

ECO-POWR™ STATUS

G778 STEPPER

Continuing a tradition of sustainable fitness solutions, the G778 Stepper offers a challenging cardio workout while strengthening core and lower body muscles. The low step-up height allows for safe ingress and egress from the machine and a natural step pattern feels like climbing real stairs. Built-in workout programs and a speed range of 20 to 180 steps per minute create a custom workout experience. The backlit, easy-to-read LCD display and 14 real-time data readouts including steps climbed, calories burned and Watts to Grid lets users feel good knowing they are one step closer to reaching their fitness goals while helping the planet at the same time.

KEY FEATURES

- ECO-POWR™ energy-generating technology
- Low step-up height
- Multi-grip racing handles
- Toggle based speed controls



TECHNICAL DETAILS

Unit Weight	473 lbs / 215 kg
Dimensions (LxWxH)	71.6 x 35.7 x 83.9 in / 181 x 90.7 x 213.1 cm
Speed Range	20 - 180 SPM
Step Height	7.6 in / 19.4 cm
Power Requirements	N/A
Plug Requirements	NEMA / 5-15P* Contact your sales rep for specific requirements
Max User Weight	400 lbs / 180 kg
Step Up Height	10.2 in / 26 cm
Readouts	Heart Rate, SPM, Weight Loss Zone, Target SPM, Cardio Zone, Time, Floors, Your Grid Wh, Calories, Distance, Pace, METs, Cal/Hr, Instant Watt to Grid
Workout Programs	Manual, Interval, Hill, Race, Fitness Test, Heart Rate Programs
Features	3-Speed fan, USB Charging, Multiple Step-up Heights, Safe-step stair lock
Optional Features	SA WELL+™ Integration