

## OA MAX

## PATIENT FITTING INSTRUCTIONS



1. Sit on the edge of a chair, the brace is put on the knee extension. Position the joint so that the center of the hinge is one inch above the joint line (i.e. the center of the hinge is the same level as the patella top). Make sure that the brace is not twisted on the knee.

2. Tighten the inner straps (\#3) to the upper and lower end of the metal bar. Following the blue line, trim the excess velcro off if the strap is too long.

3. Tighten the straps (\#5) to the upper of the metalbar. Following the blue line, trim the excess velcro off if the strap is too long.

4. Tighten the bottom calf strap (\#1) above the calf muscle, then the upper thigh strap (\#2).

5. Tighten the outer straps (\#4) to the upper and lower end of the metal bar. Following the blue line, trim the excess velcro off if the strap is too long.

6. Now, adjust the varus / valgus hinges to control the curve of the metal bar so that the hinge will not pinch the knee when the knee is bent. When all strapping is complete, the pain in the affected side should be reduced while standing and walking.

## Care \& Guidelines

IDEAL FOR:

- Unicompartment osteoarthritis • Chronic a CIIPCI instability
- Tibial Plateau Fracture • Meniscal injury and repair
- Cartilage transplant • Post osteotomy


## CLEANING:

This product can be hand washed in cold or lukewarm water with mild soap or detergent and air dried.

## WARNING:

- Should there be any rash developed, discontinue use and seek medical advise
- This support should be snug but not impair circulation.
- Consult your doctor for any persistant problems.
- Settings of flexion/extension controls should be undertaken by medical professionals only

WARRANTY: The warranty on the Gladiator ${ }^{\text {TM }}$ is free repair or replacement for manufacturer's defects within 90 days of the date fitted.
SIZE: SMALL ( ) MEDIUM ( ) LARGE ( ) X-LARGE ( LEFT ( ) RIGHT (

