

Hinged Knee Brace

by **RCAI**

The new Hinged Knee Brace by RCAI provides support, compression and warmth for post operative knee rehabilitation, medial/lateral ligament instability, anterior posterior cruciate instability, and meniscal injury. Made of a breathable airprene material, the washable Hinged Knee Brace provides therapeutic warmth and comfort. Lightweight, bilateral metal hinges provide excellent medial and lateral knee support, and allow for full ROM. Circumferential straps above and below the patella maintain proper positioning of the brace on the leg. A diamond shaped cut out at the back of the knee reduces possible skin impingement.

SIZING

Measure thigh circumference 4" (10.2 cm) above patella.

Size		Model #
Small	12 – 14" (30.5 - 35.6 cm)	550-HKB-S
Medium	14 – 16" (35.6 - 40.6 cm)	550-HKB-M
Large	16 – 18" (40.6 - 45.7 cm)	550-HKB-L
X Large	18 – 20" (45.7 - 50.8 cm)	550-HKB-XL
XX Large	20 – 22" (50.8 - 55.9 cm)	550-HKB-XXL

APPLICATION:

Best applied when standing.

- 1) Align axis of hinges with center of normal knee rotation.
- 2) Wrap neoprene thigh band around leg to desired compression.
- 3) Repeat with bottom neoprene calf band.
- 4) Loop and lock thigh and calf straps over neoprene bands to desired compression.
- 5) Note: Straps should be snug, but should not restrict circulation.



WASHING INSTRUCTIONS

Hand wash in warm water and mild soap. Wrap in towel to remove excess water (do not twist or wring). Air dry away from heat. Do not machine wash or machine dry.



Restorative Care of America
INCORPORATED

Phone: (727) 573-1595 or (800) 627-1595
Fax: (727) 573-1886 or (800) 545-7938
12221 33rd Street N, St Petersburg, FL 33716
www.rcai.com

Hand-Crafted and Made In The USA

Manufacturer of the Original
and ONLY Multi Podus® System



5/05 Literature may not reflect current manufacturer specifications.

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