

Actimove®

Feel good. Move better.



Actimove®

*Orthopedic
Supports
Catalog*



Actimove®

Orthopedic Supports Catalog

Actimove® – for you and your patients’ needs

Actimove® offers a broad portfolio of medically engineered braces and supports for most needs and patient groups, coming in five distinctive ranges. Actimove® Professional Line, Actimove® Sports Edition, Actimove® Everyday Supports, Actimove® Arthritis Care and Actimove® Kids give patients the confidence to manage their pain and to take on their challenges of daily life.

Actimove’s packing design brings a fresh look with high impact into stores. The design also supports easy product choice – for both professionals and those self-selecting.

Drawing on over 80 years of experience in non-invasive orthopedics¹, Actimove® prides itself on providing medical devices that are reliable and thoroughly tested. Actimove® braces and supports help to manage pain with excellent functional performance based on biomechanics. They are tested for biocompatibility, are highly comfortable and made from carefully chosen materials. Driven by constant innovation, Actimove® keeps working on improving its offers for you.

Actimove® is a brand of Essity, a leading hygiene and health company dedicated to improving people’s well-being. Actimove® stands for trusted products and services to support sustainable business growth.

Whether users are running a marathon, recovering from an injury, overcoming daily arthritis, or recurring pain when moving, they can rely on Actimove® to help them with optimized support and pain-relief.

Actimove®. Feel good. Move better.

Choose the right product for your patients.

Actimove® ARTHRITIS CARE

Soothing warmth for pain relief



- Aids pain relief for chronic osteoarthritis and rheumatoid arthritis
- Designed to aid in helping to increase mobility
- Ceramic yarns retain and reflect body heat
- Validated compression for support and stability
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.

Actimove® SPORTS EDITION

Keep cool and dry for great comfort



- Aids pain relief after acute sports injuries
- For the active younger people
- To help prevent re-injuries
- Made with COOLMAX® AIR Technology

Actimove® KIDS

Especially for kids



- Aids pain relief after acute injuries after play and sports
- Designed for children
- Includes products with COOLMAX® AIR Technology
- Neoprene-free, suitable for those sensitive to latex, as this product is not made with natural rubber latex.

Actimove® EVERYDAY SUPPORT

Stability for daily mobility



- Aids pain relief in chronic degenerative joint diseases
- Designed for those looking for stability
- Medical compression to help reduce edema
- Motion-Comfort-Zone for sensitive areas
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex

Actimove® PROFESSIONAL LINE

Excellent functionality for pain relief



- Physician recommended or prescribed
- For professional treatment of acute injuries, post-op use and rehabilitation of chronic orthopedic issues
- Pain relief from functional design based on biomechanics
- Control and guide joint movement
- Support - Stabilize - Immobilize

Actimove® EVERYDAY SUPPORTS

With age, patients frequently suffer from chronic degenerative joints diseases, impacting how they are able move. They are looking for stability to support their mobility.

Actimove® Everyday Supports provides medical compression that helps to reduce edema and aids pain relief. Its enduring comfort is combined in a range of reliable and durable supports.

- **Validated compression** properties provide support and stability which helps to reduce swelling and manage pain relief.
- The **unique helix design** is inspired by physiological taping and the supports are anatomically shaped for stability.
- Made from soft yarns, Actimove® Everyday Supports have special **comfort zones** for sensitive areas. Further, the products are suitable for those sensitive to latex, as this product is not made with natural rubber latex.



Actimove® Wrist Stabilizer Carpal

Pre-shaped Metal Stay

Anatomical shape for correct positioning, full finger movement and hand dexterity

- Pain relief and healing are supported through balanced warmth and medical compression.
- Helps to manage pain by stabilizing wrist with anatomically shaped stay for correct positioning.
- Provides relief as hand can rest on palmar pad supported by rigid, angled stay.
- Full finger movement and hand dexterity from unique open design.
- Great comfort with exceptional breathability through quick drying perforated performance material.
- Neoprene-free, made with COOLMAX® AIR technology.
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.
- Universal sizing.
- Can be worn left or right.
- For stock keeping, long shelf life of five years.

This product is intended for wrist support.

Fields of application include:

- Symptomatic relief of carpal tunnel syndrome, e.g., while using a computer



Open Design for Dexterity



Code	Size	Measurements	Color
7571420	Universal	5 1/2" - 8" / 14 - 20 cm	Black



Actimove® Back Support

High-Density Foam Panel
Adjustable Double Layer Compression

Relieving massage effect, stability for the lumbar region

- Pain relief and healing are supported through balanced warmth and medical compression.
- Easy to apply and adjustable compression, thanks to the finger pockets and loops.
- Comfort and good breathability through neoprene-free perforated performance material.
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.
- Provides strength and stability for the lumbar region incorporating a tapered high-density foam panel.
- Available in two sizes.
- Relieving massage effect through prominent pressure pads.
- For stock keeping, long shelf life of five years.

This product is intended to provide support and stabilization to the lumbar joints of the back.

Fields of application include:


- Acute and chronic lower back pain
- Degenerative back problems (e.g. spondylosis)
- Lumbar instabilities (e.g. muscular insufficiencies)
- Post-operative care and rehabilitation



High-Density Foam Panel

Finger Loops and Pockets



	Code	Size	Measurements	Color
	7345030	S/M	29" - 37" / 74 - 94 cm	Silver
	7345031	L/XL	37" - 45" / 94 - 114 cm	Silver

Actimove® Mild Elbow Support

Lightweight design, easy to apply


- Mild support and easy application due to lightweight design.
- Available in four sizes.
- Knitted design supports good fit while maintaining flexibility.
- Can be worn left or right.
- Soft yarns for comfort.
- For stock keeping, long shelf life of five years.
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.

This product is intended to support the elbow.

Fields of application include:

- Slightly swollen and aching elbows



	Code	Size	Measurements	Color
	7561620	S	8 ¹ / ₄ " - 9 ³ / ₄ " / 21 - 25 cm	White
	7561621	M	9 ³ / ₄ " - 11 ¹ / ₂ " / 25 - 29 cm	White
	7561622	L	11 ¹ / ₂ " - 13" / 29 - 33 cm	White
	7561623	XL	13" - 14 ¹ / ₂ " / 33 - 37 cm	White

Actimove® Elbow Support

Firm compression, reliable, durable support for everyday mobility


- Firm compression to help manage pain from elbow conditions.
- Reliable, durable support for everyday mobility.
- Seamless anatomical shape supported by a patterned helix design for a good fit.
- Reinforced edges for long lasting wear.
- Soft and cotton-free yarns for enduring comfort.
- Soft, smooth Motion-Comfort-Zone in the elbow crease.
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.
- Available in four sizes.
- Can be worn left or right.
- For stock keeping, long shelf life of five years.

This product is intended to support the elbow.

Fields of application include:

- Degenerative elbow conditions
- Overuse or repetitive use syndromes
- Chronic elbow pain



	Code	Size	Measurements	Color
	7561430	S	7 ³ / ₄ " - 9" / 20 - 23 cm	Beige
	7561431	M	9" - 10 ¹ / ₄ " / 23 - 26 cm	Beige
	7561432	L	10 ¹ / ₄ " - 11 ¹ / ₂ " / 26 - 29 cm	Beige
	7561433	XL	11 ¹ / ₂ " - 12 ¹ / ₂ " / 29 - 32 cm	Beige

Actimove® Elbow Support

Pressure Pads and Strap

Firm compression, adjustable pressure, durable support for added pain relief

- Firm compression to help manage pain from elbow conditions.
- Two shaped pressure pads create a massage effect for added pain relief.
- Targeted pain relief by adjusting pressure on forearm tendon by extra elastic strap.
- Reliable, durable support for everyday mobility.
- Seamless anatomical shape supported by a patterned helix design for a good fit.
- Soft, smooth Motion-Comfort-Zone in the elbow crease.
- Reinforced edges for long lasting wear.
- Soft and cotton-free yarns for enduring comfort.
- Suitable for those sensitive to latex, as this product is not made with natural rubber latex.
- Available in four sizes.
- Can be worn left or right.
- For stock keeping, long shelf life of five years.

This product is intended to support the elbow.


Fields of application include:

- Degenerative elbow conditions
- Overuse or repetitive use syndromes
- Chronic elbow pain



Pressure Pads for Massage Effect



	Code	Size	Measurements	Color
	7561438	S	7 ³ / ₄ " - 9" / 20 - 23 cm	Beige
	7561439	M	9" - 10 ¹ / ₄ " / 23 - 26 cm	Beige
	7561440	L	10 ¹ / ₄ " - 11 ¹ / ₂ " / 26 - 29 cm	Beige
	7561441	XL	11 ¹ / ₂ " - 12 ¹ / ₂ " / 29 - 32 cm	Beige