

## Transferring patient from chair, wheelchair, or toilet

### STEP 1 Position Sling Under Patient

1. Log roll the patient, and position the sling so the handles on the back of the sling are facing the mattress. Tuck half of sling underneath patient. (See Figure 1)



Figure 1 - Log roll patient

2. Using the center handle as a guide, center the sling on the patient's spine with the base of the sling approximately at the base of the tailbone.
3. Log roll patient in opposite direction and pull rest of sling out the other side.
4. Lay patient on their back. Make sure the sling is centered beneath the patient.
5. Lift patient's left thigh and pull the left sling leg of the sling under patient's thigh. Then place excess sling leg over the top of the patient's left thigh.
6. Repeat above step for right thigh.

### STEP 2 Moving The Lift To The Patient

1. Do not lock the wheels of the EZ Lift when lifting or transferring patients.
2. Move the EZ Lift until the tip of the mast (green nose cone) is centered over the patient's torso.

3. Turn the hanger bar assembly so the two hanger bars are parallel to the patient's body and the sides of the bed.
4. Using the "Down" button, lower the mast so it is positioned a few inches over the body of the patient.

### STEP 3 Attaching The Sling To The Lift

1. Attach the loops nearest the patient's shoulders, to the hanger bar hooks of the lift nearest each shoulder using the same length and color of loop strap on each side.
2. Take the sling leg lying over the left leg, cross it over and attach it on the hook of the hanger bar located on the right side of the patient.
3. Next, take the sling leg lying over the right leg, cross it over and attach it on the hook of the hanger bar located on the left side of the patient using the same length and color of loop strap on each sling leg.
4. Attach the loops to the hanger bar hooks of the lift nearest to each shoulder using the same length and color of loop strap on each side.
5. Make a final check of all four loop attachment points to ensure each loop is sufficiently attached to the respective hook of the hanger bars. Patient is now ready to be lifted. (See Figure 2)



Figure 2 - Patient ready to be lifted

## STEP 4 Lifting The Patient

---

1. Push the UP button, and continue the upward motion until there is tension on the sling legs. Pause lifting, making sure all the loops on the sling are securely hooked on the hanger bars.
2. Lift the patient's knee and smooth out the sling under each of the thighs, if necessary.
3. Continue lifting the patient so he/she is just high enough to clear the bed.

## STEP 5 Lower Patient Into Wheelchair, Toilet Or Chair

---

ADJUST LIFT LEGS: Adjust the legs of the lift to go around a wheelchair, toilet or chair.

1. Position the wheelchair under the patient and lock the wheels of the wheelchair. If transferring the patient to a chair or toilet, position the patient over the chair or toilet. Using the handles located on the back of the sling, position the patient so he/she is properly aligned to be lowered onto the chair, toilet or wheelchair.
2. Push the DOWN button.
3. Stand behind the patient and hold onto the center handle located on the back of the sling. When the patient is nearly seated, gently pull upon the center handle to ensure the patient will be seated in an upright position. (See Figure 3)



Figure 3 - Lowering into wheelchair

4. When the patient's weight is supported by the wheelchair, chair or toilet, continue lowering the lift to release the tension on the loops.
5. Detach sling from hanger bar and move the lift away from the patient.

## STEP 6 Remove Sling

---

1. Gently lift the patient's left knee, pulling the sling legs out from underneath the patient's thigh. Continue on right knee.
2. Lean patient slightly forward and grasp the side handles or the center handle, pulling the sling out from behind the patient.

## Transferring patient from chair, wheelchair, or toilet

### STEP 1 Position Sling

1. While standing in front of or beside the patient, lean the patient forward several inches to place the sling behind the patient.
2. With the sling handles and washing labels facing the chair back, place the sling behind the patient, keeping the center handle of the sling centered on the patient's spine. Make sure the base of the sling touches the chair seat. Make sure the top of the sling is above the patient's shoulders and lean the patient back in the chair. (See Figure 4)



Figure 4 - Place sling behind patient

3. Pull the legs of the sling along inside of the chair.
4. To set the sling properly, you must do the following: On the patient's right side, position your right hand between the patient's hip and the sling. With your fingers, push down on the edge of the sling so it touches the base of the chair seat. Next, grasp the bottom edge of sling leg with your left hand and pull with a tug towards you.
5. Lift the patient's left knee and with a tug, pull the leg of the sling under the hip and thigh.
6. Place the excess sling length over the left thigh. Repeat this procedure on the right side. This procedure will ensure the sling is under the patient's tail bone and behind his/her back, with the patient's weight evenly distributed on the sling. NOTE: Make sure all seams of the sling are smooth underneath the patient.

### STEP 2 Position EZ Lift

1. Adjust the legs of the lift to go around the wheelchair, toilet or chair.
2. Do not lock the wheels of the EZ Lift when lifting or transferring patients.
3. Turn the hanger bar assembly so the two hanger bars are parallel to the patient's body.
4. Using the "DOWN" button, lower the mast until the tip of the mast (green nose cone) is in front of the patient's torso.

### STEP 3 Attach Sling To The Lift

1. Take the sling leg that is lying over the patient's left thigh and attach it to the right hook on the hanger bar. (See Figure 5)



Figure 5 - Attaching the sling

2. Take the sling leg lying over the right thigh and attach to the left hook on the hanger bar, again using the same length and color of loop strap on each side.
3. Attach the straps located near the patient's shoulders to the lift hanger bar hooks using the same length and color of loop strap on each side. Example: If you choose the shortest loop on the strap for the right shoulder, you must use the shortest loop on the strap for the left shoulder.



Figure 6 - Lifting the patient



Figure 7 - Lowering to bed

#### STEP 4 Lifting The Patient

1. Push the UP button, and continue the upward motion until there is tension on the legs of the sling. Pause lifting, making sure all the loops on the sling are securely hooked on the hanger bars. (See Figure 6)
2. Smooth the sling legs under the patient's thighs with a slight pull on the outside seam of the sling legs, if necessary.
3. Lift the patient to the desired height (usually 2-3" above the chair) and complete the transfer.

#### STEP 5 Lower The Patient Onto Bed

1. Raise or lower the patient to a height necessary to clear the bed. Move the patient over the bed.
2. Push the DOWN button.
3. When the patient's weight is supported by the bed continue lowering the lift to release the tension on the loops. (See Figure 7)
4. Detach sling from the EZ Lift and move the lift away from the patient.

#### STEP 6 Remove Sling

1. Gently lift the patient's left knee, pulling the sling legs out from underneath the patient's thigh. Continue on right knee.
2. To remove the sling from under the patient, gently log roll the patient away from you, folding and tucking the near half of the sling under the patient. Log roll the patient in the opposite direction, allowing you to free the sling from beneath the patient. (See Figure 8)



Figure 8 - Remove sling