



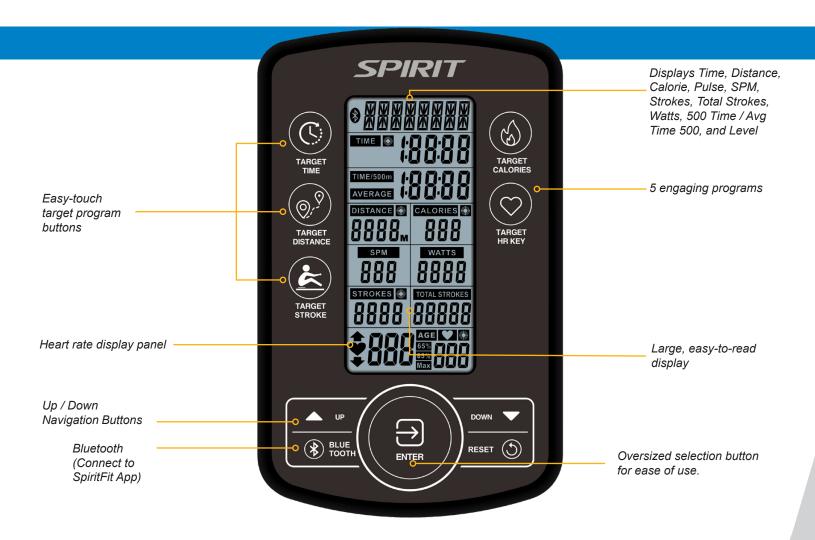
ADJUSTABLE FOOT PEDALS

The SPIRIT Fitness **CRW900** Rower brings the timeless tradition of rowing into the gym. The highlight of this machine is its distinctive water tank which provides up to 10 challenging levels of resistance with a simple turn of a knob. The console features a large 5.5" easy-to-read display with 5 pre-programmed workouts to keep athletes engaged. The wooden and steel frame features smooth slide rails, an ergonomically molded seat, and commercial-grade padded handlebar that deliver the ultimate combination of quiet, smooth, and reliable performance.

CRW900 WATER ROWER

- 10 levels of water resistance with easy-adjust knob to challenge all fitness levels
- Timeless wooden and steel frame for lasting performance
- Console is adjustable to ensure the perfect viewing angle
- · Commercial grade padded handlebar for comfort and durability
- Smooth and quiet performance
- · XL twin tank design with durable multi-bladed impeller for greatly improved resistance range
- Adjustable foot pedals with straps
- Height-adjustable (13 or 15 inch) ergonomically molded seat





CRW900 CONSOLE FEATURES

The new CRW900 console features a large, easy-to-read 5.5" LCD and integrated Bluetooth, ensuring athletes have access to vital workout data when and where it matters most. Clearly marked sections display data including Time, Distance, Calories, Pulse, SPM, Total Strokes, Watt, 500 Time / Avg Time 500, and Level. With 5 pre-programmed workouts and optional manual settings, users of all levels stay engaged and at the peak of their training. The CRW900 console also automatically detects strokes, so getting started is as easy as sitting down and pulling on the handlebar.

EQUIPMENT SPECIFICATIONS

CONCOLE

CONSOLE	5.5 LCD, adjustable console angle
DDOGDAMS	Manual Target time Target distance

PROGRAMS Manual, Target time, Target distance, Target stroke, Target calories, Target HR

HEART RATE Telemetic compatible (chest strap sold separately)

RESISTANCE Water (10 levels), Easy-adjust knob, XL twin tank design

POWER Console requires 4 AA batteries

SEAT Height-adjustable (13 or 15 inch) ergonomically molded seat

FOOTRESTS Foot pedals with adjustable straps

FRAME Heavy-duty wooden frame with durable aluminum slide rails

SEAT TRAVEL 34" RAIL LENGTH 44.5"

DIMENSIONS 84" x 21" x 22"; Stands for upright storage

PRODUCT WEIGHT 90.4 lbs
MAX USER WEIGHT 330 lbs

WARRANTY INFORMATION

Commercial - 10 years frame, 3 years tank/seals, 2 years parts, and 1 year wearable parts and labor