

vive®

GROIN BRACE

Owner's Manual - SUP1026



WHAT'S INCLUDED

- Groin Brace

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Groin Brace as easy as possible. Check out the included links and QR codes to help you through the process.

HOW TO WEAR

1. Adjust the waist wrap securely to your waist. The connection between the waist and leg straps should be over the hip flexor.



2. Adjust the compression as needed.



3. Adjust the thigh wrap securely around your leg.



4. Adjust the compression as needed.



MAINTENANCE & CARE

- Machine wash with cold water
- Air dry