

CanDo® Preferred Colors® exercise band

challenge level	tan 0	yellow 1	red 2	green 3	blue 4	black 5	silver 6	gold 7
	easy			moderate			difficult	

exercise

Twin-Pak® 100-yard dispenser box*

most economical choice

tan	xx-light	10-5490	109.00
yellow	x-light	10-5491	120.00
red	light	10-5492	131.00
green	medium	10-5493	142.00
blue	heavy	10-5494	153.00
black	x-heavy	10-5495	164.00
silver	xx-heavy	10-5496	175.00
yel red grn blu blk	set (1 ea)	10-5498	672.50

*2 50-yard boxes

50-yard dispenser box

tan	xx-light	10-5220	72.50
yellow	x-light	10-5221	80.00
red	light	10-5222	87.50
green	medium	10-5223	95.00
blue	heavy	10-5224	102.50
black	x-heavy	10-5225	110.00
silver	xx-heavy	10-5226	117.50
gold *	xxx-heavy	10-5227	125.00
yel red grn blu blk	set (1 ea)	10-5228	450.00
set w/Dispens-a-Band® rack		10-5229	582.50

*2 25-yard boxes (gold only)

25-yard dispenser box

tan	xx-light	10-5270	38.50
yellow	x-light	10-5271	43.00
red	light	10-5272	47.50
green	medium	10-5273	52.00
blue	heavy	10-5274	56.50
black	x-heavy	10-5275	61.00
silver	xx-heavy	10-5276	65.50
gold	xxx-heavy	10-5277	70.00
yel red grn blu blk	set (1 ea)	10-5278	247.50
set w/Dispens-a-Band® rack		10-5279	377.50

6-yard dispenser box

tan	xx-light	10-5210	10.50
yellow	x-light	10-5211	11.50
red	light	10-5212	12.50
green	medium	10-5213	13.50
blue	heavy	10-5214	14.50
black	x-heavy	10-5215	15.50
silver	xx-heavy	10-5216	16.50
gold	xxx-heavy	10-5217	17.50
yel red grn blu blk	set (1 ea)	10-5218	62.50

DISPENSER BOX

DISPENSER BOX

the economic alternative to Thera-Band® when Thera-Band® colors are requested

Twin-Pak® offers 25% savings vs. 50-yard boxes



Twin-Pak®
2 50-yard boxes

- Powderless band = less mess
- Tear-Stop® formula = reduced puncture and tear "snap" breakage



50-yards

shown with sports handle (sold on page 18)



25-yards



6-yards



latex-free band is available for those with allergies (see pages 8-9)

Exercise band is made of natural rubber latex, which may cause allergic reactions • Thera-Band® colors licensed by Goldberg from Hygenic Corp. without endorsement