GoTurn Sling Instructions



Purpose and Use

The GoTurn sling is used to turn patients to either side to relieve bed sores.

Instructions:

Do not place the GoLift system in the control of persons who have not received proper training in its operation. Serious injury can occur if the GoLift system is used improperly.

Read and understand all instructions regarding the operation of the GoLift system prior to use. Follow these instructions to ensure the safety of both the caregiver and the patient:

- 1. Use the proper size of sling on the patient.
- 2. Do not, under any circumstances, exceed the GoLift's and sling standard working load.
- 3. Perform a visual inspection of the sling for signs of wear. Look for fraying, cuts or tears in the material on both the slings body and straps prior to using the sling.
- 4. Remove and replace the sling if any damage is found on the sling.
- 5. Position the sling properly under and around the patient, to ensure a balanced lift.
- 6. The GoLift system must not be used for unsafe practices.



In facilities when more than once staff is responsible for operating the GoLift system, it is imperative that all such members are trained in its proper use. A training and orientation program should be established by the facility to familiarize new caregivers with the GoLift system.

Plan the move. Avoid leaving the patient in the sling unattended. Do not start to lift the patient until it has been checked that the patient cannot get trapped and that the sling does not catch on the bed or wheelchair. Be careful with any tubes and wires that are attached to the patient and/or equipment.

Amico Mobility shall not be liable for faults or accidents due to incorrect use of the sling or for reasons of inadequate attention on the part of the caregiver or user. If the sling is used in combination with products not manufactured by Amico, a risk assessment must be conducted by qualified staff.

Attaching the lifting sling:



Place the straps from the lifting sling on the hooks on the carry bar. Start with the shoulder straps (from the back) and then place the loops of the leg straps on the hooks of the carry bar.



Be careful when attaching the lifting sling on the hooks. Check that the straps have been completely through the opening and into place in the carry bar hooks. When pressing the up button to lift the patient, check again that all straps remain correctly placed in the carry bar's hooks.





Insert the sling into a washing/laundry bag prior to being placed in the washer. This is to prevent any unusaul wear and tear of the sling from the washing machine.

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From a Seated Position:



1. The GoTurn sling is a butterfly shaped sling, with two lifting straps and a Velcro fastening strap, on each side. The fastening strap attaches to the bed as an anchor, as the user will turn in that direction.



2. The patient lies on his or her back. Fold either wide end just at the seam, in direction of the label. Then fold either side toward the middle of the sling. Fold the remaining side in toward the middle of the sling, overlapping the first side.



 Place the folded end, label side down onto the bed. Place hand, palm down on top of folded end, to compress bed/surface and slide beneath patient lumbar area.



4. The patient is now put in a preparatory position for one sided turning. The patient's arms are put on his/her chest and legs are crossed.



5. Attach the free end's lifting straps to the carry bar hooks.



6. The lift is now activated while the carer support's the patient's shoulders and hips. This will improve the patient's comfort while turning. Do not raise the carry bar any higher than necessary. It is a good idea to support the patient's head with a pillow. The patient is now turned to the other side.

