

FootFidget®

IMPROVE LEARNING IN THE CLASSROOM OR AT HOME.

- Gentle Fidgeting Exercise with Feet and Legs, leaving hands free for learning.
- Movement provides Sensory (Proprioceptive) input; Improves Focus, Attention, Memory and Comfort.
- Reduces Excess 'fidgety' Energy; Helps Calm and Reduce Anxiety for greater Awareness and Learning.
- Helps students of all learning styles, including 'special needs', to stay on task longer.
- Increases circulation for better health, and Helps to Burn more Calories.
- The student is positioned in a '90-90-90' ready to learn position.
- Ergonomic Positioning of the FootRest in the middle of the desk space Improves posture.
- A sturdy, quiet and discrete device that will not distract other students.
- 3 notches to adjust height for comfort.

Designed and Manufactured in U.S.A. by Woman owned, Physical Therapy Company

Three Models Offered:



FootFidget® 2.0 – Attaches to all 4 legs of students' desk

- * Securely attaches to all 4 legs of the students' desk
- * Quick, easy, snap on installation (no hardware required)
- * Fits school style tubular desk legs, either 1" or 7/8" diameter.



FootFidget® 2.0 Standing Desk Conversion Kit

- * 4 heavy duty, tubular metal leg extensions to raise students' desk to standing height.
(Available in several sizes-see web site for details)
- * Includes the FootFidget® 2.0 providing better posture and exercise standing.
- * Easy Desk leg replacement with hardware included.
- * Quick, easy, snap on installation of *FootFidget® 2.0*.



FootFidget® Portable - Lightweight Metal Frame

- * Portable lightweight metal frame
- * Use at a desk or table.
- * Easy assembly, hardware included.
- * Use by older students without behavioral concerns.
- * Can be used by Adults working at an Office or Home Office, sitting or standing.