

Reasons for choosing Body-Solid

Body-Solid fitness equipment features materials and component parts of only the highest quality and durability.

Frames

All Body-Solid frames feature continuous, four side welded construction instead of the typical 2-side welds that have become common in the industry. We use heavy-gauge 2"x2", 2"x3" and 2"x4" 11-gauge, high tensile strength steel in our mainframes.

DuraFirm™ Pads

Our exclusive DuraFirm Pads are tear-resistant, extra-thick and ultra comfortable. We use the highest density foam in the industry for a lifetime of support without bottoming out.

Finish

An electrostatically applied powder coat finish protects all Body-Solid fitness equipment. This is the same process used on industrial machinery because of its durability. It resists cracking, chipping and corrosion and makes cleaning a breeze.

Pulleys & Cables

Fiberglass reinforced nylon pulleys are precision-matched to our cable diameter and revolve on seated ball bearings that never need maintenance and provide a lifetime of friction-free performance.

Body-Solid Home Gyms and Freeweight Equipment have been praised in leading consumer reporting magazines and fitness enthusiast publications around the world.

Consumer Digest – Brand Review

"Looking for a great deal on a high quality piece of exercise equipment? Buy a Body-Solid... Outstanding quality allows the company to offer the best warranty in the business."

Men's Health Magazine – Home Gym Buyer's Guide

"We like Body-Solid products because we couldn't find anything that could beat them. Plus, they come with a lifetime warranty."

Muscle & Fitness Magazine – Home Improvement

"On a budget, we wanted to replicate many of the movements we'd normally do at the gym, which required dumbbells, an Olympic barbell set and an adjustable bench and rack. Mission impossible? Hardly. We looked to the Body-Solid catalog..."