

THANK YOU FOR USING THE VERTALOC® DYNAMIC KNEE BRACE

The Dynamic Osteoarthritis Knee Brace has been designed to maximize stability of your knee while providing the support you need to be active.

YOU HAVE RECEIVED:

- ONE (1) KNEE ORTHOSIS BRACE COMPLETE WITH CLOSURE SYSTEM
- SIXTEEN (16) METAL STOPS (2 SETS OF 8)
- SIX (6) SCREWS
- ONE (1) ALLEN KEY



PLEASE CONSULT WITH YOUR PHYSICIAN BEFORE USING METAL STOPS

Use the provided metal stops to adjust the range of motion of both hinges. The stops are labeled with both "E" and "F" letters. "E" represents Extension and "F" represents Flexion. Following the "E" and "F" are numbers. The numbers represent the amount of extension or flexion measured in degrees of motion the particular stop provides.



To adjust the hinge, unscrew the appropriate screw according to where you would like to place the stop (place the stop in the front to limit extension and place the stop in the back to limit flexion). Next insert the stop and put the screw back into the hole. Screw it until tightened and make sure to adjust both hinges. (It is important that you put identical stops on each side of the brace).



FIT YOUR BRACE IN A FEW SIMPLE STEPS



1. POSITION THE BRACE BEHIND THE KNEE. WHEN OPENED, THE WIDER SECTION OF THE BRACE NEEDS TO BE PLACED ABOVE THE KNEE.



2. SECURE THE UPPER CLOSURE, MAKING SURE THIS IS CENTERED ABOVE THE PATELLA WITH VELCRO CLOSING ON THE FRONT OF YOUR LEG. WRAP THE TOP PORTION AROUND THE THIGH WITH LOOSE FIT.



3. GENTLY CLOSE THE BOTTOM PORTION. FASTEN THE LOWER STRAP SNUGLY ACROSS THE CALF.



4. CONFIRM PATELLA IS CENTERED, ADJUST IF NECESSARY. CONFIRM HINGES ARE CENTERED EVENLY AROUND THE KNEE, ADJUST IF NECESSARY.

WARNING: THIS PRODUCT IS NOT DESIGNED TO PREVENT INJURY. IF YOU EXPERIENCE SKIN IRRITATION, PAIN OR DISCOMFORT WHILE USING THIS PRODUCT, REMOVE IMMEDIATELY AND CONTACT YOUR HEALTHCARE PROVIDER.

CARING FOR YOUR DYNAMIC KNEE BRACE: Remove hinges and fasteners before washing. Rinse thoroughly by hand with warm soapy water, line dry ONLY. Do not machine wash or dry.

VERTALOC® DYNAMIC KNEE WARRANTY:

- ✓ YOUR VERTALOC® DYNAMIC KNEE BRACE IS WARRANTED TO BE FREE OF MATERIAL OR WORKMANSHIP DEFECTS.
- ✓ ANY DEFECTIVE COMPONENTS OF YOUR VERTALOC® DYNAMIC KNEE BRACE MAY BE REPLACED OR CREDITED AT THE DISCRETION OF VERTALOC, INC.
- ✓ THIS PRODUCT IS WARRANTED FOR ONE YEAR FROM THE DATE OF PURCHASE.