore any muscle mass beyond the bony prominence. Choose one size smaller if you measure between two sizes or sleep on a soft surface such as memory foam or pillow-top mattress.

SIZING IS IMPORTANT

Proper spinal alignment is key to healthy sleeping. Selecting a properly sized pillow that accommodates shoulder length will increase comfort while sleeping!

Looking at the pictures to the right, it is easy to see how the spine will twist or tilt into positions that can be uncomfortable and hinder a restful sleep if sleeping on the wrong size pillow.



SPECIFICATIONS

Product Selection	Product Weight	Case Dimensions	Case Weight	Case Quantity
FOM-130-PET, Petite	3 lbs	24" x 15" x 24"	16 lbs	6
FOM-130-AVG, Average	3.2 lbs	24" x 15" x 24"	19 lbs	6
FOM-130-LRG, Large	3.8 lbs	24" x 14" x 27"	15 lbs	4
FOM-130-1XL, XLarge	4.4 lbs	24" x 14" x 27"	17 lbs	4
Travel Size				
FOM-131-PET, Petite	2 lbs	29" x 14" x 16"	9 lbs	5
FOM-131-AVG, Average	2 lbs	29" x 14" x 16"	10 lbs	5

