## **GoActive** Sling Instructions

### Purpose and Use

The GoActive sling is used for mobilization patients around the room. The patient typically begins in a seated position and is pulled up to a standing position with the GoActive sling. Patients are then encouraged to step forward and use the sling for support when they need to.

#### Instructions:

Do not place the GoLift system in the control of persons who have not received proper training in its operation. Serious injury can occur if the GoLift system is used improperly.

Read and understand all instructions regarding the operation of the GoLift system prior to use. Follow these instructions to ensure the safety of both the caregiver and the patient:

- 1. Use the proper size of sling on the patient.
- 2. Do not, under any circumstances, exceed the GoLift's and sling standard working load.
- 3. Perform a visual inspection of the sling for signs of wear. Look for fraying, cuts or tears in the material on both the slings body and straps prior to using the sling.
- 4. Remove and replace the sling if any damage is found on the sling.
- 5. Position the sling properly under and around the patient, to ensure a balanced lift.
- 6. The GoLift system must not be used for unsafe practices.

In facilities when more than once staff is responsible for operating the GoLift system, it is imperative that all such members are trained in its proper use. A training and orientation program should be established by the facility to familiarize new caregivers with the GoLift system.

Plan the move. Avoid leaving the patient in the sling unattended. Do not start to lift the patient until it has been checked that the patient cannot get trapped and that the sling does not catch on the bed or wheelchair. Be careful with any tubes and wires that are attached to the patient and/or equipment.

Amico Mobility shall not be liable for faults or accidents due to incorrect use of the sling or for reasons of inadequate attention on the part of the caregiver or user. If the sling is used in combination with products not manufactured by Amico, a risk assessment must be conducted by qualified staff.

### Attaching the lifting sling:



Place the straps from the lifting sling on the hooks on the carry bar. Start with the shoulder straps (from the back) and then place the loops of the leg straps on the hooks of the carry bar.



Be careful when attaching the lifting sling on the hooks. Check that the straps have been completely through the opening and into place in the carry bar hooks. When pressing the up button to lift the patient, check again that all straps remain correctly placed in the carry bar's hooks.









Insert the sling into a washing/laundry bag prior to being placed in the washer. This is to prevent any unusaul wear and tear of the sling from the washing machine.

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#### From a Seated Position:



 With the patient seated in the wheelchair, place the chest band around the individual from front to back with the belt buckle connection in the back.



2. Fasten the belt buckle on the back and tighten until it is comfortably secured. The belt must be securely fastened before lifting.



3. The leg band should be fitted by slipping the end of the padded portion around the front of the patient and then under the thigh. The leg band should then be pulled toward the back of the patient as far as possible. To accomplish this, the thigh any need to be lifted. Position the opposite leg in the same manner.



4. The leg, front and back straps can be attached to the carry bar. It is recommended to use the first loop as the starting point. Ideally the front straps and the back straps should bear the same weight distribution.



5. Raise the carry bar until the straps begin to tighten. Check to ensure that all straps are connected to the carry bar before proceeding. Continue to raise the patient.



6. During the lift, if the sling is uncomfortable, the patient should be lowered and the straps re-adjusted.



7. In order to attain the best vertical position, the leg pieces on the back of the patient may need to slide inward. During the lift, the patient should have access to parallel bars or similar device to assist in lifting to an upright position and for support. Once enough height is achieved, the patient can proceed with walking exercises.