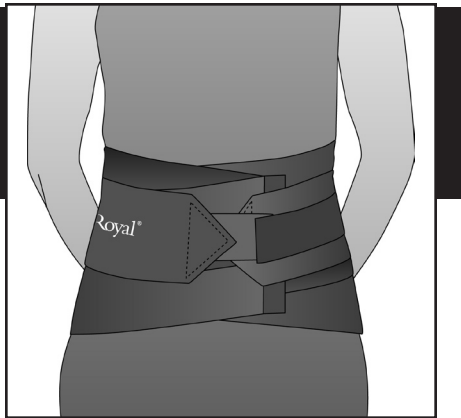


Elastic/Neoprene Back Support

Single Patient Use Only
Rx Only



IMPORTANT INFORMATION

Please read all instructions before use. Correct application is essential to proper functioning of product.

INTENDED USE

This brace is to be used to help provide warmth, compression and mild support for lower back pain.

INDICATIONS

Moderate to severe low back pain; Lumbar muscle weakness; Lumbar sprains and strains; Lumbar instability

CONTRAINDICATIONS

Patients with poor peripheral circulation, diabetes or decrease in skin sensitivity should not use this product.

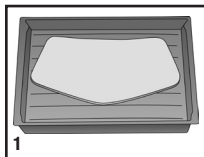
FITTING INSTRUCTIONS

Measure waist circumference to determine proper size. In actual practice, one will find these to be guides only.

Small	26" -30"	X-Large	38" -42"
Medium	30" -34"	XX-Large	42" -46"
Large	34" -38"	XXX-Large	46" -50"

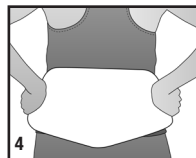
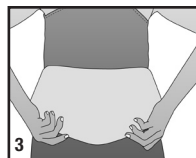
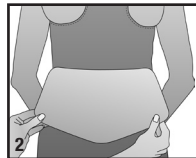
DIRECTIONS FOR MOLDABLE INSERT

- Preheat warming tray/moldable insert for approximately 3 minutes. Place insert on tray (foam side up) and leave until pliable (approximately 1-1 1/2 minutes). **NOTE:** It is not necessary for insert to be "limp"- only soft enough to conform



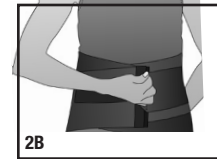
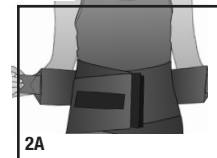
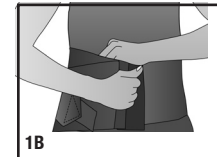
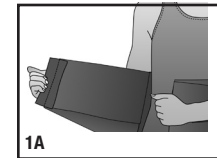
to the gentle contour of the lower back. May be used with the hydrocollator. Optimal warming temperature (for warming tray and hydrocollator) is approximately 160° F.

- With patient standing upright and feet together, place the softened insert against the patient's back (foam side in). Make sure that the bottom of the insert is approximately 1" below the top of the gluteal crease and level; Press the insert firmly against the patient's back.
- Bring the patient's hands back so that they press the outer ends of the insert firmly against the body and gently against the coccyx.
- Massage the insert up and down against the spine until the insert becomes rigid. Remove to allow additional setting time.
- Place insert in support, foam side toward patient, making sure the insert is all the way in the pocket. Secure pocket to prevent the insert from moving upward.



BACK SUPPORT APPLICATION

- With support insert (if applicable) in proper position, have patient center the support in middle of back and wrap around body by grasping ends and stretching evenly. Bring left side to stomach (holding firmly) and then fasten the right side on top.
- The patient should grasp the ends of the tension straps by bringing the left and then the right on top. **NOTE:** Support should be snug, but comfortable.



Manufactured by DeRoyal

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