

User Instruction Manual

Joerns® Up

To avoid injury, read user manual prior to use. Always refer to Joerns.com for latest revision.

Manuel de l'utilisateur

Joerns® Up

Afin d'éviter tout accident, veuillez lire attentivement la notice avant utilisation. Reportez-vous toujours à Joerns.com pour la dernière révision.

Manual de Instrucciones

Joerns® Up

Para evitar posibles daños, lea previamente el manual de usuario. Consulte siempre Joerns.com para obtener la última revisión.



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1. Introduction

The Joerns Up is an assistive standing and transfer device, designed for moving a person over short distances. This might be from bed to chair, chair to wheelchair or to and from a toilet/commode, for example. The Up has a compact footprint, enabling effective use, even in confined spaces.

The packing consists of a strong, purpose built carton that is used for both export and domestic markets to ensure the safe arrival of the product.

To properly maintain your product please refer to the maintenance schedule included in this document. If you are at all unsure what your country's servicing requirements are, please check with your authorized distributor and/or a local government agency.

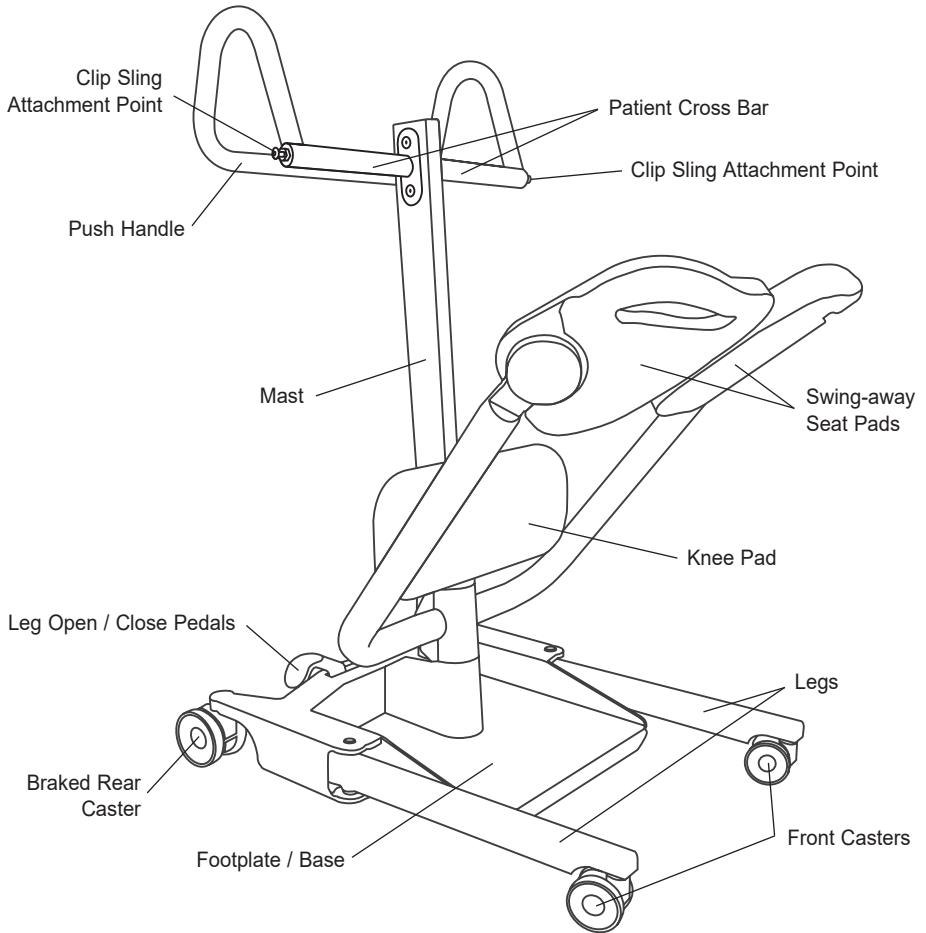
Statement of Intended Use

The Joerns Up is intended for use by an individual who has the ability to stand unassisted or with minimal assistance. It will enable their transfer from one resting surface to another, such as from a bed to a chair. It is an active product for users who can contribute effort to the standing and transfer process. By encouraging user participation, the Up can be a valuable rehabilitation aid, improving natural function and tone. The Up is designed for indoor use and for transfers on flat surfaces, over short distances only.

Expected Service Life

Joerns Professional products are designed and tested for a minimum service life of ten (10) years, subject to the use and maintenance procedures stated in this manual. Use, other than in accordance with these instructions, may compromise service life.

The Joerns Up Stand Aid



2. Assembly & Commissioning Instructions

Carton Contents

⚠ WARNING

The Joerns Up components will need to be lifted with care. You may need assistance to lift the components from the carton and during assembly.

Place the carton in a clear working area and open carefully.

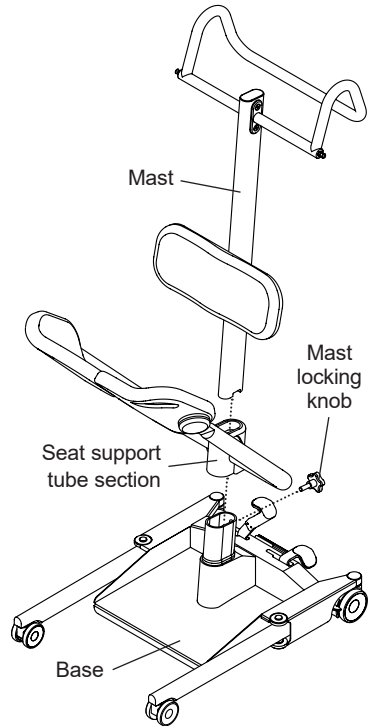
The carton contains:

- Joerns Up (Disassembled)
 - 1 x Base
 - 1 x Seat support tube section
 - 1 x Mast
 - 1 x Mast locking knob
- User Guide (This document)

Preparation for Use (Assembly)

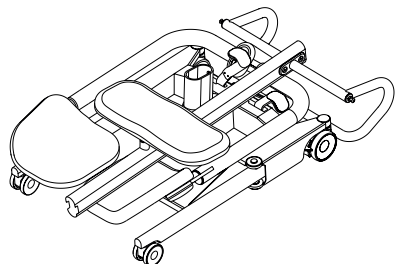
The Joerns Up requires some assembly once removed from its packaging, as follows:

1. Place the base (casters down) onto a flat surface and apply both rear caster brakes.
2. Insert the seat support tube section over the base spigot, ensuring full and positive engagement.
3. Fully insert the mast in through the top of the seat support tube section locating hole, ensuring the mast engagement line (decal) sits flush with the top edge.
4. Insert the mast locking knob through the hole on the back of the seat support tube section, turning clockwise until it is hand tight.
5. Check and verify secure fitment of all components and ensure you are aware of all safety and operating guidance within this manual, prior to use.



Disassembly

The Joerns Up can be disassembled for storage and transportation by reversing steps 2 - 4, above. Take care to retain the mast locking knob for reassembly.



3. Safety Precautions

Please read and follow the safety precautions listed below. The operation and use of Joerns products is simple and straightforward. Following these few basic safety precautions will make transfer operations easy and trouble free.

READ AND UNDERSTAND THE USER INSTRUCTIONS BEFORE USING YOUR UP.

WARNING: Important safety information for hazards that might cause serious injury.

CAUTION: Information for preventing damage to the product.

NOTE: Information to which you should pay special attention.

WARNING

- **ALWAYS** carry out a full and thorough risk assessment prior to using the Up.
- In order to use the Up safely, the patient must display the following abilities:
 - Support their own body weight while standing
 - Maintain balance for an extended period while standing (with support)
 - A firm grip in order to grasp the frame handles for support and stability
 - Ability to understand and carry out instruction
- The Up is intended for short transfers on flat/even floors.
- **ALWAYS** plan your transfer operations before commencing.
- **ALWAYS** carry out the DAILY CHECK LIST before using this product.
- **ALWAYS** familiarize yourself with the operating devices and safety features of this product before use.
- **DO NOT** use a sling or belt unless it is recommended for use with the device.
- **ALWAYS** check the sling/belt is suitable for the particular patient and is of the correct size and capacity.
- **NEVER** use a sling/belt which is frayed or damaged.
- **ALWAYS** fit a sling/belt according to the user instructions provided.
- **ALWAYS** check the safe working load of the product(s) is/are suitable for the weight of the patient.
- **ALWAYS** carry out transfers according to the instructions in the user manual.
- **NEVER** attempt to bypass a safety feature because it seems easier to operate the product.
- **NEVER** force an operating or safety device. All devices are easy to use and do not require excessive force to operate. If a device is not working easily there will be a reason. Forcing will only strain or damage the product and may compromise safety.
- To avoid inadvertent contact with the rear braked casters during transfer, and possible injury, **ENSURE** the patient's feet are correctly positioned on the footplate.
- **ALWAYS** apply both brakes after positioning the Up into position in front of the patient prior to asking them to stand.
- When transferring to or from a wheeled/movable surface such as a commode, wheel chair or bed, ensure the brakes (of that device) are applied to avoid any inadvertent movement and ensure a safer, more stable transfer.

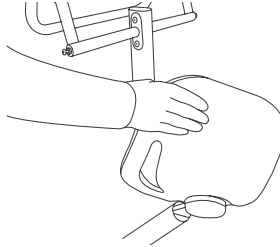
- **DO NOT** attempt to maneuver the device by pushing on the patient.
- **ALWAYS** maneuver the device using the handle provided. **DO NOT** attempt to apply side force to the base or frame of the device in order to maneuver.
- **DO NOT** push a loaded device at speeds exceeding a slow walking pace (3 kilometers/hour 0.8 meters/second).
- **DO NOT** push the device over wet surfaces, uneven or rough ground or surfaces littered with debris, particularly when loaded.
- **DO NOT** attempt to push or pull a loaded device over a floor obstruction of which the casters are unable to ride over easily.
- **DO NOT** bump the device down steps, loaded or unloaded.
- **DO NOT** attempt to negotiate a loaded device on a slope which exceeds 1:12 (approximately 5 degrees). Joerns Healthcare recommend a second helper is present when moving a patient on a slope.
- **DO NOT** park a loaded device on ANY sloping surface.
- **DO NOT** transfer a patient unless you are trained and competent to do so.
- Your device is for patient standing and transfers. **DO NOT** use it, or allow it to be used, for any other purpose.
- **DO NOT** use this product for self transfers; a patient must always be assisted by caregiver(s).
- **ENSURE** the caregiver(s) wear appropriate footwear when using this product.
- **JOERNS RECOMMENDS THE USE OF GENUINE JOERNS PARTS.** Joerns sling/belt and transfer products are designed to be compatible with one another. For country specific guidance on sling/belt use and compatibility, please refer to the sling/belt label or contact your local market distributor or Joerns Healthcare.

4. Operating Instructions

1. Swing-away Seat Pads

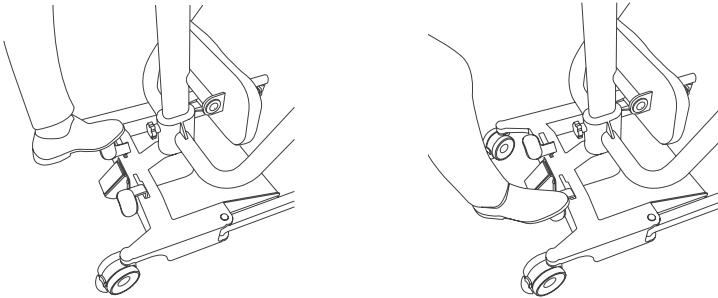
The seat pads are designed to swing-away allowing easy access for the patient when standing. There is an integrated handle on the back of each seat pad to facilitate this.

Once the patient is in position and standing, the seat pads can be returned to the seated position, allowing the patient to sit down.



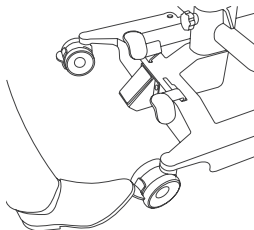
2. Opening & Closing the Legs

The legs of the Up can be opened and closed to allow easier positioning around furniture. To open the legs, push down the left hand pedal. To close, push down the right hand pedal.



3. Applying the Brakes

Each rear caster can be braked independently by pressing down firmly on the integrated brake pedal. To release the brakes, simply maneuver the pedal back up.



4. Approaching the Patient with the Joerns Up

The following guidance applies no matter what the surface you are transferring from, whether it be a chair, wheelchair, bed, toilet or commode.

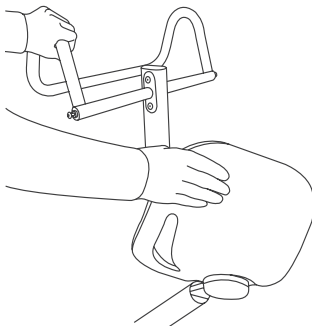
⚠ WARNING

ALWAYS carry out a full and thorough risk assessment prior to using the Up.

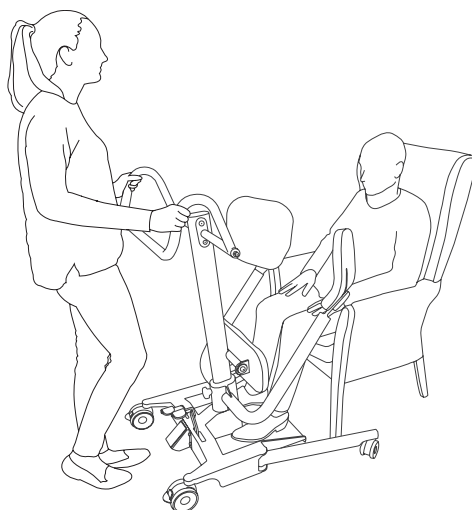
Maintain a dialogue with the patient, ensuring they understand what is happening and they are comfortable and at ease.

If a sling has been deemed necessary as part of the risk assessment, ensure you have the appropriate, compatible style and size.

Rotate the swing-away seat pads into the open position to allow patient access.



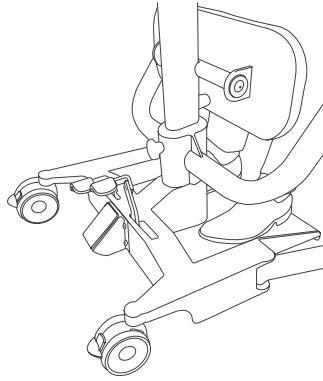
To gain improved access around large chairs and bulky commodes, open the legs of the Up before approaching the patient.



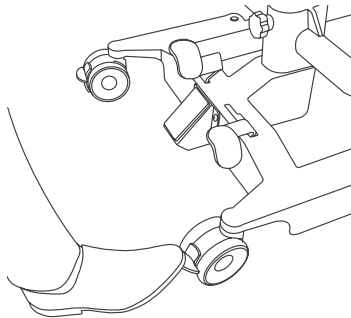
Carefully wheel the Up into position, in front of the patient, placing their feet on the footplate with their knees resting comfortably against the cushioned knee pad.

⚠ WARNING

To avoid inadvertent contact with the rear braked casters during transfer, and possible injury, **ENSURE** the patient's feet are correctly positioned on the footplate.



Once the patient is comfortably in position, apply both rear caster brakes.



5. Assisted Standing and Transfers with the Joerns Up

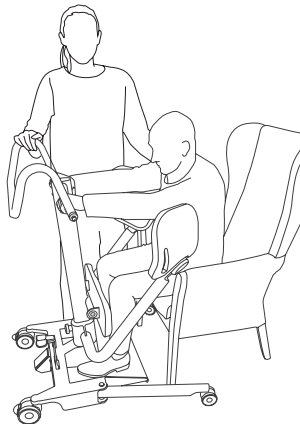
The following guidance applies regardless of the surface you are transferring to, whether it be a chair, wheelchair, bed, toilet or commode.

⚠ WARNING

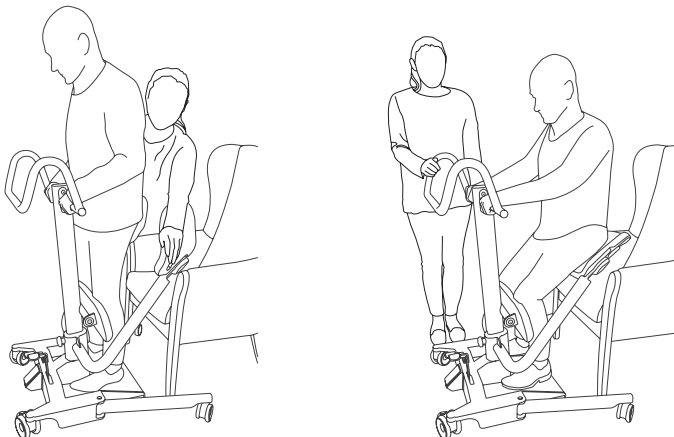
When transferring to or from a wheeled/movable surface such as a commode, wheelchair or bed, ensure the brakes (of that device) are applied to avoid any inadvertent movement and ensure a safer, more stable transfer.

Ask the patient to grasp the crossbar and prepare to raise themselves to a standing position. Offer words of encouragement and provide assistance as required.

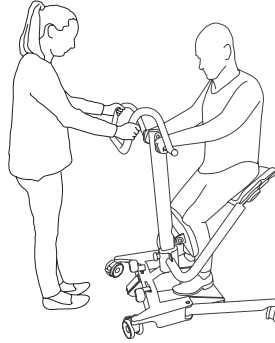
NOTE: The patient's knees should remain in contact with the knee pad throughout the standing and transfer process.



Once the patient is standing, rotate the swing-away seat pads into the seated position before asking the patient to carefully lower themselves into a seated position.



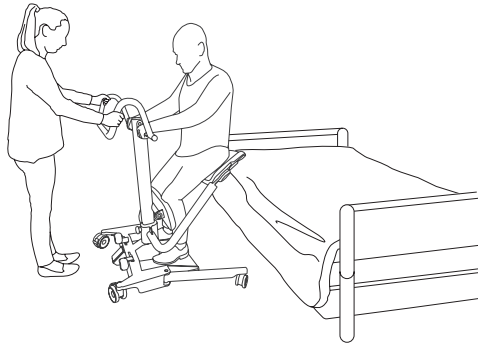
Ensure the patient is comfortable and fully supported before releasing the brakes and proceeding carefully with the transfer.



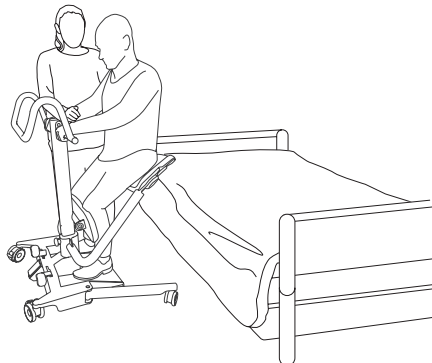
⚠ WARNING

When transferring to or from a wheeled/movable surface such as a commode, wheelchair or bed, ensure the brakes (of that device) are applied to avoid any inadvertent movement and ensure a safer, more stable transfer.

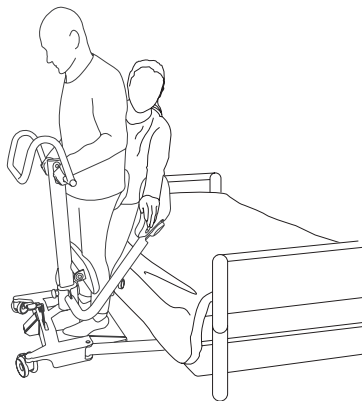
Wheel the patient directly in front of the target surface and apply the brakes. Open the Up's legs to help navigate and get close to wider furniture including bulky commodes and armchairs.



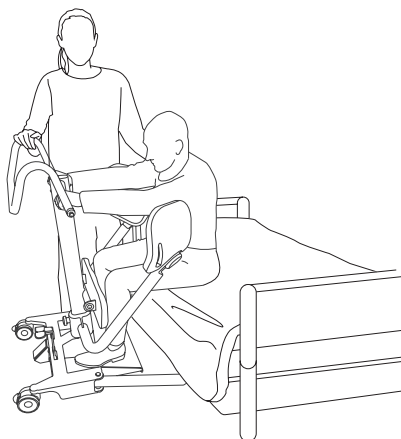
Ask the patient to grasp the crossbar and raise themselves into a standing position, providing assistance if required.



Once the patient is standing, rotate the swing-away seat pads into the up position, providing a barrier-free space in behind.



With the patient continuing to grasp the crossbar, ask them to carefully lower themselves on to the target surface, providing assistance as necessary.



6. Sling Compatibility & Attachment

⚠ WARNING

A thorough and careful risk assessment **MUST** be conducted prior to using any sling.

Joerns Healthcare recommends that slings be checked regularly and particularly before use for signs of fraying or damage. **DO NOT** use slings that are worn or damaged.

JOERNS RECOMMENDS THE USE OF GENUINE JOERNS PARTS. Joerns sling, lift and transfer products are designed to be compatible with one another. For country specific guidance on sling use and compatibility, please refer to the sling label or contact your local market distributor or Joerns Healthcare.

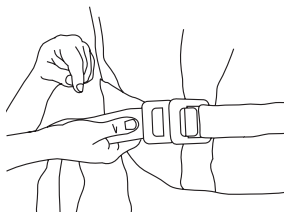
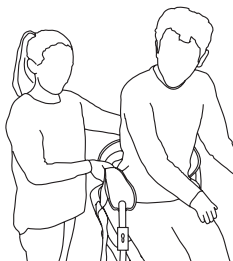
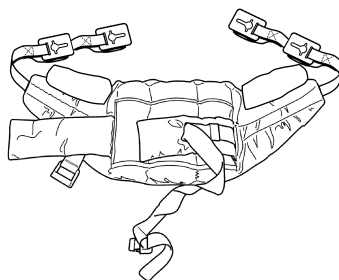
Refer to maximum weight capacity of product. Sling capacity is limited by the maximum capacity of the product it is used on.

Joerns Deluxe Standing Sling (with Clips):

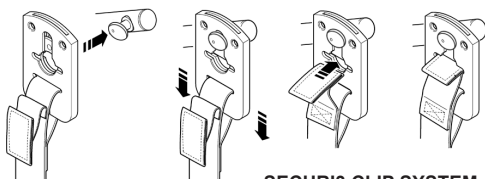
NOTE: For full fitting instructions, please refer to the user guide supplied with each sling.

If your patient would benefit from additional reassurance and support, the Joerns Deluxe Standing sling with clips can be used in combination with the Up.

Place the sling around the patient just above the waist line and secure the waist belt around the patient using the clip. This strap need not be tight. It is there to hold the sling in position while attaching the sling to the Up. Ensure that the client's arms are outside the sling.



When fitted to the patient, the sling is connected to the clip attachment pins by using the Securi3 clip system (step by step guide as follows). To remove, simply reverse this procedure.

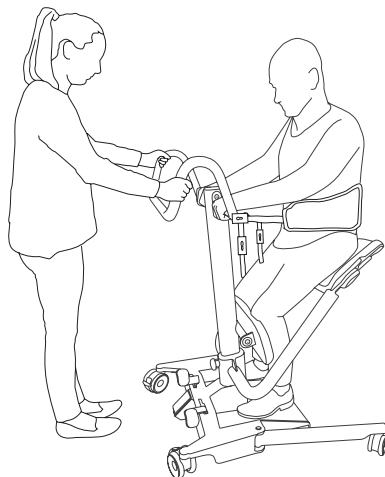


SECURI3 CLIP SYSTEM

PLEASE NOTE:

1. Attach Securi3 clips to the attachment pins as described in the illustration shown.
2. Ensure all green safety loops are inserted and green dots are visible before transferring.

NOTE: Use the appropriate clip to achieve a natural seated position that provides good, comfortable support without pulling the patient forward or allowing them to lean back and become unbalanced.



Continue with the transfer according to the guidance in this document.

5. Maintenance Schedule & Daily Check List

All Joerns products are designed for minimum maintenance, however some safety checks and procedures are required. A schedule of DAILY tasks are detailed below.

Daily checks and regular inspection will ensure your product is kept in optimum safe working condition. A list of spare parts is available upon request.

Daily Check List:

Joerns Healthcare strongly recommends the following checks be carried out on a daily basis and before using the Up.

- **ENSURE** the product moves freely on its casters.
- **ENSURE** both caster brakes are operational and engage correctly.
- **ENSURE** the legs open and close correctly.
- **ENSURE** the mast locking knob is installed and hand tight.
- **ENSURE** the knee pad is secure and pivots freely.
- **EXAMINE** the seat pads for freedom of rotation and signs of excessive wear.
- **EXAMINE** the sling attachment points for excessive wear. If in doubt - do not use.
- **EXAMINE** slings for fraying or other damage. DO NOT use any sling if damaged or if the sling shows signs of wear.
- **INSPECT** the frame and base for signs of cracks, damage or distortion.

Spare Parts & Repairs:

WARNING

JOERNS HEALTHCARE RECOMMENDS THE USE OF GENUINE JOERNS PARTS.

Please contact your local authorized Joerns service provider or Joerns Healthcare to arrange replacement parts and repairs. If you are unsure of the organization you need to contact, our customer service team will be more than happy to assist you. Contact details can be found on the reverse cover of this manual.

Cleaning:

Using a clean, damp cloth, wipe clean with ordinary soap and water and/or any hard surface disinfectant. Harsh chemical cleaners or abrasives should be avoided as these may damage the surface finish of the product. After cleaning, the unit should be thoroughly dried.

6. Technical Specifications

Safe Working Load.....	440lbs
Overall Width.....	24.8"
Overall Height.....	43.3"
Overall Length.....	37.4"
Legs Open - External Width.....	33.3"
Legs Open - Internal Width.....	28.5"
Legs Closed - External Width.....	23.6"
Legs Closed - Internal Width.....	18.9"
Leg Height.....	4.3"
Ground Clearance.....	1.0"
Overall Height Of Base (Footplate).....	2.0"
Knee Pad Height (From Footplate to top of Knee Pad).....	19.0"
Turning Radius.....	40.9"
Front Casters.....	3.0"
Rear Casters.....	4.0"

Weights:

Base.....	43lbs
Seat Support Tubes Section.....	21lbs
Mast.....	8.8lbs
Total.....	72.8lbs

Environmental Conditions:

Outside this environment functionality and safety may be compromised.

Operating:

Temperature.....	5°C to 40°C
Relative humidity.....	20% to 90% @ 30°C - non-condensing

Storage:

Temperature.....	-20°C to +80°C
Relative humidity.....	10% to 95% @ 30°C - non-condensing

KEY SYMBOLS:

The following symbols are used for the Joerns Up.



This product is a Medical Device in accordance with EU Medical Device Regulation 2017/745.



For indoor use.



ATTENTION, consult accompanying documents.



Refer to the user instructions before use (Blue background).



A unique device identification intended to provide single, globally harmonised positive identification of medical devices through distribution and use.



Indicates the entity importing the medical device into the locale.

7. Warranty

This warranty covers JoernsPro lifts only. Lifts not covered under this warranty include, but are not limited to Advance-H, HML400, HPL600WB, HPL600WBSC, HPL402, C-HLA (and variations).

JoernsPro lifts are guaranteed for a period of two years from the date of delivery against defects in materials and workmanship under normal use and service. This warranty includes all mechanical and electrical components.

Aluminum structural components and mechanical components on lifts are covered under warranty for a period of five (5) years from the date of delivery.

Damage caused by use in unsuitable environmental conditions or failure to maintain the product in accordance with user and service instructions is not covered. Any alteration, modification or repair unless performed by or authorized in writing by Joerns Healthcare will void this warranty.

Parts:

JoernsPro lifts contain various parts that wear from normal use. These parts, such as DC batteries and casters are not covered under the two-year warranty but are covered for 90 days after date of delivery.

Joerns Healthcare's obligation under this warranty is limited to supplying replacement parts, servicing or replacing, at its option, any product which is found by Joerns Healthcare to be defective.

Warranty replacement parts are covered by the terms of this warranty until the product's original warranty period expires.

When requested by Joerns Healthcare, parts must be returned for inspection at the customer's expense. Credit will be issued only after inspection.

Service:

Most service requests may be handled by the facility Maintenance Department, with assistance from the Joerns Healthcare Product Service Department.

Most parts requested can be shipped next day air at the customer's expense.

Should a technician be required, one will be provided by Joerns Healthcare, at our discretion. Only the Joerns Healthcare Product Service Department can dispatch authorized technicians.

This warranty is extended to the original purchaser of the equipment.