

# Anchor Family

Product Manual for Rifton Anchors



# Contents

Important information	2
Safety messages	3
Recommended use and check your order	3
Anchors	
Hand Anchor	4
Grab bar	4
Elbow Anchor	4
Wrist Anchor	5
Horizontal Anchor	5
Arm Anchor	5
Operation and maintenance	6
Cleaning and warranty	7
Materials and user modifications	7

## Key for users

Use this key to determine which sections of this product manual apply to you.



**Technical Users** For professionals who order and set up Rifton products.



**Home Users** For care-givers who use Rifton products on a regular basis.



**Maintenance Personnel** For anyone who is responsible for service or re-ordering of Rifton products and parts.

## **WARNING**



- Thoroughly read and understand the information in this product manual before attempting to use this product. If the procedures and instructions in this product manual are not followed, serious injury or death could occur.
- A qualified professional must assess the appropriateness and safety of all equipment for each user.
- This product is intended for use by clients of unreliable judgment. Adult supervision is required at all times.
- To prevent falls and resulting injury, do not use Rifton Anchors as a primary support or as a standing support. Suction cups may release.
- To prevent falls and cuts, do not use Rifton anchors on thin glass.
- To prevent structural failure, which may result in serious injury or death:
  - Inspect this product and accessories regularly for loose or missing screws, metal fatigue, cracks, broken welds, missing attachments, general instability or other signs of excessive wear.
  - Immediately remove this product from use when any condition develops that might make operation unsafe.
  - Do not use Rifton components or products for any purpose other than their intended use.

## **Recommended use**



The Rifton Anchor family is a Class 1 medical device. It provides a selection of anchors to provide upper extremity stabilization across a wide range of clients' stabilization needs. The anchor is intended for use on horizontal surfaces, to offer a secure and anchored position to the hand or forearm. It is not intended for vertical surfaces, or for transfer assist.

## **Check your order**



# Anchors

## Hand Anchor

### Recommended use

Hand Anchors (see Figure 4a) can be used on any available Rifton tables or trays. They give the client an anchor to control excessive movement of the arms and encourage stabilization of the shoulder girdle. The client may hold on with both hands for stabilization training or with just one hand. One size is available for both children and adults.



Figure 4a

## Grab bar

### Recommended use

The grab bar (see Figure 4b) can provide a firm handhold to stabilize one or both hands on a table or tray. Stability to the hand and arm may be beneficial for head and trunk control while sitting, and allows increased functional use of the other arm. One size is available for both children and adults.



Figure 4b

## Elbow Anchor

### Recommended use

The elbow Anchor (see Figure 4c) stabilizes one arm on a table or tray. A pair can be used to stabilize both arms. It provides increased stability to the forearm and may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm.



Figure 4c

One size of right and left elbow Anchors are available for both children and adults. Individuals with a wrist-to-elbow distance greater than 8 inches will benefit from the elbow Anchor the most.

# Wrist Anchor

## Recommended use

The wrist Anchor (see Figure 5a) is intended to be used to stabilize one arm on a table or tray. A pair can be used to stabilize both arms. Providing increased stability to the forearm, the wrist Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm. One size is available for both children and adults.



Figure 5a

# Horizontal Anchor

## Recommended use

The horizontal Anchor (see Figure 5b) can provide a firm handhold to stabilize one arm on a table or tray. The horizontal Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm. One size is available for both children and adults.



Figure 5b

# Arm Anchor

## Recommended use

The arm Anchor (see Figure 5c) can be used to stabilize one arm on a table or tray. A pair can stabilize both arms. Providing increased stability to the forearm, the arm Anchor may be beneficial for head and trunk control while sitting and allows increased functional use of the other arm.



Figure 5c

Place arm on anchor pad and secure it with arm strap (A) and wrist strap (B). Arm and wrist straps adjust and secure with hook and loop fasteners.

Move handhold backward or forward and rotate by loosening knob (C).

Arm Anchor user dims.	small	large
Inside of thumb to elbow	7½-12 in	10-15 in
	19-30 cm	25-38 cm



**Key user dimension: inside of thumb to elbow** Measure the horizontal distance from the bent elbow to the raised thumb. Choose the arm Anchor that allows for growth.

## Operation

Anchors work best on a clean, smooth table or tray. The surface must be very smooth and completely clean to get a strong seal. If suction cup does not hold well, wipe with a damp cloth or apply a thin layer of petroleum jelly around the rim of the rubber pad to enhance the vacuum.

To tighten the hand Anchor and the wrist Anchor, press down on the suction cup and turn handhold clockwise until secure. Turn handhold counterclockwise to remove (see Figure 6a).

The other Anchors are tightened by pressing down on the suction cup and moving the lever down (see Figure 6b). Lift the lever to remove.

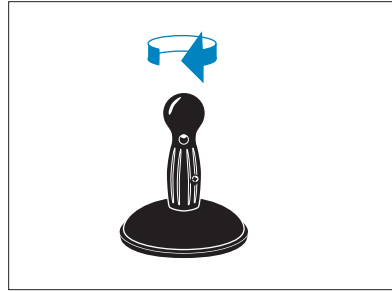


Figure 6a



Figure 6b

## Maintenance

This product is designed and tested for an expected life of 5 years when used and maintained in accordance with this manual. At all times, users must ensure that the product remains in a safe and useable condition, including regular maintenance and inspections as specified in the manual.

To prevent structural failure, which may result in serious injury or death:

- Inspect this product and accessories regularly for loose or missing screws, metal fatigue, cracks, broken welds, missing attachments, general instability or other signs of excessive wear.
- Immediately remove this product from use when any condition develops that might make operation unsafe.
- Do not use Rifton components or products for any purpose other than their intended use.
- Replace or repair components or products that are damaged or appear to be unstable.
- Use only Rifton authorized replacement parts. Order information for replacement parts is provided on the back of this product manual.

## Cleaning

As needed, clean with disinfectant wipes or a solution of up to 10% bleach. Do not use excessive amounts of water.

The upholstery of the elbow anchor and wrist anchor can be removed and cleaned as described above or with a commercial cleaning agent suitable for imitation leather.

## Warranty Statement


If a Rifton product breaks or fails in service during the first year, we will replace it free of charge.

## Materials

- Steel hardware items (nuts, bolts, screws, etc) are typically zinc or nickel plated, or stainless steel.
- Upholstery items (pads, support blocks, padded prompts, etc) are typically polyurethane foam with a fire-retardant cover made from expanded vinyl.
- Straps are typically made of polypropylene or nylon webbing.
- Plastic components are typically injection molded from a variety of industrial resins.

All materials are latex, lead and phthalates free.

## User modifications

** WARNING** To prevent serious injury or death, do not modify or alter Rifton products or components, or use Rifton products or components in conjunction with products from other manufacturers. Rifton does not accept responsibility for any modifications or alterations made to our components or products after they leave our premises. Customers modifying or altering our components or products, or using them in conjunction with products from other manufacturers, do so at their own risk.