

Caring for and Storing your VertaLoc® Elbow Brace:

Hand wash fabric components in warm water using mild soap. Rinse thoroughly. Air dry out of direct sunlight. Do not expose to direct heat sources such as heaters, stoves, and radiators

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- ✓ Do not store the brace in a hot (80°F +) or humid (80% +) area.
- ✓ Store the brace in a cool, dry place (heat may cause brace deformation).
- ✓ Keep the brace away from dust or pollutants.

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VertaLoc® Elbow Brace Warranty:

- Your VertaLoc® elbow brace is guaranteed to be free of material or workmanship defects.
- Any defective components of your VertaLoc elbow brace may be replaced or credited at the discretion of VertaLoc, Inc.
- This product is under warranty for one year from the date of purchase.

WARNING: This product is not designed to prevent injury. If you experience skin irritation, pain or discomfort while using this product, remove immediately and contact your healthcare provider.

ELBOW ORTHOSIS Patient Guide

Model# VL301EB



THANK YOU FOR USING THE VERTALOC® ELBOW BRACE.

This easy-to-use elbow brace was designed to maximize support and enhance comfort while targeting a wide variety of diagnoses.

YOU HAVE RECEIVED:

- One (1) Elbow Brace with complete closure system
- One (1) neck strap

FIT YOUR BRACE IN A FEW SIMPLE STEPS

- 1 Loosen all straps and insert your hand into the brace until the hinge is along the side of the elbow.



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- 2 To adjust the length of the lower or upper extension, push the button on the brace cuffs to the unlock position. Pull the cuff away from the elbow joint to desired length. After the length is adjusted, release the buttons.



- 3 After the length of the upper or lower extension is determined, beginning with the top strap, tighten each strap no more than it is necessary to keep the brace in proper position.



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- 4 Once the elbow brace is in place, set the dial to control your desired range of motion.



- 5 Use the clip to attach the end of the neck strap to the brace. Place the neck strap over your neck. Un-attach the loop off one end and raise it to a comfortable position. Adjust the length of the neck strap and reattach the loop.



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