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## BALTIC MOBILE SHOWER COMMODE CHAIR

PHS1300

### Assembly and Operation Manual



Remove contents from package and arrange them on a flat surface for easy assembly.  
The Caspian includes the following parts:

- |                     |  |
|---------------------|--|
| A) Main chair frame | E) Footrest                              |
| B) Two armrests     | F) Large rear wheels                     |
| C) Seat frame       | G) Bolt and Knob set (4 bolts x 4 knobs) |
| D) Padded seat      | H) Pail with lid                         |



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**Step 1.** Place chair frame (A) on floor (Figure 1.a). To avoid unnecessary movement during assembly, press the front brakes on the wheels to lock the two casters (Figure 1.b).



**Figure 1.a**



**Figure 1.b**

**Step 2.** The Baltic is designed for simple attachment of the large rear wheels (F). The Baltic wheels attach to the frame of the Baltic by taking the wheel and pushing the wheel axle through the hole on the Baltic frame (Figure 2.a & 2.b). Press in on the wheel release lever on the Baltic frame and push the wheel axle through the Baltic frame until it comes through the other side of the frame (Figure 2.c). Release the button and tighten the knob to secure the wheel (Figure 2.d). The knob must be tightened before use.



**Figure 2.a**



**Figure 2.b**



**Figure 2.c**



**Figure 2.d**

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**Step 3.** Take seat frame (C) and place it into the black inserts on the chair frame. The padded seat (D) may be on or off the seat frame at this point. If the padded seat is not on the seat frame, it may be installed by snapping it on the top of seat frame.



Figure 3.a



Figure 3.b

**Step 4.** Install a bolt and knob set (G) by inserting a bolt through the hole of the black plastic insert of seat frame and tighten with a knob. Repeat on other 3 inserts of frame.



Figure 4.a



Figure 4.b

**Step 5.** Attach the armrest (B) to the side of the chair frame. Place the bolt through the armrest into the frame through each upper and lower holes and tighten the knob. Repeat on the opposite side.



Figure 5.a



Figure 5.b



Figure 5.c

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**Step 6.** Insert footrest into the support bar on the inside base of the chair frame by sliding the spring loaded gold button into the black insert until it clicks in place. Repeat on opposite side. The footrest will be able to fold up and down. **NOTE: Always ensure each gold button is properly locked in place.**



**Figure 6.a**



**Figure 6.b**



**Figure 6.c**

**Step 7.** Remove the pail lid and slide pail under the rear entry of seat frame.



**Figure 7**

The Baltic Mobile Shower Commode Chair is now ready for use in a standard or walk in shower.





## **Instructions on how to transfer a user into the Caspian shower chair**

### **Placing the user in the Baltic shower chair:**

1. Bring the Baltic shower chair as close to the user as possible and lock the casters. For lateral transfers, raise an armrest for easier access to the seat.
2. Assist the user into the Baltic by gently placing them onto the seat. Be sure both armrests are level for user safety and comfort.
3. Bring the chest safety belt around the front of the user and fasten for added security. The casters can now be unlocked for transport into a shower room or designated bath area.

### **Removing the user from the Baltic shower chair:**

1. Make sure the casters are locked before assisting a user out of the Baltic shower chair. Raise one armrest, should you perform a lateral transfer. Instruct the user to place their foot on the floor. Unbuckle the chest strap.
2. Gently assist the user out of the Baltic shower chair to the desired location. Store the Baltic to its designated storage area and lock the casters during storage.

### **Cleaning Instructions:**

The Baltic shower chair is very durable and easy to clean. The shower seat can be disinfected by spraying it with any standard non-abrasive hospital grade hard surface disinfectant. Gently wipe the disinfectant into the surface using a soft towel or cloth and let sit for 10 minutes. Then rinse the shower seat to make sure all disinfectant has been removed.



## **IMPORTANT SAFETY INFORMATION**

### **READ ALL SAFETY INFORMATION BEFORE USING**

It is the user's responsibility to ensure the appropriateness of this device for the user in question before using.

- NEVER use this device with individuals who are severely mentally, cognitively, physically or vision compromised.
- ALWAYS attach safety belt and adjust to a snug fit around user's hips.
- NEVER leave a compromised user unattended.
- ALWAYS ensure that the legs are properly adjusted to ensure that the bench is level side to side and front to back.
- NEVER exceed the maximum weight capacity of 330 lbs.

NOTE: Failure to follow the above noted safety instructions can lead to severe injuries.