



Store these instructions in a safe place or with the enclosed maintenance checklist

## Instruction Sheet Flying Trapeze 1960

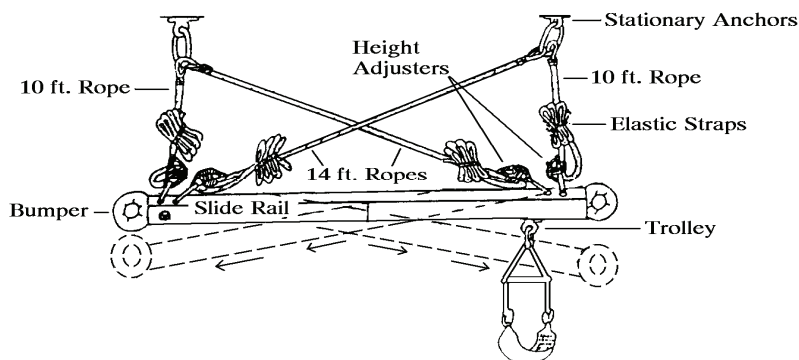


Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

Warning: Failure to properly install a forged steel eyebolt (1/2" or 5/8") may result in serious injury or death. If you have any questions about the installation of the forged steel eyebolt, please contact Southpaw Enterprises Customer Service at 1-800-228-1698.

### MATERIALS LIST

- 1 - Track with Trolley Attached
- 6 - Standard Safety Snaps
- 4 - 5000 Height Adjusters
- 2 - 10 ft. Ropes with Eye Splice
- 2 - 14 ft. Ropes with Eye Splice
- 4 - Elastic Bands
- 1 - Trapeze Bar with 1 Large Locking Safety Snap
- 1 - Padded Sling Seat with 2 Standard Safety Snaps
- 1 - Instruction Sheet
- 1 - Safety Snap Instruction Sheet
- 1 - Height Adjuster Instruction Sheet
- 1 - Therapy Rope and Eye Splice Instruction Sheet
- 1 - Maintenance Checklist



**Minimum Height Requirement / Space Needed: Minimum Height Requirement - 8 ft.**  
**Maximum Height Requirement - 12 ft.**  
**Overall Length of Track with Bumpers: 10 ft. - 8 in.**

**\*\*Never use track on stationary eye bolts spaced less than 8 ft. apart or greater than 12 ft. apart\*\***  
**\*Track will not work with cross lines suspended from non-stationary eye bolts (i.e. hanging from 30 ft. high gym).\***

**WORKING LOAD: 200 LBS.**

### HANGING INSTRUCTIONS

- Hang one standard Safety Snap from each eye bolt. Attach a Safety Snap in each hole on the top of the track.
- Connect one 10 ft. rope with eye splice and one 14 ft. rope with eye splice to each Standard Safety Snap hanging from eye bolts. **\*\*Keep the 14 ft. rope to the inside - do this for both sides\*\***
- Slip an elastic band onto each rope. This will aid in getting the rope out of the way after adjusting for angle and height.
- Attach one Height Adjuster to each rope. **\*\*If Height Adjuster is placed upside down, the rope will slip!\*\***
- Note: To move Height Adjuster, weight must be removed.
- Attach the Height Adjuster from the 10 ft. rope to the OUTSIDE Safety Snap on the track. This rope runs vertically between the ceiling eye bolt and the track.
- Take the two 14 ft. ropes and criss-cross them to the opposite ends of the track. Attach the Height Adjusters to the inside Safety Snaps. **\*\*Do this for both sides\*\***.
- Be sure to adjust for equal tension on cross lines at any angle. Side lines will be tight automatically.
- Do the proceeding steps each time you adjust angle or height.
- You may now attach the trapeze bar and sling seat to the flying trapeze. You may also remove the sling seat. If you remove the sling seat, also remove the Safety Snaps and store the seat and snaps together.
- Attach the Safety Snap of the trapeze bar to the ring on the trolley.

## MAINTENANCE CHECKLIST

All of the following wear points should be checked on a monthly basis and recorded on the checklist enclosed.

- Check for ropes fraying.
- Check Safety Snaps for wear, see enclosed Safety Snap Instruction Sheet.
- Check for cracks in track. If found, discontinue use.
- Check trolley wheels to make sure they are turning smoothly. If they are not, this will cause much noise. If this problem is found, discontinue use and contact Southpaw about refurbishment.
- Check for loose or missing splice locks at each loop on the white poly ropes. If splice locks are loose or missing, discontinue use until repaired.
- Check padded sling seat for loose or missing stitches. If loose or missing stitches are found, discontinue use until repaired.
- Check trapeze bar for cracks or splinters. If cracks are found, discontinue use. Splinters should be sanded smooth and refinished before further use.
- Check eye splice on ropes for wear. See enclosed Therapy rope and Eye Splice Instruction Sheet.
- Check eye bolts, thimbles in eye splices, and Safety Snaps at connections.
- Check Height Adjusters for wear. See Height Adjuster Instruction Sheet.

**MATTING PRECAUTIONS:** Always use appropriate matting. Must use Crash Mats and Side Mats at all times.

**SPECIAL NOTE:** Other therapy equipment may be suspended from the trolley, i.e., Therapy Net, Sling Swing Seat, Wee Trapeze Bar, or Dual Swing. For even more involved clients, a Glider or Cocoon Swing, even a Frog Swing (with proper ceiling height).

## CLEANING INSTRUCTIONS

- Check with your infectious disease department before using these procedures.
- Check for client allergies first.
- Track may be cleaned with aluminum polish.
- Trapeze Bar may be cleaned with a damp cloth using soap and water or disinfectant.
- Padded Sling Seat should be vacuumed often, and may be cleaned with carpet shampoo. Not machine washable.

## STORAGE PROCEDURES

- All suspended equipment - store out of direct sunlight.
- Store flat when not suspended.
- Store where not accessible by clients without proper supervision.

**WARNING:** Floor mats of proper thickness should be positioned appropriately under and around the suspended equipment.

## CAUTION

- ◆ **Check ceiling eye bolt for wear and movement. Use a Southpaw Safety Rotational Device to prevent abnormal wear.**
- ◆ **Floor mats of proper thickness should be positioned properly under and around all suspended equipment.**

**Safety Precautions** - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

**This sheet is for example only.** It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.