southpaw enterprises, inc.®

Instruction Sheet

Store these instructions in a safe place or with the enclosed maintenance checklist

Doorway Support - Home Therapy System 116010

Take time to familiarize yourself with the use and maintenance of this equipment before using. Please file this Instruction Sheet in an accessible location: the Instruction Sheet must be read and familiar to anyone who is using Southpaw Enterprises Equipment.

IMPORTANT: Please check equipment immediately for any damage that may have resulted during shipping. If any damage has occurred, please contact Southpaw Enterprises, Inc. immediately.

MATERIALS LIST:

- 1 Expanding Doorway Support Bar
- 2 Brackets
- 6 # 12 x 1-1/2" Screws
- 1 3/16" Drill Bit
- 2 Safety Snaps

INSTALLATION:

- 1 Safety Snap Instruction Sheet
- 1 Bar Cover
- 2 Web Straps
- 1 Instruction Sheet
- 1 Maintenance Checklist

Note: The doorway system is designed to be hung in a doorway that is between 28-3/4" and 36" in width. It is NOT designed to work with doorways larger than 36" wide, or smaller than 28-3/4".

To install your brackets you will need a drill, a 3/16" drill bit (furnished), and a phillips head screwdriver.

- Position the bracket on the door frame against the door stop molding, on the opposite side of the molding from the door (see figure 1). Put the side of the bracket with the three small holes against the door frame.
- Using the 3/16" drill bit provided, drill a pilot hole into the door frame using the small hole as a guide. Put a screw through the bracket into the pilot hole and tighten securely. This will hold the bracket in place while you drill the two remaining holes and install the screws. Make sure all screws are tight, but be careful not to over tighten enough to strip the screw threads.
- Install the other bracket on the opposite side of the door frame in the same manner.
- Adjust the bar to the approximate width of your door by holding one end of the bar and turning the other end of the bar either in or out. Put one end of the bar into one of the holes in the bracket. Holding one end of the bar, turn the opposite end to expand the bar until it will go into the matching hole of the other bracket. Note: The height of your equipment and the height of the child should be taken into consideration when deciding which set of holes in the bracket to use. Expand the bar until it is tight between the door frames. The bar must be tight between the brackets but it may be possible to crack the door frame by over tightening.
- Center the bar cover over the threaded part of the bar and locate a web loop in each of the grooves at each end of the bar. Hang the appropriate equipment from the safety snaps.
- The strength of all doorways may not be equal. Start your activities gently and increase the activity while checking for any change or movement of the doorway frame or brackets.
- Do not hang anything from the center of the bar or try to use it for a chin up bar. It is designed to support weight from the end loops only.



WARNING

You must check the doorway bar to be sure that there is no side to side movement before <u>each</u> use. Failure to check this could result in the bar becoming detached from the brackets resulting in injury to the user.

WORKING LOAD: 200 lbs.

MAINTENANCE CHECKLIST:

All of the following wear points must be checked before each use and recorded on the checklist enclosed.

- Check that the bar is tight between the brackets and there is no side to side movement of the bar.
- Check for fraying of web loops on the bar. If excessive wear is found, discontinue use immediately until repaired.
- Check for wear on safety snaps. If excessive wear is found, discontinue use immediately until repaired.

CLEANING INSTRUCTIONS:

- Wipe with a damp cloth.
- Dry before use.
- Do not immerse in water.

STORAGE PROCEDURES:

• Store where not accessible without proper supervision.

Safety Precautions - The safety of your clients is dependent on the appropriate choice of activity to match, yet challenge their physical abilities. Use appropriate spotting / safety techniques. In addition, the layout of your activity area, proper installation and maintenance of your equipment is critical. Southpaw equipment is not intended for recreational or outdoor use. Under no condition should this equipment be used without proper supervision.

This sheet is for example only. It is not meant to, in any way, replace local, county, state, or Federal standards. Be aware - it is your responsibility to find all pertinent safety information that pertains to your facility.