

A photograph showing two healthcare workers in a hospital room. They are positioned on either side of a hospital bed, which is covered with a white sheet and a brown, quilted WAFFLE mattress overlay. The workers are focused on adjusting the overlay. The background shows a typical hospital room with a wooden headboard and medical equipment.

# Use the WAFFLE® Mattress Overlay as a Turning, Transferring and Mobilizing Device for Patient and Caregiver Safety

## Use WAFFLE® to Protect Your Patients

Pulling a patient's body across the bed to another surface or repositioning a patient can create skin tears and other soft tissue damage.

## Use WAFFLE® to Protect Your Employees

Preventing back injuries is a major workplace safety challenge. According to the Bureau of Labor Statistics, back injuries account for one of every five workplace injuries. Four out of five result in injuries to the lower back.





## Turning

A patient may be easily repositioned while in bed. First remove the four corner straps on the overlay. To logroll, reach over the patient and grasp the handwells located on the sides of the overlay. Pull the overlay toward you moving the patient to the desired position. Place a pillow behind the back of the patient and under the overlay to help secure the position.



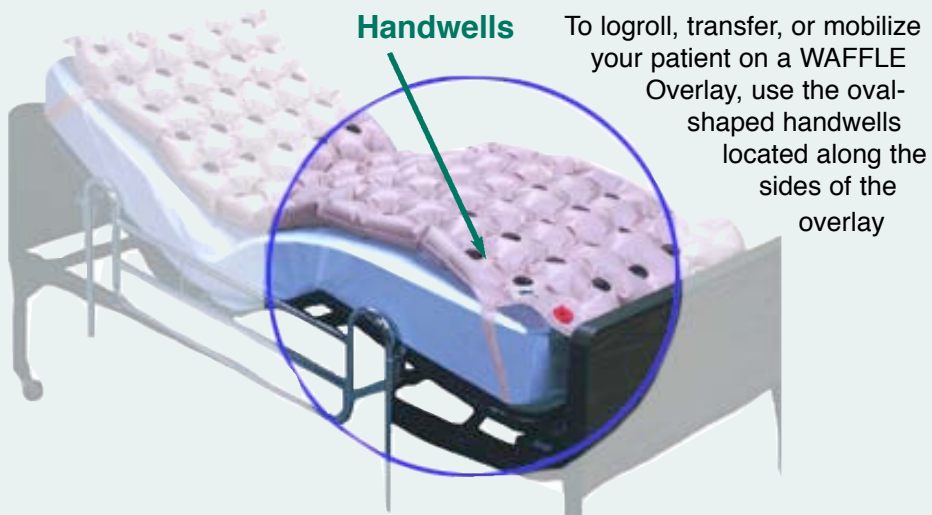
## Mobilizing

Two people can easily move a patient to a sitting position by grasping the hand wells and together raising the patient. You can also continue to rotate the patient to the side of the bed to help the patient stand and walk.



## Transferring

Quite often a patient is sent for treatment within the facility and placed on a hard surface for several hours, putting the patient at risk for skin breakdown. By transferring patients on a WAFFLE Overlay, the patient's skin is protected while out of your care.



### Handwells

To logroll, transfer, or mobilize your patient on a WAFFLE Overlay, use the oval-shaped handwells located along the sides of the overlay

## Caregiver Safety

Your patient deserves the best protection and so do YOU. According to the Bureau of Labor Statistics, **preventing** back and shoulder injuries is a major workplace safety challenge. Caregivers can help prevent injuries to themselves by using the WAFFLE Overlay to move patients.

*The handwells and the durability of the WAFFLE Overlay are unique features designed to help YOU as a caregiver.*

## WAFFLE Mattress Overlay

The WAFFLE® Mattress Overlay is made to go right on top of an existing mattress. The air overlay cradles the body, providing protection and treatment for pressure ulcers up to Stage III and for pain management. It is ideal for ER, OR, General Wards, Nursing Homes and Home Care.